

BOB POLLOCK

Saturday January 29-30th, 2021
Clemson University Indoor Track



Entry Information:

- **Entry Process:** www.directathletics.com
- **Entry Deadline:** Tuesday January 26th, 2021 at Noon

Payment Process:

- **Team Entry Fee:** \$750 per Gender.
- **Individual Entry Fee:** \$50 per Person entered
- We will only accept credit card payments or checks for this meet- **NO CASH.**
- **PAYMENT DUE JANUARY 26TH 12:00PM *Any Problems contact Kathy @ 205-410-0016**
- <https://bit.ly/BobPollockTeams> -Team Registration
- <http://bit.ly/BobPollockIndividual>-Individual Registration (teams with 13 or less athletes)

Unattached Athletes & Spectators

- **NO HIGH SCHOOL ATHLETES.**
- **NO UNATTACHED ATHLETES** unless they are associated with a participating school and follows in their COVID testing protocols.
- Due to COVID there can be **NO SPECTATORS** allowed. This includes parents and athletes.

Packet Pick Up & Information:

Thursday, January 28th from 3:00 pm – 5:00 pm

Friday, January 29th from 9:00 am – 11:00 am

- Packets can be picked up at the entrance of the Outdoor Track at the Temp/spike check table.
- **Wristbands will be issued daily at Temperature Check** based on your submitted attestation form.

Masks:

- Masks have to be worn at all times until athletes are competing.
- If you are not wearing a mask, your team will be in jeopardy of disqualification.

Temperature Check:

- Temperature Check will be done daily upon arrival in front of the Outdoor Track.

Team Tents:

- All teams are **REQUIRED** to rent 20x40 tents with heaters for the meet.
- There will be no congregating or spectating inside the Indoor Track.
- Please contact **Event Rentals** two weeks before the meet to ensure availability.
anderson@event-rentals.com 864-965-9100

Restroom Facilities:

- Each School will be provided with two assigned port-a-johns located along the back stretch of the outdoor track.

Spike Information:

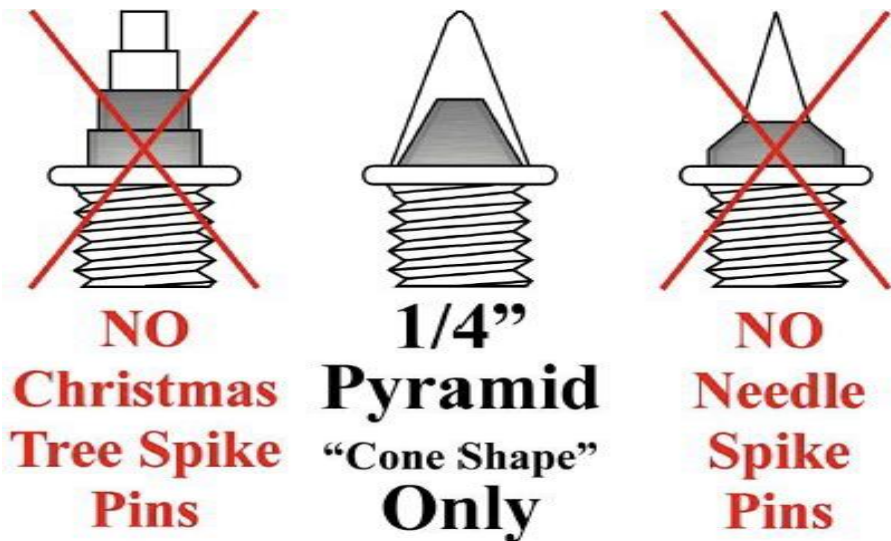
Athletes will NOT compete if they do not comply with these rules:

Please pay close attention to what is the correct spike size.

¼" Pyramid Spikes ONLY – this will be strictly enforced.

No permanent spike shoes allowed.

- All spikes must be checked and zip tied at the Spike check in tent and at check-in for your event.
- Spikes will be checked for the appropriate zip tie color to be allowed into the Clerking Area.
- Anyone with the wrong spikes will be disqualified from the meet and puts your team in jeopardy for returning for the future.



Practice Times:

Thursday, January 28th from 3:00-5:00 at the **OUTDOOR TRACK ONLY.**

Bus/Team Parking:

Parking for team busses and vans will be in the Jervey parking lot. There will be **NO** athlete drop off.

Warm-up Procedure:

- All warm ups will need to take place on the Outdoor Track.

Athlete Check In:

- Check in for Running and Field events will be at the **Finish Line** at the Outdoor Track.
- Athletes must have their spikes checked prior to event check in.

Track Athlete Check In:

- Athletes must check in **at least 30 minutes prior to the event.**
- Athletes not checked in by this time will be scratched from the event.
- Athletes must be in the clerking area 15 minutes prior to the scheduled start time where they will be escorted into the Indoor Track.
- Once inside, athletes will be taken to the **Final Check in area** where they will be able to take off their warm ups and change into their spikes.
- Baskets will be provided for warm ups.
- Athletes will be escorted off the track and out of the building at the conclusion of each heat.

Field Athlete Check In:

- Field Athletes must check in outside **at least 60 minutes prior to the event.**
- Pole Vault must check in outside **at least 120 minutes prior to the event.**
- Athletes not checked in by these times will be scratched from the event.
- Athletes will then be given a report back time where they then will be escorted to their competition area.
- Athletes will be escorted out of the building at the conclusion of their event.

Coaches:

- Coaches are permitted to be inside the Indoor Track when their athletes are competing.
- Coaches will be able to coach from any area on the outside of the track. There will be **NO** coaches box on the infield.

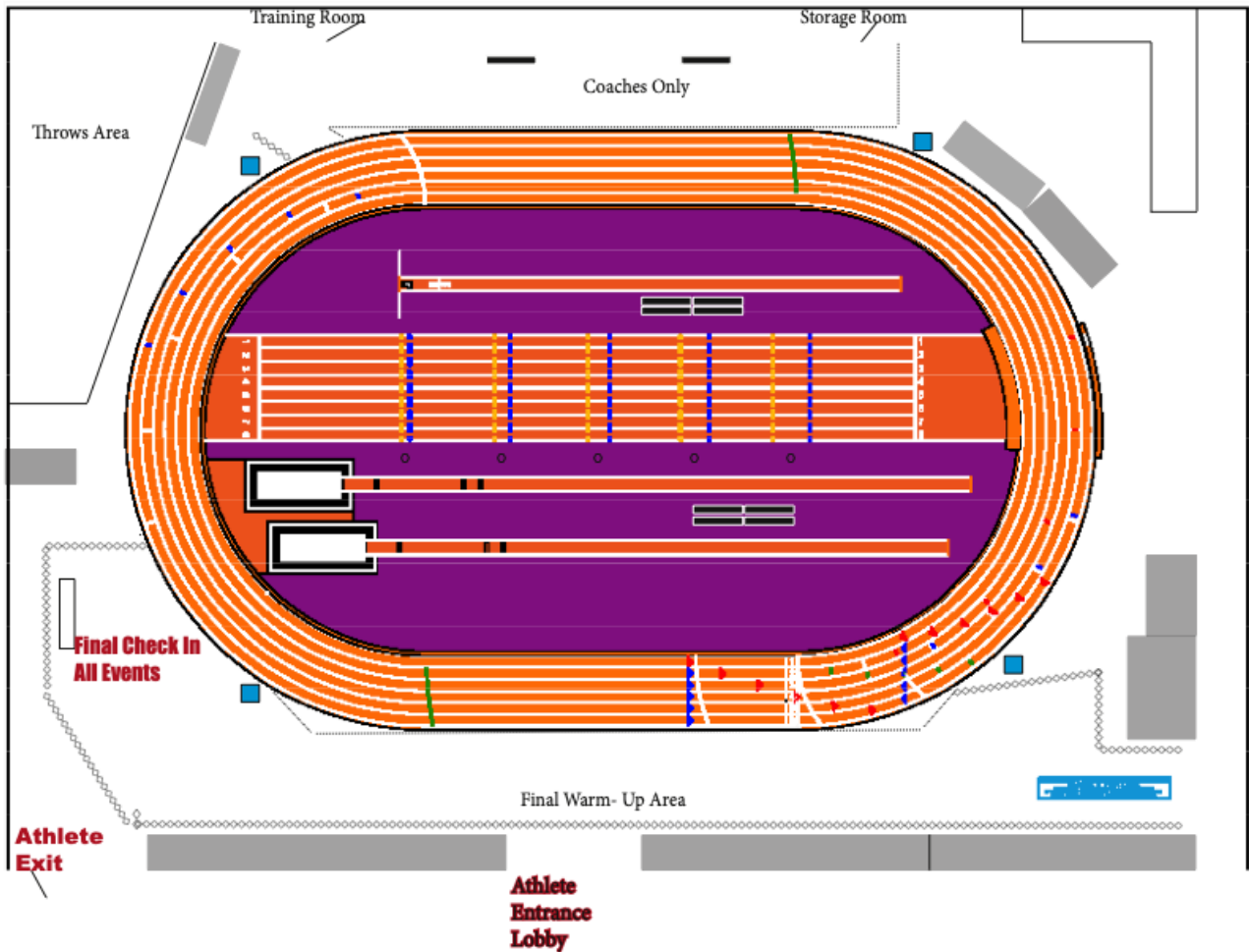
Medical Facilities:

- Teams will set up their own medical under their team designated tent.
- There will be NO medical set up allowed on the Indoor Track, however, trainers will be allowed to go in the Indoor Facility while their athletes are competing.
- There will be 20x40 Medical tent on the Outdoor Track, under the score board, for general medical needs provided by Clemson.
- A 20x20 tent adjacent to the East side of the Indoor building will be used only for emergency purposes during competition.

- For questions please contact Amanda Taylor, ATC, (843) 754 – 3835 or ataylo8@clermson.edu

Dressing Room / Shower Facilities:

There are no dressing room / shower facilities available to teams. Please plan accordingly.





COVID TESTING:

- For the week prior to the track meet, non-conference opponents will need one PCR test for student-athletes, coaches and close support staff.
- For the week of the track meet, non-conference institution will need one PCR test for student-athletes, coaches and close support staff **within three (3) calendar days of the first competition of the week.**
- If a non-conference opponent tests 48 hours after the meet and they have a positive, they must notify our team doctor.
- An ACC Attestation form for non-Conference Teams will be sent out to participating non-conference teams. The form must be filled out send to us by 6 PM the day before competition.

Running Events:

- There will be Prelims in the 60m Hurdles and the 60m Dash.
- Preferred lanes: (Straightaway) 4-5-3-6-2-7-1-8 (Oval) 5-6-4-3-2-1.
- All other running events will be run in sections based on time.
- Heats will be seeded according to submitted times on directathletics.com.
- These entries will be checked on TFRRS to verify at will by meet management.
- The fastest sections will be run first. Meet management reserves the right to adjust heats as necessary.

Field Events:

- There will be Prelims & Finals in the horizontal jumps & throwing events.
- Each athlete will get 3 attempts in the preliminary rounds, with the top 9 advancing to the finals.
- They will receive 3 additional attempts in the final.

Pole Vault Pole Drop Off:

- Poles can be dropped off after temperature check and event check in.

Implement Weigh-In:

- The weigh-in area is on the South side doors by the throws area.
- TBD

For questions please contact Vicky Pounds: (406) 830– 5208 or vpounds@Clemson.edu
Please continue to check Clemson Track and Field website for any updates in meet information
and final schedules.

<http://clemsontigers.com/home-meets/>