

Clemson Invite

January 12, 13th 2024

Clemson University Indoor Track

359 Track Drive Clemson, SC 29631



Entry Information:

- **Entry Process:** www.directathletics.com
- **Entry Deadline:** Tuesday, January 9th, 2024 at Noon

Payment Process:

- **Team Entry Fee:** \$1500 per Gender
 - **Men** <https://am.ticketmaster.com/clemson/23menstrack>
 - **Women** <https://am.ticketmaster.com/clemson/23womenstrack>
- **Individual Entry Fee:** \$50 per Person Entered
 - **Men** <https://am.ticketmaster.com/clemson/23menstrack>
 - **Women** <https://am.ticketmaster.com/clemson/23womenstrack>
- We will only accept **Credit Card** payments - **NO CASH, NO Checks**
- **PAYMENT DUE January 12th 12:00PM**
- If you have **any problems** with paying please contact Sam Thornton at 864-656-2955.

Unattached Athletes & Spectators

- **NO HIGH SCHOOL ATHLETES**
- **UNATTACHED ATHLETES** will be allowed at Mark Elliott's discretion. For all inquiries, please contact Pete Charles pcharle@clemson.edu or 917-348-4473
- **SPECTATORS** will be allowed.

Packet Pick Up & Information:

Thursday, Jan 11th from 6:00 pm – 7:00 pm

Friday, Jan 12th from 12:00 pm – 2:00 pm

*Packets with wristbands can be picked up at the clerking tent at the outdoor track.

Results:

All results are available on Flash Results <https://flashresults.com/>

Team Tents:

- Heated team tents will be provided to **ALL** teams at **NO** cost.
- There will be no team camps allowed in the indoor track.
- Team meals need to be delivered to team tents at the outdoor track.
- **Delivery Address- 359 Track Drive Clemson, SC 29631**

Restroom Facilities:

- Porta-potty's will be located at the outdoor track.

Spike Information:

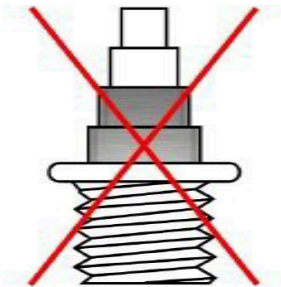
Athletes will NOT compete if they do not comply with these rules:

Please pay close attention to what is the correct spike size.

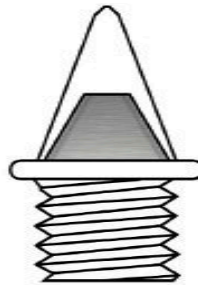
¼" Pyramid Spikes ONLY – this will be strictly enforced.

No permanent spike shoes allowed.

- All spikes must be checked and zip-tied at the Spike check-in tent and at check-in for your event.
- Spikes will be checked for the appropriate zip tie color to be allowed into the Clerking Area.
- Anyone with the wrong spikes will be disqualified from the meet, which puts your team in jeopardy of returning in the future.



NO
Christmas
Tree Spike
Pins



1/4"
Pyramid
"Cone Shape"
Only



NO
Needle
Spike
Pins

Practice Times:

Thursday, Jan 11th from 6:00-8:00 pm -indoor track.

Bus/Team Parking:

- Parking for team buses and vans will be in the Jervey parking lot.
- Drop off only at the indoor track- no sitting and waiting.

Warm-up Procedure:

- All warm-ups will need to take place on the Outdoor Track.
- Final warmups will be indoors before their competition.

Athlete Check-In:

- Check-in for Running and Field events will be at the Outdoor Track.
- Athletes must have their spikes checked before event check-in.

Track Athlete Check-In:

- Athletes must check in **at least 30 minutes before the event.**
- Athletes not checked in by this time will be scratched from the event.
- Athletes must be in the clerking area 15 minutes before the scheduled start time where they will be escorted into the Indoor Track.
- Once inside, athletes will be taken to the **Final Check area to take off their warm-ups** and change into spikes.
- Athletes must leave the competition area after the conclusion of their heat.

Field Athlete Check In:

- Field Athletes must check in outside **at least 60 minutes before the event.**
- Pole Vault must check in outside **at least 120 minutes before the event.**
- Athletes not checked in by these times will be scratched from the event.
- Athletes will then be given a report back time, when they will be escorted to their competition area.
- Athletes are required to leave the competition area after the conclusion of their flight.

Coaches:

- Coaches will be able to coach from any area on the outside of the track. There will be coach boxes for long jump and triple jump on the infield.

Medical Facilities:

- There will be NO medical setup allowed on the Indoor Track; however, trainers will be allowed to go in the Indoor Facility while their athletes are competing.
- Water will be provided and set up near the start/finish line. NO sports drinks are allowed on the infield.
- For questions, please contact Dayshia Davenport ATC, (504) 616-1783 or dayshid@clermson.edu

Dressing Room / Shower Facilities:

There are no dressing room/shower facilities available to teams. Please plan accordingly.

Running Events:

- Prelims will be in the 60m Hurdles and the 60m Dash.
- Preferred lanes: (Straightaway) 4-5-3-6-2-7-1-8 (Oval) 5-6-4-3-2-1.
- All other running events will be run in sections based on time.
- Heats will be seeded according to the times submitted on directathletics.com.
- These entries will be checked on TFRRS to verify at will by meet management.

Field Events:

- There will be Prelims and finals in the horizontal jumps & and throwing events.
- Each athlete will get 3 attempts in the preliminary rounds, with the top 9 advancing to the finals.
- They will receive 3 additional attempts in the final.

Pole Vault Pole Drop Off:

- Poles can be dropped off after event check-in.

Implement Weigh-In:

- The weigh-in area is on the South side doors by the throws area.
- Two hours before event check-in.

For questions, please contact Vicky Pounds: (406) 830– 5208 or vpounds@Clemson.edu

Please continue to check the Clemson Track and Field website for updates in meet information and **FINAL** schedules.

<http://clemsontigers.com/home-meets/>