

# MEN'S INDOOR RECORDS

## 60 METERS

1. Jacoby Ford.....	6.51	2009
2. Michael Green.....	6.55	1993
3. Tevin Hester.....	6.56	2015
Travis Padgett.....	6.56	2007
Shawn Crawford.....	6.56	2000
6. C.J. Spiller.....	6.58	2008
7. Dwight Thomas.....	6.64	2002
8. Larry Griffin.....	6.65	2003
Corey Brown.....	6.65	2006
Justin Murdock.....	6.65	2011

## 200 METERS

1. Shawn Crawford.....	20.26	2000
2. James Trapp.....	20.66	1992
<b>3. Marcus Parker.....</b>	<b>20.70</b>	<b>2020</b>
4. Tevin Hester.....	20.71	2016
5. Michael Green.....	20.72	1992
6. Cordell Lamb.....	20.74	2018
<b>7. Terryon Conwell.....</b>	<b>20.75</b>	<b>2021</b>
8. Tony Wheeler.....	20.90	1995
9. Jacey Harper.....	20.96	2001
10. Dwight Thomas.....	21.00	2002

## 400 METERS

1. Jeffrey Green.....	45.82	2018
2. Wesley Russell.....	45.92	1993
3. Ato Modibo.....	46.00	1999
4. Cordell Lamb.....	46.04	2018
5. Brunson Miller.....	46.23	2013
6. Otto Spain.....	46.63	2003
7. Michael Cheeks.....	46.71	2017
8. Clarence Richards.....	46.92	1995
9. Deonte Tolbert.....	47.13	2019
10. Marcus Black.....	47.52	1986

## 800 METERS

1. John Lewis.....	1:47.14	2018
2. Andrew Beecher.....	1:48.27	1992
3. Terrell Jackson.....	1:48:50	2017
4. Mpho Makofane.....	1:48.53	2017
5. Chris Slate.....	1:49.50	2011
6. Kendrick Roach.....	1:49.70	1994
7. Terrance Herrington.....	1:49.71	1989
8. Malik Epps.....	1:49.75	2019
9. Davidson Gill.....	1:49.99	1999
10. Philip Greyling.....	1:50.00	1989

## MILE

1. Wybo Lelieveld.....	3:59.20	1983
2. Martin Flynn.....	4:00.90	1987
3. Stijn Jaspers.....	4:01.82	1983
4. Philip Greyling.....	4:01.86	1990
5. Mike Kauffman.....	4:03.39	1993
6. Cormac Finnerty.....	4:03.72	1992
7. Paul McCaffrey.....	4:04.69	1988
8. Itay Magidi.....	4:05.13	2007
9. John Lewis.....	4:05.45	2019
10. Esteban Diaz.....	4:06.12	1999

## 3000 METERS

1. Itay Magidi.....	7:54.11	2007
2. Yehezkel Halifa.....	7:59.79	1988
3. Cormac Finnerty.....	7:59.89	1992
4. Mogens Guldborg.....	8:04.04	1985
5. Matt Clark.....	8:04.20	2007
6. Peter Van de Kerkove.....	8:06.22	1986
7. Derrick Wyatt.....	8:06.23	2005
8. James Dwyer.....	8:10.44	2016
9. Ty McCormack.....	8:13.13	2013
10. James Quattlebaum.....	8:13.19	2018

## 5000 METERS

1. Robert DeBrouwer.....	13:32.00	1985
2. Yehezkel Halifa.....	13:49.22	1989
3. Dov Kremer.....	13:51.58	1989
4. Itay Magidi.....	14:03.60	2005
5. Matt Clark.....	14:04.16	2008
6. Larry Clark.....	14:08.24	1990
7. Peter Van de Kerkove.....	14:08.41	1986
8. James Dwyer.....	14:09.59	2016
9. Ty McCormack.....	14:14.00	2013
10. Derrick Wyatt.....	14:18.09	2005

## 60M HURDLES

1. Spencer Adams.....	7.59	2013
2. Duane Ross.....	7.60	1995
3. Sultan Tucker.....	7.69	2001
<b>4. Devon Brooks.....</b>	<b>7.71</b>	<b>2020</b>
<b>5. Lafranz Campbell.....</b>	<b>7.72</b>	<b>2020</b>
6. Todd Matthews.....	7.73	2001
7. Marcus Maxey.....	7.74	2013
8. Kirk Lewis.....	7.76	2018
9. Roy Cheney.....	7.77	2004
10. Jeremichael Williams.....	7.79	1998

## 4X400M RELAY

1. Harper, Thomas.....	3:06.67	2002
Spain, Modibo		
2. Lamb, Cheeks.....	3:07.15	2017
Jackson, Green		
3. Gill, Richards.....	3:07.34	1995
Wheeler, Francis		
4. Lamb, Tolbert.....	3:07.36	2018
Lewis Green		
5. Allen, Franklin.....	3:07.80	1999
Gill, Modibo		

## DISTANCE MEDLEY RELAY

1. Lewis, Green.....	9:40.85	2017
Jackson, Makofane		
2. Lewis, Tolbert.....	9:41.02	2018
Epps, Quattlebaum		
3. Thornton, Bellafonte.....	9:41.50	2016
Fennell, Quattlebaum		
4. Tooman, Haynes.....	9:41.64	1998
Gill, Diaz		
5. Connelly, Modibo.....	9:44.44	2000
Sharpe, Demers		

## HIGH JUMP

1. Torian Ware.....	7-5 (2.26m)	2013
2. Adam Linkenauger.....	7-3.75 (2.23m)	2006
Victor Smalls.....	7-3.75 (2.23m)	1985
4. John Thorp.....	7-3.25 (2.22m)	1995
5. Doug Ameigh.....	7-3 (2.21m)	2002
6. Malcolm Reynolds.....	7-2.5 (2.20m)	2001
7. Shelton Boyer.....	7-2 (2.18m)	1986
George Milton.....	7-2 (2.18m)	1987
9. Terrance McDaniel.....	7-1.75 (2.17m)	2003
10. <b>Anthony Hamilton.....</b>	<b>7-5 (2.15m)</b>	<b>2020</b>

## POLE VAULT

1. Mitch Greeley.....	18-1 (5.51m)	2008
2. Xavier Tromp.....	17-7.75 (5.38m)	2010
3. Eric Lander.....	17-5.75 (5.33m)	1995
4. Chris Spear.....	17-2.25 (5.24m)	2009
5. Jeff Fields.....	17-1.5 (5.22m)	1991
6. Nathan Fields.....	16-8.75 (5.10m)	1994
David Hartzler.....	16-8.75 (5.10m)	1997
Ryan Lewis.....	16-8.75 (5.10m)	2000
Benjamin Hess.....	16-8.75 (5.10m)	2001
Andrew Kessler.....	16-8.75 (5.10m)	2006

## LONG JUMP

1. Chris McBride.....	25-8 (7.82m)	2019
2. George Kitchens.....	25-4.75 (7.74m)	2005
3. Kai Maull.....	25-1.75 (7.66m)	2001
4. Rodney Keasler.....	24-11.25 (7.60m)	1987
5. Antwoine Welcome.....	24-10.5 (7.58m)	1991
6. George Fields.....	24-9.25 (7.55m)	2007
7. Josh Fowler.....	24-7.75 (7.51m)	2010
8. Kelvin Sykes.....	24-7.25 (7.49m)	1986
9. Terrence Parks.....	24-5 (7.44m)	1986
10. Larry Armstead.....	24-4.5 (7.42m)	1993

## TRIPLE JUMP

1. Jeremiah Green.....	53-9.25 (16.39m)	2018
2. Shai Carpenter.....	52-6 (16.00m)	2016
3. Bryan Williams.....	52-5.25 (15.98m)	1999
4. Kelvin Sykes.....	52-3.5 (15.93m)	1987
5. Jason Bell.....	52-1.75 (15.89m)	2005
<b>6. D.J. Ledell.....</b>	<b>51-4.5 (15.66m)</b>	<b>2019</b>
7. Larry Armstead.....	50-11.5 (15.53m)	1993
8. Tony Lloyd.....	50-9.5 (15.48m)	1998
9. Kai Maull.....	50-7.25 (15.42m)	2001
10. Tony Jones.....	50-3.75 (15.33m)	1989

## SHOT PUT

1. Mike Spiritoso.....	64-11.5 (19.80m)	1987
2. Grant Voeks.....	62-1.25 (18.93m)	2020
3. Derek Gilson.....	59-11 (18.26m)	2004
<b>4. Roje Stona.....</b>	<b>58-10.25 (17.94)</b>	<b>2021</b>
<b>5. Zico Campbell.....</b>	<b>58-10 (17.93m)</b>	<b>2021</b>
6. Rob Venier.....	57-11.75 (17.67m)	1988
7. Scott Erbach.....	57-7.25 (17.55m)	1992
8. Marcus Brown.....	57-6.25 (17.53m)	2013
9. Alex Padgett.....	57-5.5 (17.51m)	2010
10. Matt Lombardi.....	56-11.25 (17.35m)	2004

## 35 LB. WEIGHT THROW

1. Alex Padgett.....	67-0.5 (20.43m)	2011
2. Zach Berg.....	66-11.5 (20.41m)	2010
3. James Plummer.....	64-11.25 (19.79m)	2015
4. Matt Helinski.....	63-8.25 (19.41m)	1997
4. Mike Neary.....	62-1.75 (18.94m)	1991
5. Danny Alge.....	61-0.75 (18.61m)	2006
7. Brett Varner.....	59-8.25 (18.19m)	2002
8. Joe Cline.....	59-3 (18.06m)	2019
9. David Schenek.....	58-4.75 (17.80m)	2001
10. Jordan Pickerel.....	57-2.25 (17.43m)	2016

## HEPTATHLON

1. Miller Moss.....	5,986 pts	2011
2. Ryan Koontz.....	5,569 pts	2007
3. Rick Hill.....	5,528 pts	2004
4. Brent Hobbs.....	5,427 pts	2006
5. Ryan Hunter.....	5,179 pts	2004

**Bold** indicates a current student-athlete  
# - converted to a banked track from a 200 flat



# MEN'S OUTDOOR RECORDS

## 100 METERS

1. Travis Padgett	9.89	2008
2. Jacoby Ford	10.01	2009
3. Michael Green	10.02	1992
4. James Trapp	10.04	1991
5. Tevin Hester	10.05	2015
6. Justin Murdock	10.13	2011
7. Shawn Crawford	10.15	1998
8. Reggie Lewis	10.15	2014
9. Dwight Thomas	10.17	2002
10. Warren Fraser	10.18	2012

### All-Conditions Bests

1. Tevin Hester	9.87 (w)	2015
2. Travis Padgett	9.89#	2008
3. Jacoby Ford	10.01	2009
4. Michael Green	10.01 (w)	1993
5. James Trapp	10.03 (w)	1992

## 200 METERS

1. Shawn Crawford	20.09	2000
2. Tevin Hester	20.13	2016
3. James Trapp	20.17	1992
4. Tony Wheeler	20.23	1996
5. Travis Padgett	20.32	2008
6. Marcus Parker	20.33	2019
7. Desai Williams	20.35	1980
8. Greg Moses	20.41	1985
9. Dwight Thomas	20.45	2001
10. Marcus Black	20.50	1986

### All-Conditions Bests

1. Tony Wheeler	20.07 (w)	1996
2. Shawn Crawford	20.09	2000
3. Tevin Hester	20.13	2016
4. James Trapp	20.17	1992
5. Travis Padgett	20.32	2008

## 400 METERS

1. Ato Modibo	44.87	2001
2. Wesley Russell	45.22	1993
3. Tony Wheeler	45.37	1997
4. Otto Spain	45.57	2003
5. Jeffrey Green	45.65	2017
6. Shawn Thomas	45.86	1997
7. Brunson Miller	45.86	2013
8. Clarence Richards	45.94	1994
9. Cordell Lamb	46.05	2018
10. Kenny Franklin	46.09	1999

## 800 METERS

1. Terrance Herrington	1:46.38	1988
2. Davidson Gill	1:47.03	1999
3. Andrew Beecher	1:47.37	1992
4. John Lewis	1:47.62	2017
5. Mpho Makofane	1:47.83	2017
6. Terrell Jackson	1:48.01	2017
7. Chris Slate	1:48.30	2012
8. Kendrick Roach	1:48.39	1994
9. Aaron Ramirez	1:49.04	2012
10. Philip Greyling	1:49.06	1989

## 1500 METERS

1. Terrance Herrington	3:38.57	1987
2. Philip Greyling	3:41.25	1990
3. Wybo Leliefeld	3:41.68	1983
4. Mike Kauffman	3:43.15	1994
5. Dov Kremer	3:43.96	1988
6. Mogens Guldberg	3:44.00	1985
7. Itay Magidi	3:44.17	2005
8. Martin Flynn	3:44.30	1986
9. Dave Wittman	3:44.44	1991
10. Aaron Ramirez	3:44.97	2012

## 5000 METERS

1. Martin Flynn	13:42.00	1986
2. Cormac Finnerty	13:48.45	1991
3. Terry Goodenough	13:49.94	1980
4. Jim Haughey	13:51.10	1982
5. Ty McCormack	13:52.59	2013
6. James Dwyer	13:54.57	2016
7. Larry Clark	13:55.68	1990
8. Dov Kremer	13:56.40	1988
9. Matt Clark	13:57.27	2007
10. Hans Koeleman	14:04.50	1982

## 10,000 METERS

1. Matt Clark	28:49.77	2008
2. Yehezkel Halifa	28:56.80	1988
3. Terry Goodenough	29:08.13	1981
4. Julius Ogaro	29:14.50	1981
5. Jim Haughey	29:16.43	1981
6. Itay Magidi	29:29.34	2006
7. John Doherty	29:33.88	1991
8. Stijn Jaspers	29:43.54	1984
9. Iain Campbell	29:51.67	1984
10. Larry Clark	29:54.48	1990

## 110M HURDLES

1. Duane Ross	13.32	1995
2. Spencer Adams	13.39	2012
3. Jeremichael Williams	13.48	1997
4. Justin Johnson	13.52	2015
5. Todd Matthews	13.53	2002
6. Lafranz Campbell	13.62	2019
7. Anthony Knight	13.64	1993
8. Greg Hines	13.65	1998
9. Sultan Tucker	13.69	2001
10. Larry Ryans	13.71	1992

### All-Conditions Bests

1. Spencer Adams	13.24 (w)	2013
2. Duane Ross	13.32	1995
3. Jeremichael Williams	13.48	1997
4. Justin Johnson	13.52	2015
5. Todd Matthews	13.53	2002

## 400M HURDLES

1. Mitchel Francis	49.85	1995
Greg Hines	49.85	1998
3. Aaron Haynes	50.06	1997
4. Marcus Phillips	50.21	1997
5. Scott Kautz	50.24	2005
6. Deron Gordon	50.28	2018
7. Fred Sharpe	50.43	2000
8. Dion Wafford	50.84	1990
9. Spencer Adams	50.96	2012
10. Andrew Porter	51.36	2007

## 3000M STEEPLECHASE

1. Julius Ogaro	8:32.75	1981
2. Itay Magidi	8:34.12	2005
3. Hans Koeleman	8:35.90	1983
4. David Wittman	8:42.79	1991
5. Rim Cox	8:49.00	1990
6. Ty McCormack	8:50.35	2012
7. James Quattlebaum	8:53.02	2016
8. Noyes Livingston	8:53.20	1988
9. Matt Hughes	8:59.83	2008
10. Ryan Fenton	9:02.01	2004

## 4x100M RELAY

1. Murdock, Spiller Guy, Ford	38.77	2009
2. Currie, Spain Harper, Thomas	38.82	2002
3. Williams, Wheeler Chambers, Allen	38.92	1997

## 4x400M RELAY

1. Allen, Franklin	3:03.67	1999
Gill, Modibo		
2. Gill, Thomas	3:03.74	1996
Haynes, Wheeler		
3. Lamb, Cheeks Jackson, Green	3:03.84	2017
4. Lamb, Cheeks Bellafonte, Green	3:03.86	2016
5. Phillips, Haynes Thomas, Wheeler	3:04.69	1997

## HIGH JUMP

1. Victor Smalls	7-6.25 (2.29m)	1986
2. Shelton Boyer	7-4 (2.23m)	1983
3. John Thorp	7-3.25 (2.22m)	1995
4. Malcolm Reynolds	7-2.5 (2.20m)	2001
5. Torian Ware	7-1.75 (2.18m)	2015
Adam Linkenauger	7-1.75 (2.18m)	2007
Ed Fern	7-1.75 (2.18m)	1976
8. Terrance McDaniel	7-1.5 (2.17m)	2003
9. Bryan Williams	7-1 (2.16m)	1999
Doug Ameigh	7-1 (2.16m)	2001

## POLE VAULT

1. Xavier Tromp	18-0.5 (5.50m)	2010
2. Mitch Greeley	17-10.5 (5.45m)	2008
3. Jeff Fields	17-4.5 (5.30m)	1990
4. Jorge Tienda	17-2.75 (5.25m)	1998
5. Andrew Kessler	17-1 (5.21m)	2006
6. Chris Spear	17-0.75 (5.20m)	2008
7. Ryan Lewis	16-10.75 (5.14m)	2002
8. David Hartzler	16-9.25 (5.11m)	1997
9. Adam Godfrey	16-8.75 (5.09m)	1991
Benjamin Hess	16-8.75 (5.09m)	2000

## LONG JUMP

1. Chris McBride	25-11 (7.90m)	2017
2. George Kitchens	25-10.75 (7.89m)	2003
3. Chris Michael	25-9 (7.84m)	1985
4. Kai Maull	25-7.25 (7.80m)	1999
5. Jameel Abdul-Mateen	25-6 (7.77m)	2013
6. Shelton Boyer	25-1.5 (7.65m)	1986
7. Darwin Rencher	25-1 (7.64m)	1985
8. Ishmael Kamara	25-0 (7.62m)	2016
9. Frank Holland	24-11.75 (7.61m)	1991
10. Terrance Parks	24-11.5 (7.60m)	1986

## TRIPLE JUMP

1. Jeremiah Green	52-8.25 (16.06m)	2018
2. Shai Carpenter	52-4 (15.95m)	2015
3. Jason Bell	51-11.75 (15.84m)	2006
4. Larry Armstead	51-9 (15.77m)	1992
5. Kelvin Sykes	51-7.25 (15.73m)	1987
6. Josh Fowler	51-4.5 (15.66m)	2010
7. Ishmael Kamara	51-2.75 (15.61m)	2015
8. Brit Barrow	51-1 (15.57m)	2002
9. DJ Ledell	51-0.25 (15.55m)	2018
10. Bryan Williams	50-10.25 (15.50m)	2000

## SHOT PUT

1. Mike Spiritoso	68-4.25 (20.83m)	1986
2. Scott Erbach	60-8.75 (18.51m)	1991
3. Grant Voeks	(59-8.5) 18.20m	2019
4. Marcus Brown	59-5.5 (18.12m)	2014
5. Alex Padgett	59-0.75 (18.00m)	2011
6. Derek Gilson	58-3.75 (17.77m)	2004
7. Jack Harkness	57-7 (17.55m)	1982
8. Cory Thalheimer	57-5.5 (17.51m)	2013
9. Matt Lombardi	56-1.75 (17.11m)	2004
10. John Boobas	56-1.25 (17.10m)	1988

## DISCUS THROW

1. Jack Harkness	203-4 (61.98m)	1982
2. Roje Stona	192-4 (61.36m)	2019
3. James Plummer	191-10 (58.78m)	2015
4. Mike Columbus	190-10 (58.18m)	1977
5. Grant Voeks	188-5 (57.42m)	2019
6. Eric Snow	173-5 (52.86m)	1980
7. Derek Gilson	170-10 (52.07m)	2004
8. Rob Venier	168-9 (51.44m)	1988
9. Todd Christy	168-3 (51.28m)	2012
10. Andy Giesler	166-11 (50.87m)	2001

## HAMMER THROW

1. Zach Berg	210-7 (64.19m)	2010
2. Alex Padgett	207-5 (63.23m)	2010
3. Matt Helinski	204-1 (62.20m)	1997
4. Danny Alge	201-7 (61.45m)	2006
5. Colt Hodges	191-11 (58.50m)	2002
6. Jordan Pickrel	181-1 (55.20m)	2015
7. Mike Neary	179-9 (54.78m)	1991
8. Brett Varner	179-7 (54.73m)	2002
9. Reed Shindell	178-7 (54.43m)	2015
10. James Plummer	175-9 (53.58m)	2015

## JAVELIN THROW

1. Frank Crossen	224-5 (68.40m)	1989
2. Tom Gray	221-6 (67.52m)	1988
3. Eric Lander	220-4 (67.16m)	1996
4. Dylan Ahrens	216-6 (66.00m)	2017
5. Greg Burch	213-1 (64.96m)	1994
6. Damian DiCola	211-6 (64.46m)	1997
7. Scott Pauga	206-7 (62.97m)	2009
8. Brandon Holmes	200-8 (61.17m)	2005
9. Andy Giesler	198-11 (60.62m)	2001
10. Clayton Curtis	196-9 (59.97m)	2004

### Old Weight Bests

1. Roger Collins	269-1 (82.02m)	1969
2. Stewart Ralph	266-5 (81.20m)	1976
Mike Hartle	266-5 (81.20m)	1982
4. Kenneth Patterson	254-11 (77.70m)	1985
5. Van Weise	246-1 (75.00m)	1980

## DECATHLON

1. Miller Moss	7,996 pts	2011
2. Andy Giesler	7,619 pts	2001
3. Eric Lander	7,615 pts	1996
4. Fred Worthy	7,478 pts	1982
5. Ryan Koontz	7,371 pts	2006
6. Rick Hill	7,327 pts	2003
7. Josh Scott	7,288 pts	1997
8. Eric Olson	7,196 pts	1984
9. Brent Hobbs	7,180 pts	2004
10. Mark Jellison	6,906 pts	2000

**Bold** indicates a current student-athlete

# - NCAA record

(w) - wind-aided performance

# WOMEN'S INDOOR RECORDS

## 60 METERS

1. Dezerea Bryant	7.19	2013
2. Stormy Kendrick	7.22	2012
<b>3. Rebekah Smith</b>	<b>7.23</b>	<b>2020</b>
4. Myasia Jacobs	7.24	2016
5. Torie Robinson	7.27	2017
Jasmine Edgers	7.27	2012
7. Simone Tomlinson	7.28	1998
8. Angelica Collins	7.29	2017
9. Shekera Weston	7.34	1998
10. Sabria Hadley	7.35	2017

## 200 METERS

1. Cydonie Mothersill	22.84	2001
2. Dezerea Bryant	23.00	2013
3. Brianna Rollins	23.22	2013
Sabria Hadley	23.22	2017
<b>5. Trishauna Hemmings</b>	<b>23.28</b>	<b>2021</b>
6. Stormy Kendrick	23.29	2011
<b>7. Rebekah Smith</b>	<b>23.30</b>	<b>2018</b>
8. Marlena Wesh	23.47	2011
9. Treshell Mayo	23.50	1996
10. Nikkie Bouyer	23.51	1998

## 400 METERS

1. Marlena Wesh	52.21	2012
2. Olivia James	53.24	2015
3. Natoya Goule	53.33	2015
4. Shekera Weston	53.36	1999
5. Kendra Clarke	53.46	2018
6. Silja Ulfarsdottir	53.51	2005
7. Deja Parrish	53.68	2016
8. Shenita Wilson	53.77	1997
9. Angel Fleetwood	53.82	1992
Keni Harrison	53.82	2013

## 800 METERS

1. Natoya Goule	2:01.64	2015
2. Fellan Ferguson	2:03.59	2018
<b>Kamryn McIntosh</b>	<b>2:03.59</b>	<b>2018</b>
<b>4. Laurie Barton</b>	<b>2:03.91</b>	<b>2021</b>
5. Karen Hartmann	2:04.55	1992
6. Ersula Farrow	2:04.98	2017
<b>Andrea Foster</b>	<b>2:04.98</b>	<b>2020</b>
8. Tina Krebs	2:06.09	1985
9. Ane Skak	2:07.14	1991
10. Lakeisha Warner	2:07.25	2017

## MILE

1. Grace Barnett	4:33.86	2017
2. Tina Krebs	4:38.30	1986
3. Logan Morris	4:38.51#	2019
4. Alyssa Kulik	4:40.97	2012
5. Perry Fields	4:43.26	2001
6. Kaley Ciluffo	4:44.21	2016
7. Karen Hartmann	4:44.49	1992
8. Elsa Breit	4:45.62	1988
9. Mareike Ressing	4:46.08	1993
10. Ersula Farrow	4:47.81	2017

## 3000 METERS

1. Ute Jamroz	9:15.04	1987
2. Grace Barnett	9:17.64	2018
3. Kim Ruck	9:21.34	2011
4. Logan Morris	9:23.00#	2019
5. Kerry Robinson	9:25.30	1983
6. Anne Evans	9:25.66	1991
7. Mareike Ressing	9:26.10	1994
8. Natalie Anthony	9:34.63	2012
9. Alyssa Kulik	9:35.67	2012
10. Kaley Ciluffo	9:43.78	2016

## 5000 METERS

1. Kim Ruck	16:01.24	2010
2. Natalie Anthony	16:39.42#	2014
3. Kate Borowicz	16:45.88	2013
4. Logan Morris	16:51.39	2018
5. Erika Van Reenen	16:54.87	2000
6. Marketa Marcanikova	16:56.83	2018
7. Elizabeth Dawson	16:57.47	2018
8. Michelle Scholtz	17:02.58	1989
9. Helen Rogers	17:08.75	1989
10. Alexa Womack	17:14.13	2014

## 60M HURDLES

1. Brianna Rollins	7.78	2013
2. Bridgette Owens	7.95	2012
<b>3. Trishauna Hemmings</b>	<b>8.12</b>	<b>2021</b>
4. Keni Harrison	8.13	2013
5. Samantha Elliott	8.17	2015
Jasmine Edgers	8.17	2011
7. Nikkie Bouyer	8.20	1998
8. Markeeta Thomas	8.25	2018
9. Michaylin Golladay	8.26	2010
<b>Sidney Marshall</b>	<b>8.26</b>	<b>2019</b>

## 4X400M RELAY

1. James, Fluker	3:30.88	2015
Parrish, Goule		
<b>2. James, Clarke</b>	<b>3:32.84</b>	<b>2018</b>
McIntosh, Ferguson		
3. Pringley, Rollins	3:33.93	2010
Austin, Edgers		
4. Ulfarsdottir, Cousins	3:34.76	2005
Hinton, Hill		
5. Burgher, Mothersill	3:34.83	2001
Cutchin, Weston		

## DISTANCE MEDLEY RELAY

<b>1. McIntosh, James</b>	<b>10:58.83</b>	<b>2018</b>
Ferguson, Barnett		
2. Ciluffo, Coppin	11:00.44	2016
Farrow, Barnett		
<b>3. Farrow, James</b>	<b>11:02.68</b>	<b>2017</b>
Warner, Barnett		
4. Goule, Fluker	11:07.83	2015
Blanton, Barnett		

## HIGH JUMP

1. April Sinkler	6-0.75 (1.85m)	2010
2. Mimi Land	6-0.5 (1.84m)	2014
3. Kenya Livingston	5-10.5 (1.79m)	2019
4. Anastacia Wilson	5-10 (1.78m)	2009
Linda Buchholz	5-10 (1.78m)	2010
6. Sharia Clinkscates	5-9.75 (1.77m)	1997
7. Whitney Fountain	5-9.25 (1.76m)	2012
8. Kae Pickett	5-8.75 (1.75m)	2004
9. Liane Weber	5-8 (1.73m)	2010
10. Katja Pettinen	5-7 (1.70m)	1995
<b>Sofia De Coteau</b>	<b>5-7 (1.70m)</b>	<b>2021</b>

## POLE VAULT

1. Lauren Terstappen	13-5.25 (4.10m)	2014
2. Morgan Allen	13-3.5 (4.05m)	2018
3. Christy Gasparino	13-2.25 (4.02m)	2013
4. Caroline Bond	12-11.5 (3.95m)	2014
Caroline Kennedy	12-11.5 (3.95m)	2010
Amy Morrison	12-11.5 (3.95m)	2010
7. Beth Jordan	12-9.5 (3.90m)	2006
8. Mandy McLane	12-7.5 (3.85m)	2001
9. Joana Costa	12-5.5 (3.80m)	2002
Sara Young	12-5.5 (3.80m)	2005
Emily Barlage	12-5.5 (3.80m)	2009

## LONG JUMP

1. April Sinkler	21-6 (6.55m)	2010
2. Monyetta Haynesworth	21-3 (6.48m)	1992
3. Gisele Oliveira	20-10.75 (6.37m)	2004
4. Tonya McKelvey	20-10.25 (6.36m)	1993
5. Marcia Fletcher	20-7 (6.27m)	1991
6. Jasmine Brunson	20-5.75 (6.24m)	2011
7. Terri Robinson	20-5.25 (6.23m)	1999
8. Patricia Mamona	20-4.5 (6.21m)	2009
9. Angelica Collins	20-3.5 (6.18m)	2017
Mimi Land	20-3.5 (6.18m)	2013

## TRIPLE JUMP

1. Patricia Mamona	45-5.25 (13.85m)	2010
2. Gisele Oliveira	45-1.75 (13.76m)	2005
3. April Sinkler	44-2 (13.46m)	2011
4. Iana Amsterdam	43-9.25 (13.34m)	2017
5. Jasmine Brunson	43-3.75 (13.19m)	2012
6. Anasterasia Terrell	43-0.25 (13.11m)	2016
7. Mimi Land	42-9.5 (13.04m)	2014
8. Sheri Smith	42-5.5 (12.94m)	2002
9. Nanette Holloway	42-4 (12.90m)	1992
10. Marcia Fletcher	42-3.25 (12.88m)	1991

## SHOT PUT

1. Jamine Moton	56-7.5 (17.26m)	2002
2. Janell Fullerton	53-7.75 (16.35m)	2019
<b>3. Veronica Fraley</b>	<b>52-10 (16.10m)</b>	<b>2020</b>
4. Nikki Sims	52-0.75 (15.87m)	1996
5. Danielle Curry	50-0.75 (15.26m)	2011
6. Aija Kortesoja	49-1.5 (14.97m)	1997
7. Grayce French	48-20.75 (14.90m)	2020
8. Angela Dolby	48-4.5 (14.74m)	1992
9. Patricia Cuffee	48-2.75 (14.70m)	1991
10. Jeannie Burris	47-9.75 (14.57m)	1989

## 20 LB. WEIGHT THROW

1. Brittney Waller	73-2 (22.30m)	2013
2. Della Clark	68-5 (20.85m)	2007
3. Jamine Moton	68-0.5 (20.73m)	2001
4. Danielle Little	62-8 (19.10m)	2019
5. Nikola Lomnicka	61-10.25 (18.85m)	2009
6. Danielle Curry	60-3.25 (18.37m)	2011
7. Krystal Woods	58-4 (17.78m)	2006
8. Rochelle Kokayko	58-1.25 (17.71m)	2006
9. Mikaela Patterson	55-3.75 (16.86m)	2005
10. Majayla Holland	54-3.75 (16.55m)	2017

## PENTATHLON

1. Liane Weber	4,262 pts	2010
2. Patricia Mamona	4,081 pts	2009
3. Whitney Fountain	3,998 pts	2012
4. Linda Buchholz	3,870 pts	2007
5. Karine Farias	3,727 pts	2011
6. Lauren Nicholson	3,676 pts	2004
7. Michaylin Golladay	3,447 pts	2009
8. Renata Miyamoto	3,410 pts	2006
9. Antisha Anderson	3,392 pts	2002
10. Joana Costa	3,193 pts	2002

**Bold** indicates a current student-athlete  
# - converted to a banked track from a 200 flat



# WOMEN'S OUTDOOR RECORDS

## 100 METERS

1. Dezerea Bryant	11.20	2013
<b>2. Rebekah Smith</b>	<b>11.22</b>	<b>2018</b>
3. Sabria Hadley	11.28	2015
Simone Tomlinson	11.28	1998
5. Torie Robinson	11.31	2017
Cydonie Mothersill	11.31	2001
7. Treshell Mayo	11.34	1996
8. Stormy Kendrick	11.36	2010
9. Kim Graham	11.37	1993
10. Myasia Jacobs	11.38	2015

### All-Conditions Bests

1. Torie Robinson	11.16 (w)	2018
2. Dezerea Bryant	11.20	2013
3. Simone Tomlinson	11.21 (w)	1998
<b>4. Rebekah Smith</b>	<b>11.22</b>	<b>2018</b>
5. Stormy Kendrick	11.23 (w)	2010

## 200 METERS

1. Cydonie Mothersill	22.54	2001
2. Kim Graham	22.64	1993
3. Dezerea Bryant	22.66	2013
4. Sabria Hadley	22.88	2017
5. Treshell Mayo	22.89	1996
6. Brianna Rollins	23.04	2013
7. Marlena Wesh	23.06	2012
8. Deja Parrish	23.08	2016
9. Stormy Kendrick	23.09	2011
Shekera Weston	23.09	2001

### All-Conditions Bests

1. Dezerea Bryant	22.54 (w)	2013
2. Cydonie Mothersill	22.57	2001
3. Kim Graham	22.64	1993
4. Stormy Kendrick	22.83 (w)	2010
5. Treshell Mayo	22.89	1996

## 400 METERS

1. Marlena Wesh	51.43	2012
2. Kim Graham	51.88	1993
3. Olivia James	52.56	2017
Angel Fleetwood	52.56	1992
5. Natoya Goule	52.57	2015
6. Michelle Burgher	52.63	2001
7. Kendra Clarke	52.65	2018
8. Deja Parrish	52.80	2016
9. Shekera Weston	52.81	2001
10. Shenita Wilson	52.98	1997

## 800 METERS

1. Natoya Goule	1:59.63	2015
2. Tina Krebs	2:02.07	1983
3. Fellan Ferguson	2:03.15	2018
<b>4. Kamryn McIntosh</b>	<b>2:03.73</b>	<b>2018</b>
5. Ersula Farrow	2:04.13	2016
6. Grace Barnett	2:05.89	2018
<b>7. Andrea Foster</b>	<b>2:06.15</b>	<b>2019</b>
8. Brianna Blanton	2:06.55	2016
9. Ane Skak	2:06.98	1991
10. Karen Hartmann	2:07.09	1992

## 1500 METERS

1. Grace Barnett	4:11.07	2018
2. Tina Krebs	4:15.23	1985
3. Karen Hartmann	4:15.87	1992
4. Natoya Goule	4:20.04	2015
5. Kerry Robinson	4:22.14	1982
6. Mareike Rensing	4:22.23	1991
7. Alyssa Kulik	4:22.75	2012
8. Julianne Littmann	4:23.50	1999
9. Elsa Breit	4:23.77	1987
10. Natalie Anthony	4:25.14	2012

## 5000 METERS

1. Kerry Robinson	16:02.76	1983
2. Stephanie Weikert	16:06.13	1983
3. Kim Ruck	16:12.05	2010
4. Natalie Anthony	16:16.27	2012
5. Ute Jamrozky	16:20.91	1986
6. Judith Shepherd	16:22.67	1985
7. Logan Morris	16:26.35	2018
8. Jennifer Briscoe	16:34.54	1982
9. Michelle Scholtz	16:41.04	1990
10. Michelle Kalikin	16:43.50	1989

## 10,000 METERS

1. Ute Jamrozky	33:14.83	1986
2. Kim Ruck	33:16.45	2011
3. Michelle Scholtz	34:50.19	1990
4. Helen Rogers	34:58.47	1988
5. Natalie Anthony	35:00.46	2013
6. Erin McLaughlin	35:04.27	2019
7. Gail Groulx	35:05.62	1991
8. Karen Friedrichsen	35:06.49	1994
9. Tina Jensen	35:09.21	1997
10. Elizabeth Dawson	35:27.36	2018

## 100M HURDLES

1. Brianna Rollins	12.39	2013
2. Bridgette Owens	12.71	2012
3. Keni Harrison	12.88	2013
4. Monique Gracia	13.00	2012
5. Michaylin Golladay	13.01	2011
6. Jasmine Edgerson	13.09	2012
7. Samantha Elliott	13.11	2015
8. Ebony Williams	13.24	2019
9. Nikkie Bouyer	13.32	1998
10. Kyana Elder	13.44	2001
Polly Hardy	13.44	2008

### All-Conditions Bests

1. Brianna Rollins	12.39#	2013
2. Bridgette Owens	12.71	2012
3. Michaylin Golladay	12.82 (w)	2011
4. Keni Harrison	12.87 (w)	2013
5. Monique Gracia	13.00	2012

## 400M HURDLES

1. Samantha Elliott	55.51	2015
2. Sonni Austin	55.75	2013
3. Silja Ulfarsdottir	56.62	2005
4. Nikkie Bouyer	56.64	1999
5. Markeeta Thomas	57.11	2018
<b>6. Lakeisha Warner</b>	<b>57.21</b>	<b>2019</b>
7. Sonni Austin	57.31	2011
8. Marlena Wesh	57.49	2011
9. Michelle Burgher	57.79	2001
10. Christina Smith	58.43	2004

## 3000M STEEPLECHASE

1. Alyssa Kulik	9:52.90	2012
2. Logan Morris	10:07.13	2018
3. Stephanie Buffo	10:37.50	2011
4. Brianna Feerst	10:46.58	2015
5. Morgan Wittrock	10:57.31	2019
6. Jenny Barton	10:59.98	2006
7. Alyssa Henshaw	11:07.19	2011
8. Mikie Harris	11:21.27	2019
9. Joanie Castagno	11:30.12	2009
10. Lisa Girard	11:36.92	2013

## 4x100M RELAY

<b>1. Ricketts, Smith, Hadley, Robinson</b>	<b>43.31</b>	<b>2017</b>
2. Kendrick, Wesh, Bryant, Edgerson	43.43	2012
3. Golladay, Gracia, Morris, Edgerson	43.54	2011
4. Harrison, Rollins, Kendrick, Bryant	43.59	2013
5. Names not listed	43.62	2000
Murray, Burgher, Weston, Mothersill	43.62	2001

## 4x400M RELAY

1. Parrish, James, George, Goule	3:28.59	2015
2. Burgher, Mothersill, Smith, Weston	3:29.97	2001
3. Brown, Tomlinson, Weston, Bouyer	3:31.84	1998
4. James, Williams, Thomas, George	3:32.67	2017
5. Clarke, Williams, McIntosh, Ferguson	3:32.79	2018

## HIGH JUMP

1. April Sinkler	6-1.25 (1.86m)	2010
2. Mimi Land	5-11.5 (1.82m)	2015
3. Sharia Clinkscapes	5-10.75 (1.80m)	1996
4. Liane Weber	5-9.25 (1.76m)	2010
5. Linda Buchholz	5-8.75 (1.75m)	2010
Anastacia Wilson	5-8.75 (1.75m)	2009
7. Katja Pettinen	5-8 (1.73m)	1995
Katie Pickett	5-8 (1.73m)	2004
9. Sarah Maxson	5-7.25 (1.71m)	2015
Annu Montell	5-7.25 (1.71m)	1997

## POLE VAULT

1. Lauren Terstappen	13-7.25 (4.15m)	2015
2. Christy Gasparino	13-5.25 (4.10m)	2012
3. Caroline Kennedy	13-1.5 (4.00m)	2010
4. Sara Young	12-11.5 (3.95m)	2005
5. Mandy McLane	12-10.75 (3.93m)	2001
6. Caroline Bond	12-10.25 (3.92m)	2013
7. Joana Costa	12-10 (3.91m)	2003
8. Amy Morrison	12-9.5 (3.90m)	2010
9. Morgan Allen	12-8.25 (3.87m)	2018
10. Kat Majester	12-7.5 (3.85m)	2009

## LONG JUMP

1. April Sinkler	21-6.25 (6.56m)	2011
2. Monyetta Haynesworth	21-5.5 (6.54m)	1992
3. Gisele Oliveira	20-11.75 (6.39m)	2003
4. Tonya McKelvey	20-9 (6.32m)	1993
5. Whitney Fountain	20-8.5 (6.31m)	2014
6. Mimi Land	20-4.25 (6.20m)	2013
Jasmine Brunson	20-4.25 (6.20m)	2011
8. Angelica Collins	20-2.5 (6.16m)	2017
9. Courtney Singleton	20-2.25 (6.15m)	1993
10. Marcia Fletcher	20-1 (6.12m)	1990

## TRIPLE JUMP

1. Patricia Mamona	46-1.25 (14.05m)	2011
2. Gisele Oliveira	45-9 (13.94m)	2005
3. Iana Amsterdam	44-10.75 (13.68m)	2017
4. April Sinkler	44-4 (13.51m)	2012
5. Anastasia Terrell	43-6.5 (13.27m)	2016
6. Sheri Smith	43-0.5 (13.12m)	2002
7. Jasmine Brunson	42-11 (13.08m)	2012
8. Nanette Holloway	42-10.25 (13.06m)	1992
9. Whitney Fountain	42-9 (13.03m)	2014
10. Mimi Land	42-8 (13.00m)	2014

## SHOT PUT

1. Jamine Moton	58-2.5 (17.74m)	2001
2. Janell Fullerton	53-4.25 (16.26m)	2019
3. Nikki Sims	52-7.25 (16.03m)	1995
4. Angela Dolby	51-3 (15.62m)	1992
5. Danielle Curry	49-5.75 (15.08m)	2011
6. Aija Kortesoja	48-5.25 (14.76m)	1996
<b>7. Veronica Fraley</b>	<b>48-4.75 (14.75m)</b>	<b>2019</b>
8. Jackie Hudgins	48-0.75 (14.65m)	2002
9. Patricia Cuffee	46-11 (14.30m)	1991
10. Allison Bradshaw	46-2.75 (14.09m)	2005

## DISCUS THROW

1. Jamine Moton	182-2 (55.52m)	2001
<b>2. Veronica Fraley</b>	<b>170-6 (51.98m)</b>	<b>2019</b>
3. Brittney Waller	169-1 (51.55m)	2013
4. Nancy Taliifero	159-0 (48.46m)	1989
5. Nikki Simsv	158-10 (48.42m)	1997
6. Majayla Holland	160-0 (48.78m)	2017
7. Krystal Woods	155-3 (47.33m)	2005
8. Janell Fullerton	154-9 (47.18m)	2019
9. Gracey French	153-6 (46.78m)	2019
10. Lisa Parak	150-2 (45.78m)	1991

## HAMMER THROW

1. Jamine Moton	220-6 (67.21m)	2002
2. Nikola Lomnicka	208-8 (63.61m)	2009
3. Della Clark	194-2 (59.18m)	2006
4. Brittney Waller	188-3 (57.38m)	2013
5. Rochelle Kokayko	184-6 (56.23m)	2007
6. Krystal Woods	173-9 (52.96m)	2006
7. Danielle Borriello	172-8 (52.63m)	2016
8. Mikaela Patterson	170-11 (52.10m)	2005
9. Danielle Little	170-6 (51.98m)	2019
10. Danielle Curry	167-6 (51.06m)	2011

## JAVELIN THROW

1. Bethanie Wachna	160-8 (48.98m)	2010
2. Liane Weber	153-10 (46.88m)	2010
3. Linda Buchholz	152-0 (46.32m)	2010
4. Kammie Blount	151-4 (46.12m)	1999
5. Krystal Woods	144-7 (44.08m)	2006
6. Karine Farias	133-10 (40.81m)	2010
7. Alyssa Debski	133-3 (40.61m)	2017
8. Elizabeth Lord	131-11 (40.22m)	2003
9. Olivia Piccirillo	130-10 (39.89m)	2014
10. Jamine Moton	127-6 (38.86m)	1999

### Old Weight Bests

1. Lisa Parak	161-4 (49.18m)	1990
2. Liz Griesback	150-7 (45.90m)	1993
3. Jodie Phillips	147-10 (45.06m)	1995
4. Katja Pettinen	147-1 (44.84m)	1995
5. Irja Kortesoja	145-3 (44.28m)	1997

## HEPTATHLON

1. Liane Weber	5,928 pts	2010
2. Katja Pettinen	5,321 pts	1995
3. Patricia Mamona	5,293 pts	2011
4. Linda Buchholz	5,206 pts	2007
5. Lauren Nicholson	5,200 pts	2003
6. Whitney Fountain	5,185 pts	2013
7. Aija Kortesoja	5,183 pts	1996
8. Annu Montell	5,171 pts	1997
9. Karine Farias	5,085 pts	2010
10. Aimee Stout	4,561 pts	1996

**Bold** indicates a current student-athlete

\$ - NCAA record

(w) - wind-aided performance



# ODD EVENT RECORDS

## MEN - INDOOR

### 55 METERS

1. Michael Green ..... 6.08..... 1992
2. David Collins ..... 6.15.....2001
3. James Trapp ..... 6.16.....1992  
Greg Moses..... 6.16.....1989
5. Travis Padgett ..... 6.17.....2007
6. Shawn Crawford ..... 6.20.....1998
7. Jacey Harper..... 6.21.....2003
8. Carlton Chambers..... 6.24.....1997  
Larry Griffin ..... 6.24.....2002
10. Eugene Lee ..... 6.26.....2002

### 300 METERS

1. **Terryon Conwell..... 32.97.....2021**
2. **Marcus Parker..... 33.20.....2020**
3. Cordell Lamb ..... 33.28.....2018
4. Ato Modibo..... 33.42.....1999
5. Deonte Tolbert ..... 33.46.....2020

### 500 METERS

1. Ato Modibo..... 1:01.80.....1999
2. Marcus Black..... 1:02.04.....1985
3. Davidson Gill ..... 1:02.14.....1999
4. Kenny Franklin ..... 1:02.38.....1999
5. Jeffrey Green ..... 1:02.53.....2018

### 1000 METERS

1. John Lewis ..... 2:21.96.....2018
2. Terrance Herrington ..... 2:22.42.....1985
3. Wybo Lelieveld..... 2:23.87.....1982
4. Lennie Krichko ..... 2:25.40.....1978
5. Danny Shaughnessy ..... 2:26.23.....2019

### 55M HURDLES

1. Duane Ross ..... 7.09.....1995
2. Larry Ryans ..... 7.12.....1992
3. Jeremichael Williams.... 7.18.....1997
4. Anthony Knight..... 7.21.....1992
5. Sultan Tucker ..... 7.21.....2000
6. Greg Hines ..... 7.23.....1998  
Todd Matthews..... 7.23.....2002
8. Roy Cheney ..... 7.29.....2005
9. Shauntae Lovings..... 7.38.....2002
10. Ian Potter..... 7.47.....2001  
Lydell Perry ..... 7.47.....2005

## WOMEN - INDOOR

### 55 METERS

1. Simone Tomlinson ..... 6.79.....1996
2. Lisa Dillard..... 6.84.....1989  
Gail Prescod ..... 6.84.....1993
4. Kim Graham ..... 6.85.....1993  
Terri Robinson ..... 6.85.....1997
6. Cydonie Mothersill ..... 6.86.....2001
7. Shekera Weston ..... 6.89.....1998
8. Pam Ketter..... 6.97.....1994  
Treshell Mayo..... 6.97.....1993
10. Monique Everett..... 7.03.....1992  
Tara Henderson..... 7.03.....1989

### 300 METERS

1. Brianna Rollins ..... 37.90.....2010  
Dezerea Bryant ..... 37.90.....2012
3. Deja Parrish..... 37.93.....2016
4. Marlena Wesh ..... 38.09.....2011
5. Shenita Wilson..... 38.14.....1996

### 500 METERS

1. Olivia James ..... 1:11.24.....2015
2. Marlena Wesh ..... 1:11.82.....2012
3. Nia Fluker ..... 1:12.25.....2012
4. Olivia James ..... 1:12.71.....2018
5. Malaysia George..... 1:12.85.....2017

### 1000 METERS

1. **Laurie Barton..... 2:42.51.....2021**
2. Natoya Goule ..... 2:43.03.....2015
3. Ersula Farrow..... 2:48.57.....2016
4. Brianna Blanton..... 2:49.73.....2014
5. **Andrea Foster ..... 2:50.52.....2020**

### 55M HURDLES

1. Nikkie Bouyer ..... 7.57.....1998
2. Monique Everett..... 7.74.....1992
3. Monyetta Haynesworth.. 7.79.....1993
4. Kyana Elder..... 7.84.....2000
5. Nyjla Littlejohn ..... 7.86.....2000  
Marcia Fletcher..... 7.86.....1991
7. Polly Hardy..... 7.89.....2008
8. Tiffany Myers ..... 8.04.....1994
9. Jane Hale..... 8.08.....1995
10. Krystal Barringer ..... 8.13.....2007

## WOMEN - OUTDOOR

### 3000 METERS

1. Kerry Robinson ..... 9:05.65.....1982
2. Mareike Rassing..... 9:10.32.....1991
3. Ute Jamrozy ..... 9:12.12.....1987
4. Judith Shepherd ..... 9:13.38.....1983
5. Elsa Breit ..... 9:18.45.....1986
6. Michelle Scholtz ..... 9:36.40.....1990
7. Natalie Anthony ..... 9:41.22.....2013
8. Joanne Power ..... 9:41.26.....1987
9. Michelle Kalikin..... 9:41.55.....1988
10. Cessy Hudson ..... 9:44.05.....1992

