



## STUDENT-ATHLETE DEVELOPMENT

Clemson Student-Athlete Development is dedicated to the holistic development of student-athletes to propel them toward success at Clemson and in life through career development, community service and outreach, leadership development, and personal enhancement and responsibility.

### PROFESSIONAL DEVELOPMENT AND CAREER PREPARATION

#### Freshman Year

- Core Values Workshop
- Etiquette Dinner
- Individual Advising

#### Junior Year

- Professional Fashion Show
- Tiger 'Pro' Day
- Individual Advising

#### UPIC: Beyond the Game

70 Student-Athletes Per Year  
Professional Development  
160 Hour Internship

#### Sophomore Year

- Interview Preparation
- Individual Advising

#### Senior Year

- Athlete Identity Transition
- Tiger 'Pro' Day
- Financial Literacy
- Individual Advising



### TIGER LEADERSHIP ACADEMY

*creating leaders in sport and life*

The Tiger Leadership Academy is a three-year program designed to enhance student-athletes' leadership abilities and increase their effectiveness on their teams. Students participate in leadership activities, self-reflection, and service projects to gain personal development skills to enhance team culture, promote high performance, and prepare them for success in life.

### TIGER LEADERSHIP ACADEMY

#### YEAR ONE

##### The Leader in YOU

- Increase self-awareness through personal evaluation
- Learn the attributes of great leaders
- Examine your unique leadership style

#### YEAR TWO

##### Leading Your TEAM

- Apply your leadership skills to enhance your team culture
- Create a foundation of trust on your team
- Learn to communicate more effectively

#### YEAR THREE

##### Leadership in LIFE

- Apply leadership from sport to your professional career
- Gain mentorship from industry professionals
- Maximize your team leadership skills



*"I believe I have found myself and I have found the kind of leader that I am and the way I can exemplify myself as a leader and express those to my teammates, classmates and teachers."*  
- Seth Beer, Baseball

*"I feel comfortable being a more vocal person among my teammates. I also feel my servant leadership has gotten better as I've learned to be confident in others."*  
- Clelin Ferrell, Football

## COMMUNITY OUTREACH AND SERVICE

Student-athletes aim to complete at least ten hours of service per year and two entire team events. Outreach projects are aligned with student-athletes' passions to enhance their opportunities at Clemson and after college.

### *Ongoing Service Projects:*

- Athletic Department Built Habitat for Humanity House
- ClemsonLIFE
- Greenville Hospital Visits
- Local Organizations
- Paw Pals Mentorship
- TIGER Reads
- Palmetto Series Canned Food Drive
- Scout Day
- Be A T.I.G.E.R. Field Day



### *2019-2020 Goals*

- 6,500 total service hours
- 100% of student-athletes engaged in community service
- Every team completes a Habitat for Humanity build
- Every team hosts a ClemsonLIFE Clinic
- International and domestic service trips



## PERSONAL DEVELOPMENT AND RESPONSIBILITY

Student-Athlete Development is committed to creating healthy, well-rounded student-athletes. The staff facilitates and creates programming to support student-athletes in all aspects of life.

### *Topics include:*

- Diversity and Inclusion
- Mental Health and Wellness
- Healthy Relationships
- Positive Transitions
- Personal Branding



### *Tigers unite*

- Female Student-Athletes
- Male Student-Athletes
- International Athletes
- Student-Athletes of Color
- Injured Student-Athletes
- Athlete Ally

## SAAC

### STUDENT-ATHLETE ADVISORY COMMITTEE

The Student-Athlete Advisory Committee (SAAC) is the voice of Clemson student-athletes. SAAC acts as the link between the student-athlete body and Clemson's athletic administration, the ACC, and the NCAA.



### *What does SAAC do?*

- **Addresses** concerns and suggestions
- **Advocates** for student-athlete well-being to enhance their experience
- **Interprets** NCAA regulations directly impacting student-athletes
- **Creates** a fun atmosphere by planning events
- **Supports** fellow athletes
- **Bridges** the gap with the entire student body