

The background of the page features a large, stylized paw print logo. The paw print is composed of five distinct pads, each filled with a light orange color and outlined with a thin, light purple border. The pads are arranged in a natural paw print pattern, with three pads in the top row and two in the bottom row.

# ***Clemson Tiger Paw Invitational***

***Friday & Saturday, February 14<sup>th</sup> & 15<sup>th</sup>, 2020***

***Clemson University Indoor Track – Clemson, SC***





**Clemson Tiger Paw Invitational**  
**Friday & Saturday, February 14<sup>th</sup> & 15<sup>th</sup> 2020**  
**Clemson, South Carolina**

**Entry Information:**

**Teams Attending:** Clemson, Duke, Virginia, Kentucky, Southern Cal, Texas, Florida St, Houston, UCF, Miami, Penn St, GT, Tennessee, Miss St, Wake Forest, Harvard, Ohio St, Texas A&M, UNC, Florida, Michigan, U Penn, USC, Auburn

**Entry Process:** [www.directathletics.com](http://www.directathletics.com)

**Entry Deadline:** Monday, February 10<sup>th</sup>, 2020 at Noon EST

**Team Entry Fee:** \$750 per Gender.

**Individual Entry Fee:** \$50 per Person entered – for those teams that enter less than 14 athletes.

**You will be able to pay via credit card.**

<http://bit.ly/TigerPawTeam> - Tiger Paw Team Registration

<http://bit.ly/TigerPawIndividual> - Tiger Paw Individual Registration

We will only accept credit card payments or checks for this meet- **NO CASH.**

**Packet Pick Up & Information:**

Thursday, February 13<sup>th</sup> from 5:00 pm – 8:00 pm

Friday, February 14<sup>th</sup> from 9:00 AM- 11:00 AM

Packets can be picked up at the concession stand in the lobby. They will include Coaches and Trainer Credentials along with Athlete wristbands. Wristbands will be issued to competing athletes for access to warm-up area, team seating, and trainers' area. Each team will receive 8 Coaches Credentials and 2 Trainer Credentials; the coaches' area on the backstretch is limited to coaches and trainers only.

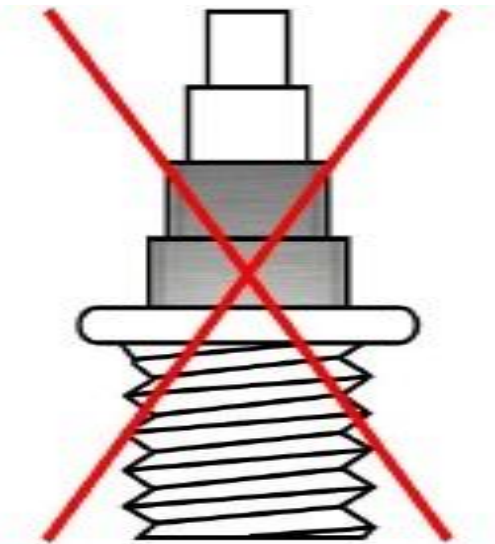
**Spike Information:**

**Athletes will NOT compete if they do not comply with these rules:**

¼" Pyramid Spikes ONLY – this will be strictly enforced.

No permanent spike shoes allowed.

All spikes must be checked and zip tied at the Team Entrance.  
Spikes will be checked for the appropriate zip tie color to be allowed into the Clerking Area.



**NO**  
**Christmas**  
**Tree Spike**  
**Pins**



**1/4"**  
**Pyramid**  
**"Cone Shape"**  
**Only**



**NO**  
**Needle**  
**Spike**  
**Pins**

**Shoes with permanent spikes are prohibited.**

**All Spikes need to be checked and tagged at initial spike check and at check- in for your event. Anyone with the wrong spikes will be disqualified from the meet and puts your team in jeopardy for returning for future meets.**



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**Clemson, South Carolina**

**Practice Times Thursday**

Track 5:00 pm – 8:00 pm  
Weight 5:00 pm- 6:30 pm  
Shot- 6:30 pm-8:00 pm

\*\*\***Only Clemson Hurdles** are allowed under the covered warmup tent. Please do not bring your own hurdles. \*\*\*

**Bus Drop Off/Team Parking:**

Team busses and vans will be able to drop off next to the Indoor Track Facility and then park in Jervey Meadows.

**Warm-up Procedure:**

All warm ups will need to take place on the Outdoor Track (Weather Permitting).

- Athletes will be able to use the indoor warm up area 45 minutes prior to their event.
- Athletes in the 60m Hurdles & 60m Dash will be allowed on the straightaway 30 minutes prior to the start of their event – NO EARLIER.

**Athlete Check In:**

Check in for Running Events is located at the start of the homestretch - near the rollup door.  
Check in for Field Events is located at the event site.

1. Athletes must check in **at least 30 minutes prior to the event.**  
\* Athletes not checked in by that time will be scratched from the event.
2. Athletes must have your spikes checked prior to event check in.
3. Athletes must be in the clerking area 15 minutes prior to the scheduled start time.

**Medical Facilities:**

The indoor track facility is equipped with an Athletic Training Center located on the west side of the backstretch. This facility will be open for the duration of the meet. All visiting trainers will have assigned spots on the adjacent corner from the training room on the east side of the Indoor facility. Power will be available.

For questions please contact Amanda Taylor, ATC, (843) 754 – 3835 or [ataylo8@clermson.edu](mailto:ataylo8@clermson.edu)

**Dressing Room / Shower Facilities:**

There are no dressing room / shower facilities available to teams. Please plan accordingly.



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**Clemson, South Carolina**

**Running Events:**

There will be Prelims in the 60m Hurdles and the 60m Dash.

Preferred lanes: (Straightaway) 4-5-3-6-2-7-1-8 (Oval) 5-6-4-3-2-1.

All other running events will be run in sections based on time. Heats will be seeded according to submitted times on [directathletics.com](http://directathletics.com). These entries will be checked on TFRRS to verify at will by meet management. The fastest sections will be run first. Meet management reserves the right to adjust heats as necessary.

**Field Events:**

There will be Prelims & Finals in the horizontal jumps & throwing events. Each athlete will get 3 attempts in the preliminary rounds, with the top 9 advancing to the finals. They will receive 3 additional attempts in the final.

**Implement Weigh-In**

The weigh-in area is next to the throwing cage.

Friday, February 14<sup>th</sup> from 12:30 pm – 2:30 pm for the Shot Put.

Saturday, February 15<sup>th</sup> from 9:00 am – 11:00 am for Weight

For questions please contact Vicky Pounds: (406) 830–5208 or [vpounds@Clemson.edu](mailto:vpounds@Clemson.edu)

**Please continue to check Clemson Track and Field website for any updates in meet information and final schedules.**

<http://clemsontigers.com/home-meets/>





Training Room

Storage Room

Coaches Only

Throws Area

Team Seating

Team Seating

Team Seating

Final Warm- Up Area

Spectator Seating

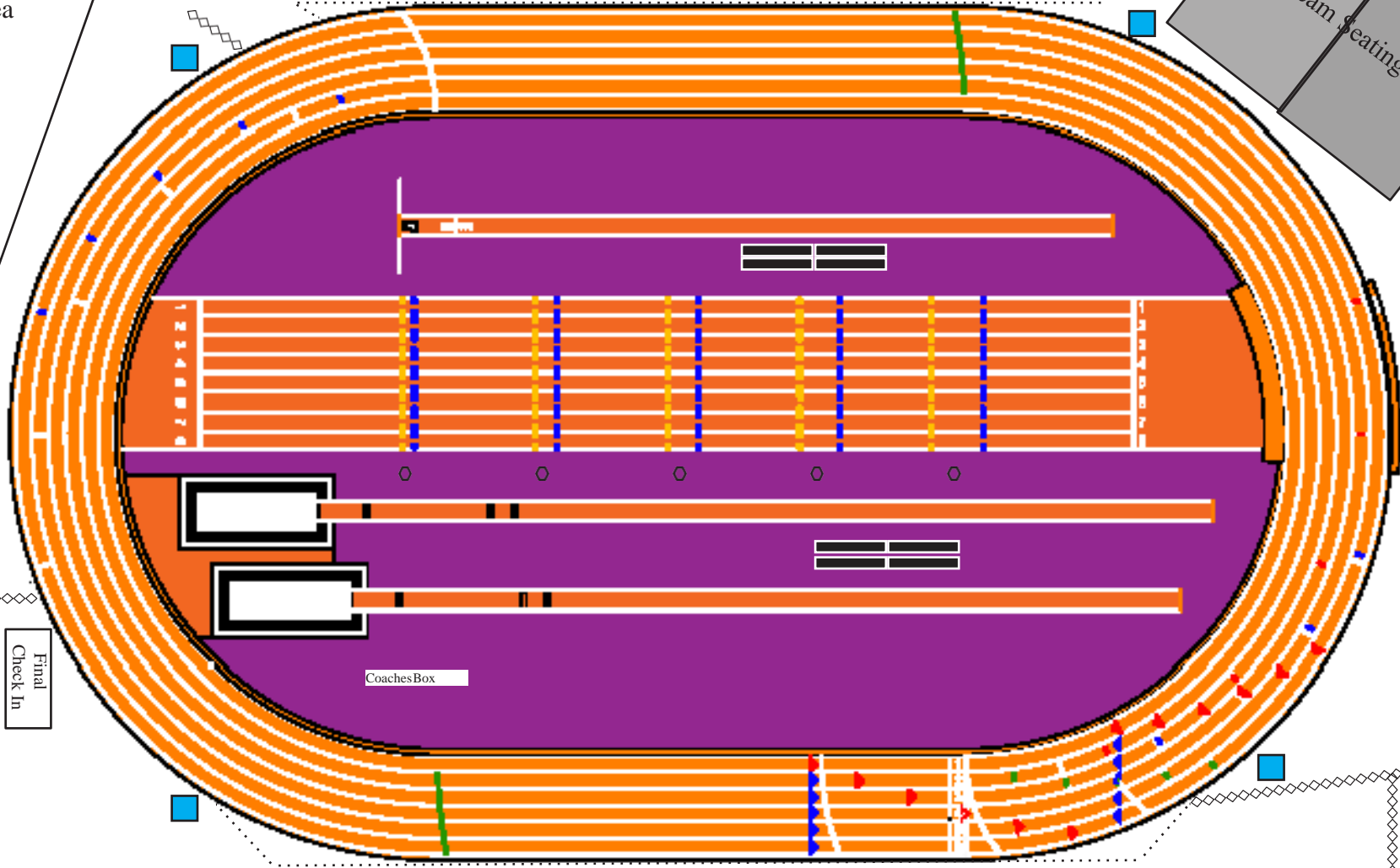
Spectator Seating

Team Seating

Spike Check

Athlete Entrance

◇◇◇◇◇◇◇◇◇◇ Metal Barricade  
————— Rope Barrier



**2020 Clemson Tiger Paw Invitational**  
**February 14<sup>th</sup> – 15<sup>th</sup>, 2020**

TEAMS: Clemson,

**Tentative Schedule:**

**FRIDAY FIELD**

2:30PM	Women	Long Jump	Trials & Final
2:30PM	Women	Weight Throw	Trials & Final
2:30PM	Women	Pole Vault	Final
4:30PM	Men	Long Jump	Trials & Final
4:30 PM	Men	Weight Throw	Trials & Final

**FRIDAY TRACK**

12:00 PM	Women	60M Hurdles	Qualifying
12:50 PM	Men	60M Hurdles	Qualifying
1:30PM	Women	60M Dash	Qualifying
2:15PM	Men	60M Dash	Qualifying
2:30PM	Women	5000M Run	Final
3:00PM	Women	60M Hurdles	Semi-Final
3:15PM	Men	5000M Run	Final
3:40PM	Men	60M Hurdles	Semi-Final
3:55PM	Women	Mile Run	Sections vs. Time
4:20PM	Women	60M Dash	Semi-Final
4:35PM	Men	Mile Run	Sections vs. Time
5:00PM	Men	60M Dash	Semi-Final
5:15PM	Women	400M Run	Sections vs. Time
5:55PM	Women	60M Hurdles	Final
6:00PM	Men	60M Hurdles	Final
6:10PM	Men	400M Run	Sections vs. Time
6:55PM	Women	60M Dash	Final
7:00PM	Men	60M Dash	Final
7:10PM	Women	Distance Medley Relay	Final
7:25PM	Men	Distance Medley Relay	Final

**SATURDAY FIELD**

11:00 AM	Women	Shot Put	Trials & Final
11:00 AM	Women	High Jump	Trials & Final
11:00 AM	Women	Triple Jump	Final
12:00 PM	Men	Pole Vault	Final
1:30PM	Men	Triple Jump	Final
1:30PM	Men	Shot Put	Trials & Final
1:30 PM	Men	High Jump	Trials & Final

**SATURDAY TRACK**

12:00 PM	Women	800M Run	Sections vs. Time
12:20 PM	Men	800M Run	Sections vs. Time
12:40 PM	Women	200M Dash	Sections vs. Time
1:20 PM	Men	200M Dash	Sections vs. Time.
1:50PM	Women	3000M Run	Sections vs. Time
2:10PM	Men	3000M Run	Sections vs. Time
2:30PM	Women	4x400m Relay	Sections vs. Time
3:00PM	Men	4x400m Relay	Sections vs. Time