

Bob Pollock

January 26-27th, 2024

Clemson University Indoor Track

359 Track Drive Clemson, SC 29631



Entry Information:

- **Entry Process:** www.directathletics.com
- **Entry Deadline:** Tuesday, January 23rd, 2024 at Noon

Payment Process:

- **Team Entry Fee:** \$1500 per Gender
 - **Men** <https://am.ticketmaster.com/clemson/23menstrack>
 - **Women** <https://am.ticketmaster.com/clemson/23womenstrack>
- **Individual Entry Fee:** \$50 per Person Entered
 - **Men** <https://am.ticketmaster.com/clemson/23menstrack>
 - **Women** <https://am.ticketmaster.com/clemson/23womenstrack>
- We will only accept **Credit Card** payments - **NO CASH, NO CHECKS**
- **PAYMENT DUE January 26th 12:00PM**
- If you have **any problems** with paying, please contact Sam Thornton at 864-656-2955.

Unattached Athletes & Spectators

- **NO HIGH SCHOOL ATHLETES**
- **UNATTACHED ATHLETES** will be allowed at Mark Elliott's discretion. For all inquiries, please contact Pete Charles pcharle@clemson.edu or 917-348-4473
- **SPECTATORS** will be allowed.

Packet Pick Up & Information:

Thursday, Jan 25th from 6:00 pm – 7:00 pm

Friday, Jan 26th from 9:00 am – 11:00 am

*Packets with wristbands can be picked up at the clerking tent located at the outdoor track.

Results:

All results are available on Flash Results <https://flashresults.com/>

Team Tents:

- Heated team tents will be provided to **ALL** teams at **NO** cost.
- There will be no team camps allowed in the indoor track.
- Team meals need to be delivered to team tents at the outdoor track.
- **Delivery Address- 359 Track Drive Clemson, SC 29631**

Restroom Facilities:

- Porta-potty's will be located at the outdoor track.

Spike Information:

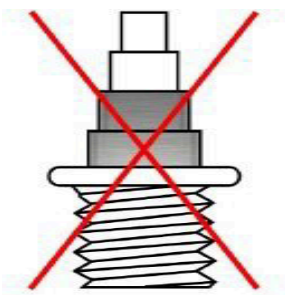
Athletes will NOT compete if they do not comply with these rules:

Please pay close attention to what is the correct spike size.

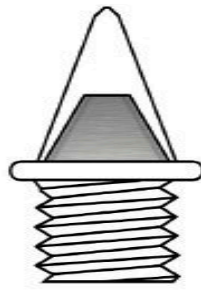
¼" Pyramid Spikes ONLY – this will be strictly enforced.

No permanent spike shoes allowed.

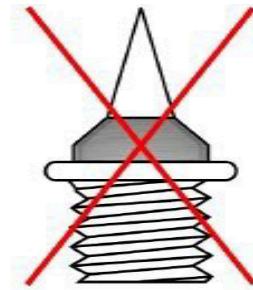
- All spikes must be checked and zip-tied at the Spike check-in tent and at check-in for your event.
- Spikes will be checked for the appropriate zip tie color to be allowed into the Clerking Area.
- Anyone with the wrong spikes will be disqualified from the meet, which puts your team in jeopardy of returning in the future.



**NO
Christmas
Tree Spike
Pins**



**1/4"
Pyramid
"Cone Shape"
Only**



**NO
Needle
Spike
Pins**

Practice Times:

Thursday, Jan 25th from 6:00-8:00 pm -indoor track.

Bus/Team Parking:

- Parking for team buses and vans will be in the Jervey parking lot.
- Drop off only at the indoor track- no sitting and waiting.

Warm-up Procedure:

- All warm-ups will need to take place on the Outdoor Track.

Athlete Check-In:

- All warm-ups will need to take place on the Outdoor Track.
- Final warmups will be indoors before their competition.

Track Athlete Check-In:

- Athletes must check in **at least 30 minutes before the event.**
- Athletes not checked in by this time will be scratched from the event.
- Athletes must be in the clerking area 15 minutes before the scheduled start time to be escorted into the Indoor Track.
- Once inside, athletes will be taken to the **Final Check area to remove their warm-ups** and change into spikes.
- Athletes must leave the competition area after the conclusion of their heat.

Field Athlete Check-In:

- Field Athletes must check in outside **at least 60 minutes before the event.**
- Pole Vault must check in outside **at least 120 minutes before the event.**
- Athletes not checked in by these times will be scratched from the event.
- Athletes will then be given a report back time, when they will be escorted to their competition area.
- Athletes are required to leave the competition area after the conclusion of their flight.

Coaches:

- Coaches can coach from any area outside of the track. There will be coach boxes for long and triple jumps on the infield.

Medical Facilities:

- There will be NO medical setup allowed on the Indoor Track; however, trainers will be allowed to go in the Indoor Facility while their athletes are competing.
- Water will be provided and set up near the start/finish line. NO sports drinks are allowed on the infield.
- For questions, please contact Dayshia Davenport ATC, (504) 616-1783 or dayshid@clermson.edu

Dressing Room / Shower Facilities:

There are no dressing room/shower facilities available to teams. Please plan accordingly.

Running Events:

- Prelims will be in the 60m Hurdles and the 60m Dash.
- Preferred lanes: (Straightaway) 4-5-3-6-2-7-1-8 (Oval) 5-6-4-3-2-1.
- All other running events will be run in sections based on time.
- Heats will be seeded according to the times submitted on directathletics.com.
- These entries will be checked on TFRRS to verify at will by meet management.

Field Events:

- There will be Prelims and finals in the horizontal jumps & and throwing events.
- Each athlete will get 3 attempts in the preliminary rounds, with the top 9 advancing to the finals.
- They will receive 3 additional attempts in the final.

Multi Events

- If you are interested in having any of your athletes compete in the multi please contact Joe Davis- cell 941-350-9984 Email jwd3@clemson.edu

Pole Vault Pole Drop Off:

- Poles can be dropped off after event check-in.

Implement Weigh-In:

- The weigh-in area is on the South side doors by the throws area.
- Two hours before event check-in.

For questions please contact Vicky Pounds: (406) 830– 5208 or vpounds@Clemson.edu

Please continue to check Clemson Track and Field website for any updates in meet information and **FINAL** schedules.

<http://clemson.tigers.com/home-meets/>