



**2024-2025**

## **Recruitment Information**

### **Recruitment Process Overview:**

- Complete Clemson University Application.
- Complete the [Recruitment Form](#)
- Submit Round 1 Skill Video and Proof of Acceptance by March 25, 2024. If you are waitlisted, transferring, or appealing still submit your skill video.
- Top candidates for each open position will be invited to a virtual or in-person final round skill evaluation.
- Candidates offered a position for the 2024-25 season will have until April 28<sup>th</sup> to accept/decline.
- Open Tryout (if any positions remain after April 29<sup>th</sup>) will be held in Clemson on May 18, 2024.

### **Open Positions within Program:**

Current team members will undergo an evaluation and interview prior to being re-awarded a roster spot for the 2024-25 season. All remaining positions will be filled through the recruitment process and/or the open tryout. There are approximately 4 flyer, 1 backspot, 4 main/side base, and 5 coed base positions available for the 2024-25 season.

### **Round 1 Submissions: Due March 25, 2024**

*All skills must be completed on grass or non-spring floor. Videos can be submitted through an unlisted youtube link or google drive folder.*

### **Email required materials to Head Coach Tori Polsinello at [torip@clemsn.edu](mailto:torip@clemsn.edu)**

- Email Proof of Acceptance (incoming students) or Unofficial Transcript (current/bridge students)
- 1 Coach or Teacher Recommendation Letter (they can email directly to [torip@clemsn.edu](mailto:torip@clemsn.edu))
- Brief Introduction
  - Name
  - Hometown
  - Cheer Experience/About You
  - Why do you want to represent Clemson University as a Clemson Cheerleader?
- Tumbling Elements:
  - 3 consecutive standing tucks (shrug 7, swing 1, land 3, stand 5) or standing fulls (at your pace)
  - Toe touch tuck or full
  - Standing 1 or 2 handsprings to full or specialty standing pass to full
  - Best 2 running tumbling passes

- Game Day Elements: Videos will be posted on September 1, 2023
  - Band Dance with Standing Tuck
  - Sideline Chant 1
  - Sideline Chant 2
- Stunting Elements:
  - Partners
    - Toss Extension, Pop Off
    - Hands Liberty, Pop Off
    - Toss Target/Platform or Full up, Stretch, Pop Off
    - Hands or Toss Cupie, Pop Off
    - Elite Stunt Combination of your choice (showcase your strengths). Must have a spinning or flipping dismount.
  - Groups
    - Toss (quick toss) Extension, Pop Off
    - Toss (quick toss) Liberty, Pop Off
    - Switch up Stretch, Single or Double Down
    - Full up, Low to high full around, Pop Off
    - Elite Stunt Combination of your choice (showcase your strengths). Must have a spinning or flipping dismount.

**Final Round Skill Evaluation (in-person or virtual): Dates TBD**

- The top 1-3 candidates for each open position will be invited to participate in the final skill evaluation.
- Candidates will perform all skills from videos in addition to any skills gained since submitting the first round video.

**METHOD OF EVALUATION:**

The coaching staff will be looking for well-rounded student-athletes with a positive attitude, strong work ethic, and strong skill technique throughout the recruitment process. The coaching staff will evaluate all recruitment videos and inform candidates of their status within the recruitment process. If an open tryout is needed a judging panel will be selected to score each round. There are limited positions available based on stunting position. Candidates will be compared by position. Candidates may submit videos showcasing multiple stunt positions.