

2025 Clemson University Cross Country

Results, Season Bests (Team), Wins, Honors, Season Bests (Ind.)

SEASON TEAM RESULTS

Aug 29	Eye Opener (Spartanburg, S.C.) Women 5K – 1 st (27 pts) Men 8K – 2 nd (57 pts)
Sep 13	Furman Invitational (Greenville, S.C.) Women 4 Mile/6K – 1 st (19 pts) Men 4 Mile/6K – 2 nd (60 pts)
Oct 4	Louisville Cross Country Classic (Louisville, Ky.) Women 5K – 2 nd (42 pts) Men 8K – 4 th (169 pts)
Oct 17	Crimson Classic (Tuscaloosa, Ala.) Men 8K – 4 th (155 points)
Oct 17	Pre-Nationals (Columbia, Mo.) Women 6K – 6 th (286 points)
Oct 31	ACC Championships (Louisville, Ky.)
Nov 14	Southeast Regionals (Panorama Farms, Va.)
Nov 22	NCAA Championships (Columbia, Mo.)

SEASON BESTS (Team)

Men's 4 Mile/6K

1. 19:14.36 – Brenden Gomez (Furman Invite, 6th)
2. 19:15.60 – Garrett Brown (Furman Invite, 8th)
3. 19:28.57 – Gideon Kiplimo (Furman Invite, 17th)
4. 19:40.30 – Jack Hearld (Furman Invite, 18th)
5. 19:52.93 – Trey Sullivan (Furman Invite, 21st)
6. 19:56.37 – Brian Kweyei (Furman Invite, 23rd)
7. 20:04.25 – Dylan Nolan (Furman Invite, 29th)
8. 20:22.92 – Knox Young (Furman Invite, 38th)
9. 20:31.72 – Pierce Walker (Furman Invite, 42nd)
10. 20:41.77 – Chance Bloodworth (Furman Invite, 45th)
11. 21:00.79 – Nathaniel Verska (Furman Invite, 53rd)
12. 21:30.57 – Anderson Boetsch (Furman Invite, 62nd)

Men's 8K

1. 24:10.9 – Gideon Kiplimo (Louisville Classic, 19th)
2. 24:14.6 – Gideon Kiplimo (Crimson Classic, 12th)
3. 24:15.8 – Garrett Brown (Louisville Classic, 26th)
4. 24:24.9 – Brendan Gomez (Eye Opener, 7th)
5. 24:28.8 – Garrett Brown (Crimson Classic, 18th)
6. 24:32.7 – Trey Sullivan (Louisville Classic, 33rd)
7. 24:43.8 – Jack Hearld (Louisville Classic, 49th)
8. 24:45.5 – Brian Kweyei (Louisville Classic, 50th)
9. 24:50.8 – Garrett Brown (Eye Opener, 9th)
10. 24:53.3 – Trey Sullivan (Crimson Classic, 34th)
11. 24:57.3 – Victor Ndiwa (Louisville Classic, 62nd)
12. 25:01.4 – Gideon Kiplimo (Eye Opener, 10th)
13. 25:08.0 – Brenden Gomez (Crimson Classic, 46th)
14. 25:09.4 – Trey Sullivan (Eye Opener, 16th)
15. 25:16.7 – Dylan Nolan (Louisville Classic, 92nd)
16. 25:21.9 – Jack Hearld (Crimson Classic, 59th)
17. 25:32.8 – Dylan Nolan (Crimson Classic, 75th)
18. 25:33.5 – Dylan Nolan (Eye Opener, 23rd)
19. 25:51.2 – Jack Hearld (Eye Opener, 29th)
20. 25:54.3 – Pierce Walker (Louisville Classic, 185th)
21. 25:56.9 – Anderson Boetsch (Eye Opener, 32nd)
22. 25:58.2 – Victor Ndiwa (Eye Opener, 33rd)
23. 26:02.3 – Knox Young (Eye Opener, 36th)
24. 26:20.7 – Pierce Walker (Crimson Classic, 121st)

25. 26:24.1 – Pierce Walker (Eye Opener, 46th)
26. 26:29.2 – Chance Bloodworth (Eye Opener, 49th)
27. 26:25.9 – Anderson Boetsch (Louisville Classic, 232nd)
28. 26:39.4 – Nate Verska (Crimson Classic, 131st)
29. 26:58.3 – Nate Verska (Louisville Classic, 274th)
30. 26:59.0 – Anderson Boetsch (Crimson Classic, 146th)

Women's 5K

1. 15:45.6 – Silvia Jelego (Louisville Classic, 2nd)
2. 16:33.9 – Silvia Jelego (Eye Opener, 1st)
3. 16:34.6 – Gladys Chepngetich (Louisville Classic, 4th)
4. 17:02.8 – Elizabeth Ilanda (Louisville Classic, 11th)
5. 17:04.7 – Emily Lamontagne (Louisville Classic, 13th)
6. 17:18.0 – Madelyn Dinneen (Louisville Classic, 17th)
7. 17:24.6 – Madison Timms (Louisville Classic, 21st)
8. 17:38.6 – Madelyn Dinneen (Eye Opener, 4th)
9. 17:40.4 – Emily Lamontagne (Eye Opener, 5th)
10. 17:56.4 – Lowa Branth (Louisville Classic, 57th)
11. 17:56.7 – Madison Timms (Eye Opener, 7th)
12. 18:36.1 – Elizabeth Healy (Eye Opener, 18th)
13. 18:42.8 – Elizabeth Healy (Louisville Classic, 129th)

Women's 4 Mile/6K

1. 19:05.8 – Silvia Jelego (Pre-Nationals, 2nd)
2. 19:50.9 – Gladys Chepngetich (Pre-Nationals, 11th)
3. 20:59.4 – Emily Lamontagne (Pre-Nationals, 90th)
4. 21:01.2 – Judy Kosgei (Pre-Nationals, 92nd)
5. 21:03.24 – Silvia Jelego (Furman Invite, 1st)
6. 21:10.2 – Madelyn Dinneen (Pre-Nationals, 109th)
7. 21:22.7 – Elizabeth Ilanda (Pre-Nationals, 137th)
8. 21:27.7 – Madison Timms (Pre-Nationals, 141st)
9. 21:51.2 – Lowa Branth (Pre-Nationals, 191st)
10. 22:28.10 – Elizabeth Ilanda (Furman Invite, 5th)
11. 22:30.42 – Emily Lamontagne (Furman Invite, 6th)
12. 22:34.57 – Madelyn Dinneen (Furman Invite, 7th)

13. 22:46.60 – Madison Timms (Furman Invite, 8th)
14. 24:09.85 – Elizabeth Healy (Furman Invite, 24th)

SEASON WINS

Silvia Jelego

- 5K
 - 16:33.9 – Eye Opener
- 6K
 - 21:03.24 – Furman Invite

HONORS & ACHIEVEMENTS

ACC Weekly Awards

- Silvia Jelego
 - ACC Women's Cross Country Performer of the Week (9/16/2025)

SEASON BESTS (Individual)

MEN

Chance Bloodworth

- 4 Mile/6K
 - 20:41.77 – Furman Invite (45th)
- 8K
 - 26:29.2 – Eye Opener (49th)

Anderson Boetsch

- 4 Mile/6K
 - 21:30.57 – Furman Invite (62nd)
- 8K
 - 25:56.9 – Eye Opener (32nd)
 - 26:25.9 – Louisville Classic (232nd)
 - 26:59.0 – Crimson Classic (146th)

Garrett Brown

- 8K
 - 24:15.8 – Louisville Classic (26th)
 - 24:50.8 – Eye Opener (9th)
 - 24:28.8 – Crimson Classic (18th)

Brendan Gomez

- 4 Mile/6K
 - 19:14.36 – Furman Invite (6th)
- 8K
 - 24:24.9 – Eye Opener (7th)
 - 25:08.0 – Crimson Classic (46th)

Jack Hearld

- 4 Mile/6K
 - 19:40.30 – Furman Invite (18th)
- 8K
 - 24:43.8 – Louisville Classic (49th)
 - 25:51.2 – Eye Opener (29th)
 - 25:21.9 – Crimson Classic (59th)

Gideon Kiplimo

- 4 Mile/6K
 - 19:28.57 – Furman Invite (17th)
- 8K
 - 24:10.9 – Louisville Classic (19th)
 - 25:01.4 – Eye Opener (10th)
 - 24:14.6 – Crimson Classic (12th)

Brian Kweyei

- 4 Mile/6K
 - 19:56.37 – Furman Invite (23rd)
- 8K
 - 24:57.3 – Louisville Classic (50th)

Victor Ndiwa

- 8K
 - 24:57.3 – Louisville Classic (62nd)
 - 25:58.2 – Eye Opener (33rd)

Dylan Nolan

- 4 Mile/6K
 - 20:04.25 – Furman Invite (29th)
- 8K
 - 25:16.7 – Louisville Classic (92nd)
 - 25:33.5 – Eye Opener (23rd)
 - 25:32.8 – Crimson Classic (75th)

Trey Sullivan

- 4 Mile/6K
 - 19:52.93 – Furman Invite (21st)
- 8K
 - 24:32.7 – Louisville Classic (33rd)
 - 25:09.4 – Eye Opener (16th)
 - 24:53.3 – Crimson Classic (34th)

Nate Verska

- 4 Mile/6K
 - 21:00.79 – (Furman Invite (53rd))
- 8K
 - 26:58.3 – Louisville Classic (274th)
 - 26:39.6 – Crimson Classic (131st)

Pierce Walker

- 4 Mile/6K
 - 20:31.72 – Furman Invite (42nd)
- 8K
 - 25:54.3 – Louisville Classic (185th)
 - 26:24.1 – Eye Opener (46th)
 - 26:20.7 – Crimson Classic (121st)

Knox Young

- 4 Mile/6K
 - 20:22.92 – Furman Invite (38th)
- 8K
 - 26:02.3 – Eye Opener (36th)

WOMEN

Lowa Branth

- 5K
 - 17:56.4 – Louisville Classic (57th)
- 4 Mile/6K
 - 21:51.2 – Pre-Nationals (191st)

Gladys Chepngetich

- 5K
 - 16:34.6 – Louisville Classic (4th)
- 4 Mile/6K
 - 19:50.9 – Pre-Nationals (11th)

Maddie Dinneen

- 5K
 - 17:18.0 – Louisville Classic (17th)
 - 17:38.6 – Eye Opener (4th)
- 4 Mile/6K
 - 22:34.57 – Furman Invite (7th)
 - 21:10.2 – Pre-Nationals (109th)

Elizabeth Healy

- 5K
 - 18:36.1 – Eye Opener (18th)
 - 18:42.8 – Louisville Classic (129th)
- 4 Mile/6K
 - 24:09.85 – Furman Invite (24th)

Elizabeth Ilanda

- 5K
 - 17:02.8 – Louisville Classic (11th)
- 4 Mile/6K
 - 22:28.10 – Furman Invite (5th)
 - 21:33.7 – Pre-Nationals (137th)

Silvia Jelelgo

- 5K
 - 15:45.6 – Louisville Classic (2nd)
 - 16:33.9 – Eye Opener (1st)
- 4 Mile/6K
 - 21:03.24 – Furman Invite (1st)
 - 19:05.8 – Pre-Nationals (2nd)

Judy Kosgei

- 5K
 - N/A
- 4 Mile/6K
 - 21:01.2 – Pre-Nationals (92nd)

Emily Lamontagne

- 5K
 - 17:04.7 – Louisville Classic (13th)
 - 17:40.4 – Eye Opener (5th)
- 4 Mile/6K
 - 22:30.42 – Furman Invite (6th)
 - 20:59.4 – Pre-Nationals (90th)

Madison Timms

- 5K
 - 17:56.7 – Eye Opener (7th)
- 4 Mile/6K
 - 22:46.60 – Furman Invite (8th)
 - 21:27.7 – Pre-Nationals (141st)

