

2025 Clemson University Cross Country

Results, Season Bests (Team), Wins, Honors, Season Bests (Ind.)

SEASON TEAM RESULTS

Aug 29	Eye Opener (Spartanburg, S.C.) Women 5K -1 st (27 pts) Men 8K - 2 nd (57 pts)
Sep 13	Furman Invitational (Greenville, S.C.) Women 4 Mile/6K -1 st (19 pts) Men 4 Mile/6K -2 nd (60 pts)
Oct 4	Louisville Cross Country Classic (Louisville, Ky.) Women 5K -2 nd (42 pts) Men 8K -4 th (169 pts)
Oct 17	Crimson Classic (Tuscaloosa, Ala.) Men 8K -4 th (155 pts)
Oct 17	Pre-Nationals (Columbia, Mo.) Women 6K -6 th (286 pts)
Oct 31	ACC Championships (Louisville, Ky.) Women 6K -10 th (242 pts) Men 8K -14 th (391 pts)
Nov 14	Southeast Regionals (Panorama Farms, Va.) Women 6K -8 th (243 pts) Men 8K -15 th (386 pts)
Nov 22	NCAA Championships (Columbia, Mo.) Jelalgo placed 18 th , earning All-American Status

SEASON BESTS (Team)

Men's 4 Mile/6K

1. 19:14.36 – Brenden Gomez (Furman Invite, 6th)
2. 19:15.60 – Garrett Brown (Furman Invite, 8th)
3. 19:28.57 – Gideon Kiplimo (Furman Invite, 17th)
4. 19:40.30 – Jack Hearld (Furman Invite, 18th)
5. 19:52.93 – Trey Sullivan (Furman Invite, 21st)
6. 19:56.37 – Brian Kweyei (Furman Invite, 23rd)
7. 20:04.25 – Dylan Nolan (Furman Invite, 29th)
8. 20:22.92 – Knox Young (Furman Invite, 38th)
9. 20:31.72 – Pierce Walker (Furman Invite, 42nd)
10. 20:41.77 – Chance Bloodworth (Furman Invite, 45th)
11. 21:00.79 – Nathaniel Verska (Furman Invite, 53rd)
12. 21:30.57 – Anderson Boetsch (Furman Invite, 62nd)

Men's 8K

1. 24:08.6 – Garrett Brown (ACC Championships, 69th)
2. 24:10.9 – Gideon Kiplimo (Louisville Classic, 19th)
3. 24:14.6 – Gideon Kiplimo (Crimson Classic, 12th)
4. 24:15.8 – Garrett Brown (Louisville Classic, 26th)
5. 24:19.0 – Gideon Kiplimo (ACC Championships, 86th)
6. 24:24.9 – Brendan Gomez (Eye Opener, 7th)
7. 24:27.9 – Victor Ndiwa (ACC Championships, 96th)
8. 24:28.8 – Garrett Brown (Crimson Classic, 18th)
9. 24:32.7 – Trey Sullivan (Louisville Classic, 33rd)
10. 24:37.8 – Brendan Gomez (ACC Championships, 104th)
11. 24:43.8 – Jack Hearld (Louisville Classic, 49th)
12. 24:45.5 – Brian Kweyei (Louisville Classic, 50th)
13. 24:47.8 – Trey Sullivan (ACC Championships, 114th)
14. 24:50.8 – Garrett Brown (Eye Opener, 9th)
15. 24:53.3 – Trey Sullivan (Crimson Classic, 34th)
16. 24:57.3 – Victor Ndiwa (Louisville Classic, 62nd)
17. 24:59.7 – Brian Kweyei (ACC Championships, 122nd)
18. 25:01.4 – Gideon Kiplimo (Eye Opener, 10th)
19. 25:08.0 – Brenden Gomez (Crimson Classic, 46th)

20. 25:09.4 – Trey Sullivan (Eye Opener, 16th)
21. 25:11.2 – Jack Hearld (ACC Championships, 131st)
22. 25:16.7 – Dylan Nolan (Louisville Classic, 92nd)
23. 25:19.0 – Dylan Nolan (ACC Championships, 137th)
24. 25:21.9 – Jack Hearld (Crimson Classic, 59th)
25. 25:32.8 – Dylan Nolan (Crimson Classic, 75th)
26. 25:33.5 – Dylan Nolan (Eye Opener, 23rd)
27. 25:51.2 – Jack Hearld (Eye Opener, 29th)
28. 25:54.3 – Pierce Walker (Louisville Classic, 185th)
29. 25:56.9 – Anderson Boetsch (Eye Opener, 32nd)
30. 25:58.2 – Victor Ndiwa (Eye Opener, 33rd)
31. 26:02.3 – Knox Young (Eye Opener, 36th)
32. 26:18.3 – Nate Verska (ACC Championships, 154th)
33. 26:20.7 – Pierce Walker (Crimson Classic, 121st)
34. 26:21.0 – Pierce Walker (ACC Championships, 155th)
35. 26:24.1 – Pierce Walker (Eye Opener, 46th)
36. 26:29.2 – Chance Bloodworth (Eye Opener, 49th)
37. 26:25.9 – Anderson Boetsch (Louisville Classic, 232nd)
38. 26:39.4 – Nate Verska (Crimson Classic, 131st)
39. 26:58.3 – Nate Verska (Louisville Classic, 274th)
40. 26:59.0 – Anderson Boetsch (Crimson Classic, 146th)
41. 30:55.4 – Brendan Gomez (Southeast Regionals, 52nd)
42. 31:13.4 – Garrett Brown (Southeast Regionals, 68th)
43. 31:25.9 – Gideon Kiplimo (Southeast Regionals, 78th)
44. 31:26.9 – Trey Sullivan (Southeast Regionals, 80th)
45. 32:08.4 – Victor Ndiwa (Southeast Regionals, 109th)
46. 32:27.1 – Dylan Nolan (Southeast Regionals, 124th)
47. 33:19.7 – Jack Hearld (Southeast Regionals, 167th)

Women's 5K

1. 15:45.6 – Silvia Jelalgo (Louisville Classic, 2nd)

2. 16:33.9 – Silvia Jejelgo (Eye Opener, 1st)
3. 16:34.6 – Gladys Chepngetich (Louisville Classic, 4th)
4. 17:02.8 – Elizabeth Illanda (Louisville Classic, 11th)
5. 17:04.7 – Emily Lamontagne (Louisville Classic, 13th)
6. 17:18.0 – Madelyn Dinneen (Louisville Classic, 17th)
7. 17:24.6 – Madison Timms (Louisville Classic, 21st)
8. 17:38.6 – Madelyn Dinneen (Eye Opener, 4th)
9. 17:40.4 – Emily Lamontagne (Eye Opener, 5th)
10. 17:56.4 – Lowa Branth (Louisville Classic, 57th)
11. 17:56.7 – Madison Timms (Eye Opener, 7th)
12. 18:36.1 – Elizabeth Healy (Eye Opener, 18th)
13. 18:42.8 – Elizabeth Healy (Louisville Classic, 129th)

Women's 4 Mile/6K

1. 19:03.7 – Silvia Jejelgo (NCAAs, 18th)
2. 19:05.8 – Silvia Jejelgo (Pre-Nationals, 2nd)
3. 19:13.4 – Silvia Jejelgo (Southeast Regionals, 4th)
4. 19:15.2 – Silvia Jejelgo (ACC Championships, 3rd)
5. 19:48.5 – Gladys Chepngetich (Southeast Regionals, 13th)
6. 19:50.9 – Gladys Chepngetich (Pre-Nationals, 11th)
7. 19:51.4 – Gladys Chepngetich (ACC Championships, 13th)
8. 20:48.9 – Judy Kosgei (ACC Championships, 71st)
9. 20:55.7 – Elizabeth Illanda (Southeast Regionals, 69th)
10. 20:59.4 – Elizabeth Illanda (ACC Championships, 82nd)
11. 20:59.4 – Emily Lamontagne (Pre-Nationals, 90th)
12. 21:01.2 – Judy Kosgei (Pre-Nationals, 92nd)
13. 21:03.24 – Silvia Jejelgo (Furman Invite, 1st)
14. 21:10.1 – Madelyn Dinneen (ACC Championships, 93rd)
15. 21:10.2 – Madelyn Dinneen (Pre-Nationals, 109th)
16. 21:10.3 – Emily Lamontagne (Southeast Regionals, 76th)
17. 21:12.6 – Madison Timms (ACC Championships, 94th)
18. 21:14.2 – Emily Lamontagne (ACC Championships, 97th)
19. 21:20.1 – Madelyn Dinneen (Southeast Regionals, 87th)
20. 21:22.7 – Elizabeth Illanda (Pre-Nationals, 137th)
21. 21:25.0 – Lowa Branth (ACC Championships, 110th)
22. 21:27.7 – Madison Timms (Pre-Nationals, 141st)

23. 21:43.5 – Lowa Branth (Southeast Regionals, 111th)
24. 21:51.2 – Lowa Branth (Pre-Nationals, 191st)
25. 21:59.8 – Madison Timms (Southeast Regionals, 130th)
26. 22:28.10 – Elizabeth Illanda (Furman Invite, 5th)
27. 22:30.42 – Emily Lamontagne (Furman Invite, 6th)
28. 22:34.57 – Madelyn Dinneen (Furman Invite, 7th)
29. 22:46.60 – Madison Timms (Furman Invite, 8th)
30. 23:19.4 – Elizabeth Healy (ACC Championships, 159th)
31. 24:09.85 – Elizabeth Healy (Furman Invite, 24th)

SEASON WINS

Silvia Jejelgo

- 5K
 - 16:33.9 – Eye Opener
- 6K
 - 21:03.24 – Furman Invite

HONORS & ACHIEVEMENTS

ACC Weekly Awards

- Silvia Jejelgo
 - ACC Women's Cross Country Performer of the Week (9/16/2025)

All-American

- Silvia Jejelgo
 - Finished top 40 at NCAAs (18th overall) (11/22/2025)

USTFCCA All-Region

- Silvia Jejelgo
 - Finished top 25 at Regionals (4th overall) (11/18/2025)
- Gladys Chepngetich
 - Finished top 25 at Regionals (13th overall) (11/18/2025)

All-ACC

- Silvia Jejelgo
 - Finished third at ACC Championships (10/31/2025)
- Gladys Chepngetich
 - Finished 13th at ACC Championships (13th overall) (10/31/2025)

SEASON BESTS (Individual)

MEN

Chance Bloodworth

- 4 Mile/6K
 - 20:41.77 – Furman Invite (45th)
- 8K

- 26:29.2 – Eye Opener (49th)

Anderson Boetsch

- 4 Mile/6K
 - 21:30.57 – Furman Invite (62nd)
- 8K
 - 25:56.9 – Eye Opener (32nd)
 - 26:25.9 – Louisville Classic (232nd)
 - 26:59.0 – Crimson Classic (146th)

Garrett Brown

- 8K
 - 24:15.8 – Louisville Classic (26th)
 - 24:50.8 – Eye Opener (9th)
 - 24:28.8 – Crimson Classic (18th)
 - 24:08.6 – ACC Championships (61st)
 - 31:13.4 – Southeast Regionals (68th)

Brendan Gomez

- 4 Mile/6K
 - 19:14.36 – Furman Invite (6th)
- 8K
 - 24:24.9 – Eye Opener (7th)
 - 25:08.0 – Crimson Classic (46th)
 - 24:37.9 – ACC Championships (104th)
 - 30:55.4 – Southeast Regionals (52nd)

Jack Hearld

- 4 Mile/6K
 - 19:40.30 – Furman Invite (18th)
- 8K
 - 24:43.8 – Louisville Classic (49th)
 - 25:51.2 – Eye Opener (29th)
 - 25:21.9 – Crimson Classic (59th)
 - 25:11.2 – ACC Championships (131st)
 - 33:19.7 – Southeast Regionals (167th)

Gideon Kiplimo

- 4 Mile/6K
 - 19:28.57 – Furman Invite (17th)
- 8K
 - 24:10.9 – Louisville Classic (19th)
 - 25:01.4 – Eye Opener (10th)
 - 24:14.6 – Crimson Classic (12th)
 - 24:19.0 – ACC Championships (86th)
 - 31:25.9 – Southeast Regionals (78th)

Brian Kweyei

- 4 Mile/6K

- 19:56.37 – Furman Invite (23rd)
- 8K
 - 24:57.3 – Louisville Classic (50th)
 - 24:59.7 – ACC Championships (122nd)

Victor Ndiwa

- 8K
 - 24:57.3 – Louisville Classic (62nd)
 - 25:58.2 – Eye Opener (33rd)
 - 24: 27.9 – ACC Championships (96th)
 - 32:08.4 – Southeast Regionals (109th)

Dylan Nolan

- 4 Mile/6K
 - 20:04.25 – Furman Invite (29th)
- 8K
 - 25:16.7 – Louisville Classic (92nd)
 - 25:33.5 – Eye Opener (23rd)
 - 25:32.8 – Crimson Classic (75th)
 - 25:19.0 – ACC Championships (137th)
 - 32:27.1 – Southeast Regionals (124th)

Trey Sullivan

- 4 Mile/6K
 - 19:52.93 – Furman Invite (21st)
- 8K
 - 24:32.7 – Louisville Classic (33rd)
 - 25:09.4 – Eye Opener (16th)
 - 24:53.3 – Crimson Classic (34th)
 - 24:47.8 – ACC Championships (114th)
 - 31:26.9 – Southeast Regionals (80th)

Nate Verska

- 4 Mile/6K
 - 21:00.79 – (Furman Invite (53rd))
- 8K
 - 26:58.3 – Louisville Classic (274th)
 - 26:39.6 – Crimson Classic (131st)
 - 26:18.3 – ACC Championships (154th)

Pierce Walker

- 4 Mile/6K
 - 20:31.72 – Furman Invite (42nd)
- 8K
 - 25:54.3 – Louisville Classic (185th)
 - 26:24.1 – Eye Opener (46th)
 - 26:20.7 – Crimson Classic (121st)

- 26:21.0 – ACC Championships (155th)

Knox Young

- 4 Mile/6K
 - 20:22.92 – Furman Invite (38th)
- 8K
 - 26:02.3 – Eye Opener (36th)

WOMEN

Lowa Branth

- 5K
 - 17:56.4 – Louisville Classic (57th)
- 4 Mile/6K
 - 21:51.2 – Pre-Nationals (191st)
 - 21:25.0 – ACC Championships (110th)
 - 21:43.5 – Southeast Regionals (111th)

Gladys Chepngetich

- 5K
 - 16:34.6 – Louisville Classic (4th)
- 4 Mile/6K
 - 19:50.9 – Pre-Nationals (11th)
 - 19:51.4 – ACC Championships (13th)
 - 19:48.5 – Southeast Regionals (13th)

Maddie Dinneen

- 5K
 - 17:18.0 – Louisville Classic (17th)
 - 17:38.6 – Eye Opener (4th)
- 4 Mile/6K
 - 22:34.57 – Furman Invite (7th)
 - 21:10.2 – Pre-Nationals (109th)
 - 21:10.1 – ACC Championships (93rd)
 - 21:20.1 – Southeast Regionals (87th)

Elizabeth Healy

- 5K
 - 18:36.1 – Eye Opener (18th)
 - 18:42.8 – Louisville Classic (129th)
- 4 Mile/6K
 - 24:09.85 – Furman Invite (24th)
 - 23:19.4 – ACC Championships (159th)

Elizabeth Ilanda

- 5K
 - 17:02.8 – Louisville Classic (11th)
- 4 Mile/6K
 - 22:28.10 – Furman Invite (5th)

- 21:33.7 – Pre-Nationals (137th)
- 20:59.9 – ACC Championships (82nd)
- 20:55.7 – Southeast Regionals (69th)

Silvia Jejelgo

- 5K
 - 15:45.6 – Louisville Classic (2nd)
 - 16:33.9 – Eye Opener (1st)
- 4 Mile/6K
 - 21:03.24 – Furman Invite (1st)
 - 19:05.8 – Pre-Nationals (2nd)
 - 19:15.2 – ACC Championships (3rd)
 - 19:13.4 – Southeast Regionals (4th)
 - 19:03.7 – NCAA Championships (18th)

Judy Kosgei

- 4 Mile/6K
 - 21:01.2 – Pre-Nationals (92nd)
 - 20:48.9 – ACC Championships (71st)

Emily Lamontagne

- 5K
 - 17:04.7 – Louisville Classic (13th)
 - 17:40.4 – Eye Opener (5th)
- 4 Mile/6K
 - 22:30.42 – Furman Invite (6th)
 - 20:59.4 – Pre-Nationals (90th)
 - 21:14.2 – ACC Championships (97th)
 - 21:10.3 – Southeast Regionals (76th)

Madison Timms

- 5K
 - 17:56.7 – Eye Opener (7th)
- 4 Mile/6K
 - 22:46.60 – Furman Invite (8th)
 - 21:27.7 – Pre-Nationals (141st)
 - 21:12.6 – ACC Championships (94th)
 - 21:59.8 – Southeast Regionals (130th)

