



# NCAA Division I Southeast Regional

Panorama Farms  
Earlysville, VA - University of Virginia  
November 15, 2019



## Women's 6k

PI	Athlete Name		Affiliation	2k	2k PI	+/-	5k	5k PI	+/-	Time	Pts
1	Elly Henes	SR	NC State	6:39.8	6	▲5	16:50.7	1	—	19:48.9	1
2	Gabrielle Jennings	SR	Furman	6:39.5	1	▼1	16:51.1	2	—	19:55.0	2
3	Savannah Carnahan	SR	Furman	6:39.7	4	▼1	16:52.3	5	▲2	20:02.5	3
4	Kelsey Chmiel	FR	NC State	6:39.7	4	—	16:51.4	4	—	20:02.6	4
5	Hannah Steelman	JR	Wofford	6:39.6	2	▼1	16:51.3	3	▼2	20:08.1	5
6	Julia Zachgo	JR	NC State	6:46.2	25	▲16	17:11.5	9	▲3	20:12.5	6
7	Sara Freix	SR	Virginia Tech	6:40.2	10	▲3	17:05.1	7	—	20:14.5	7
8	Ivine Chemutai	SO	Louisville	6:39.6	2	▼6	17:05.2	8	—	20:18.8	
9	Paige Hofstad	JR	North Carolina	6:40.9	15	▲5	17:11.6	10	▲1	20:20.8	8
10	Famke Heinst	JR	High Point	6:39.8	6	—	16:58.0	6	▼4	20:21.2	9
11	Michaela Reinhart	JR	Duke	6:41.4	17	▲5	17:13.0	12	▲1	20:28.8	10
12	Kristlin Gear	JR	Furman	6:41.4	17	▲3	17:18.1	14	▲2	20:29.0	11
13	Kyra Lopez	SR	Virginia Tech	6:42.1	19	▲8	17:12.2	11	▼2	20:29.1	12
14	Samantha Halvorsen	SR	Wake Forest	6:40.5	12	▼1	17:13.1	13	▼1	20:30.9	13
15	Sarah Edwards	SR	Virginia Tech	6:41.0	16	▼4	17:27.3	20	▲5	20:35.8	14
16	Emma Grace Hurley	SR	Furman	6:39.8	6	▼11	17:26.4	17	▲1	20:37.5	15
17	Logan Morris	JR	Clemson	6:45.6	24	▲6	17:26.6	18	▲1	20:38.6	16
18	Sara Platek	SO	Duke	6:43.0	20	▲1	17:27.2	19	▲1	20:44.2	17
19	Mariah Howlett	FR	NC State	6:40.6	13	▼3	17:25.0	16	▼3	20:46.9	18
20	Savannah Shaw	SO	NC State	6:45.5	23	▲2	17:31.8	21	▲1	20:48.2	19
21	Violah Seromot	FR	Eastern Kentucky	6:40.3	11	▼4	17:24.5	15	▼6	20:51.4	20
22	Elizabeth Brush	JR	Virginia Tech	6:49.1	32	▲5	17:40.0	27	▲5	20:53.3	21
23	Madeline Rehm	FR	Wake Forest	6:50.7	45	▲17	17:40.7	28	▲5	20:54.9	22
24	Isabel Zimmermann	JR	NC State	6:48.5	29	▲7	17:32.8	22	▼2	20:56.2	23
25	Gabby Karas	SO	Virginia	6:51.2	48	▲22	17:39.9	26	▲1	20:56.8	24
26	Calli Parlier	SO	Liberty	6:54.9	55	▲26	17:42.1	29	▲3	20:57.5	25
27	Johanna Schulz	SR	Wake Forest	6:45.0	22	▼1	17:33.3	23	▼4	21:00.0	26
28	Scolasticah Kemei	SR	Elon	6:40.0	9	▼16	17:34.8	25	▼3	21:05.9	27
29	Helen Williams	SO	Duke	6:59.2	73	▲39	17:47.1	34	▲5	21:06.0	28
30	Zoe Geis	SR	High Point	6:50.1	41	▲2	17:51.8	39	▲9	21:07.7	29
31	Elise Wright	SO	Wake Forest	6:40.6	13	▼11	17:33.6	24	▼7	21:07.9	30
32	Mady Clahane	JR	North Carolina	6:50.0	40	▲4	17:50.8	36	▲4	21:08.7	31
33	Sophie Carrier	SO	Kentucky	6:48.9	31	—	17:45.0	31	▼2	21:09.7	32
34	Chandler Horton	SO	Charlotte	6:49.5	36	▲6	17:43.8	30	▼4	21:10.5	33
35	Samantha Bush	FR	NC State	6:48.1	26	▼14	17:51.9	40	▲5	21:12.0	34
36	Alex Morris	FR	North Carolina	6:48.3	28	▼4	17:45.8	32	▼4	21:12.8	35
37	Caroline Inman	SO	Charleston South	6:56.9	64	▲31	17:47.0	33	▼4	21:13.4	36
38	Erin Edmundson	SR	North Carolina	6:55.3	57	▲15	17:52.5	42	▲4	21:14.0	37
39	Hannah Moran	JR	Virginia	6:49.6	38	—	17:51.6	38	▼1	21:14.1	38



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40	Lindsay Billings	SR	Duke	6:49.4	34	▼1	17:48.9	35	▼5	21:16.1	39
41	Anna Stoddard	SR	South Carolina	6:50.3	42	▼4	17:55.8	46	▲5	21:16.5	40
42	Bailey Beery	JR	Louisville	6:49.7	39	▼2	17:52.2	41	▼1	21:17.4	
43	Maria Ahm	FR	Elon	7:06.2	96	▲48	17:56.6	48	▲5	21:17.8	41
44	Hannah Brookover	SR	Wake Forest	6:48.8	30	▼15	17:55.3	45	▲1	21:18.1	42
45	Kiera Bothwell	JR	Virginia	6:52.0	49	▲12	17:51.0	37	▼8	21:18.3	43
46	Heather Stone	JR	South Carolina	6:55.4	58	▲11	17:56.3	47	▲1	21:19.3	44
47	Kaitlyn Lacy	SO	Kentucky	6:49.2	33	▼16	17:58.2	49	▲2	21:21.6	45
48	Amy Harding-Delooze	FR	Wake Forest	6:51.0	46	▲3	17:52.6	43	▼5	21:22.3	46
49	Melissa Anastasakis	SR	Elon	7:08.3	102	▲51	18:00.5	51	▲2	21:22.7	47
50	Carina Garcia	JR	George Mason	6:52.6	50	▼3	18:02.7	53	▲3	21:23.2	48
51	Charlotte Kowalk	SR	William & Mary	6:56.4	60	▼3	18:11.7	63	▲12	21:25.0	49
52	Emma Rogers	FR	William & Mary	7:01.4	81	▲29	18:01.6	52	—	21:26.1	50
53	Emmeline Fisher	JR	North Carolina	6:57.3	65	▲8	18:06.7	57	▲4	21:27.9	51
54	Grace Dwyer	SR	Furman	6:49.5	36	▼14	17:58.5	50	▼4	21:29.0	52
55	Alina Rovnak	FR	Charlotte	7:02.1	84	▲22	18:10.9	62	▲7	21:29.4	53
56	Laura Taborda	FR	Eastern Kentucky	7:00.1	78	▲20	18:07.2	58	▲2	21:30.4	54
57	Emma Kuntz	JR	Furman	6:51.1	47	▼20	18:14.7	67	▲10	21:30.6	55
58	Bridget Abbatiello	SR	Charlotte	6:56.5	61	▲1	18:08.2	60	▲2	21:31.5	56
59	Tessa Webb	FR	High Point	6:56.7	62	▲6	18:05.8	56	▼3	21:33.7	57
60	Morgan Ilse	SR	North Carolina	6:44.6	21	▼23	17:54.2	44	▼16	21:34.6	58
61	Nuria Tillo-Prats	SR	East Carolina	7:04.2	91	▲36	18:05.1	55	▼6	21:35.3	59
62	Leigha Torino	SO	Duke	6:50.3	42	▼19	18:09.3	61	▼1	21:37.0	60
63	Meredith Helton	SO	Wake Forest	6:54.8	54	▼5	18:07.8	59	▼4	21:37.3	61
64	Lindsey Butler	FR	Virginia Tech	6:57.4	66	▼6	18:21.2	72	▲8	21:39.8	62
65	Izzy Evelyn	SO	App State	6:59.5	74	▲9	18:14.0	65	—	21:40.2	63
66	Emily Lane	JR	Furman	6:54.2	51	▼15	18:14.5	66	—	21:41.1	64
67	Lisha Van Onselen	JR	Coastal Carolina	7:03.1	88	▲19	18:15.9	69	▲2	21:45.0	
68	Grace Boone	FR	Virginia Tech	7:01.0	79	▲6	18:23.1	73	▲5	21:45.2	65
69	Priscillah Kiplagat	FR	Liberty	7:09.8	105	▲31	18:23.6	74	▲5	21:46.0	66
70	Perri Bockrath	SO	Kentucky	6:48.1	26	▼28	18:04.0	54	▼16	21:47.6	67
71	Hanna Twine	FR	South Carolina	6:56.0	59	▼9	18:15.8	68	▼3	21:47.9	68
72	Helena Lindsay	SO	Virginia	6:54.6	52	▼19	18:20.4	71	▼1	21:49.0	69
73	Jenna Gearing	JR	Clemson	7:02.7	87	▼1	18:31.6	88	▲15	21:49.4	70
74	Johanna Lupica	SO	Richmond	6:57.6	67	▼3	18:17.7	70	▼4	21:50.1	71
75	Hannah Preeo	SO	Elon	7:13.8	119	▲44	18:24.1	75	—	21:51.4	72
76	Rachel Boice	SO	Kentucky	6:58.5	69	▼11	18:26.7	80	▲4	21:51.6	73
77	Kaylie Kenne	FR	Kentucky	6:49.4	34	▼30	18:13.4	64	▼13	21:51.8	74
78	Mikayla Richardson	SR	Virginia Tech	7:03.1	88	▲5	18:28.7	83	▲5	21:52.7	75
79	Olivia Sargent	JR	Virginia	6:56.8	63	▼13	18:24.8	76	▼3	21:53.8	76
80	Morgan Wittrock	SR	Clemson	7:02.2	85	▲6	18:26.5	79	▼1	21:54.4	77
81	Emma Bower	SO	Liberty	7:10.2	108	▲24	18:28.9	84	▲3	21:55.2	78



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82	Mikie Harris	JR	Clemson	7:03.6	90	▲5	18:29.0	85	▲3	21:57.0	79
83	Emily Cole	FR	Duke	6:50.6	44	▼34	18:26.4	78	▼5	21:57.3	80
84	Madisyn Peeples	JR	Kentucky	6:59.1	72	▼9	18:28.5	81	▼3	21:59.1	81
85	Kylee Frady	SO	App State	7:05.6	92	▲6	18:29.7	86	▲1	21:59.9	82
86	Lauren Finikiotis	JR	William & Mary	6:58.9	71	▼6	18:26.0	77	▼9	22:01.2	83
87	Amelia Jones	JR	Clemson	7:08.9	104	▲14	18:33.1	90	▲3	22:01.2	84
88	India Godlock	JR	UNC-Greensboro	7:01.6	82	▼5	18:30.2	87	▼1	22:03.7	85
89	Lindsey Trotter	SR	Western Carolina	7:09.9	106	▲15	18:33.4	91	▲2	22:03.9	
90	Lize Botha	SR	Campbell	7:16.3	130	▲37	18:37.3	93	▲3	22:05.0	
91	Caitlin Shepard	SR	Kentucky	7:02.2	85	▲3	18:28.6	82	▼9	22:05.3	86
92	Rachel Snyder	SR	William & Mary	7:18.9	146	▲42	18:45.4	104	▲12	22:06.3	87
93	Kathryn Anderson	SO	UNC-Greensboro	7:18.7	144	▲52	18:36.2	92	▼1	22:06.9	88
94	Brittany Carnathan	SO	Liberty	7:13.8	119	▲21	18:41.1	98	▲4	22:08.2	89
95	Kassidy Dill	JR	UNC-Greensboro	7:18.9	146	▲43	18:44.5	103	▲8	22:10.7	90
96	Maddie Rennyson	SO	Virginia	7:01.2	80	▼29	18:46.1	109	▲13	22:10.8	91
97	Claire Brown	SR	Richmond	6:58.7	70	▼32	18:43.8	102	▲5	22:12.1	92
98	Laura Webb	FR	James Madison	7:13.2	116	▲21	18:40.0	95	▼3	22:12.8	93
99	Olivia Paxton	JR	William & Mary	7:08.0	100	▲6	18:38.7	94	▼5	22:13.3	94
100	Liz Sauder	SO	Clemson	7:07.7	99	▼15	18:47.3	114	▲14	22:13.5	95
101	Natalie Abernathy	FR	Davidson	7:15.2	126	▲18	18:46.0	108	▲7	22:14.0	96
102	Grace Kilroy	FR	Eastern Kentucky	7:10.3	109	▲12	18:40.8	97	▼5	22:14.6	97
103	Jenna Strange	FR	East Carolina	7:13.7	118	▲7	18:46.3	111	▲8	22:15.9	98
104	Ave Grosenheider	SR	Richmond	7:06.0	95	▼1	18:40.6	96	▼8	22:16.2	99
105	Caitlin Swanson	JR	James Madison	7:16.6	133	▲34	18:41.4	99	▼6	22:17.8	100
106	Claire Strickler	JR	Clemson	7:05.6	92	▼9	18:42.8	101	▼5	22:18.0	101
107	Rachel Millirons	FR	Radford	7:15.4	127	▲15	18:46.5	112	▲5	22:18.3	102
108	Mikayla Stoudt	SR	East Carolina	7:16.9	134	▲34	18:41.9	100	▼8	22:18.4	103
109	Lila Peters	FR	App State	7:19.6	153	▲41	18:46.5	112	▲3	22:18.8	104
110	Maddie Hunter	SR	Davidson	7:08.6	103	▼16	18:55.5	119	▲9	22:20.9	105
111	Taylor Jones	SO	William & Mary	7:16.9	134	▲9	19:00.0	125	▲14	22:21.4	106
112	Sarah Venable	SR	App State	6:59.5	74	▼15	18:31.9	89	▼23	22:22.1	107
113	Megan Cole	FR	Northern Kentucky	7:15.1	124	▲18	18:45.7	106	▼7	22:23.4	108
114	Naomi Armstrong	SO	Liberty	7:18.8	145	▲17	19:00.3	128	▲14	22:24.0	109
115	Lily Snow	FR	Richmond	6:59.7	77	▼38	18:51.9	115	—	22:24.9	110
116	Judith White	SR	VCU	7:15.9	128	▲11	18:53.9	117	▲1	22:25.4	111
117	Taryn Schoen	JR	Wofford	7:16.9	134	▲16	18:54.6	118	▲1	22:26.1	112
118	Brooke Manion	SO	James Madison	7:23.0	171	▲44	19:00.2	127	▲9	22:26.2	113
119	Jamie Anderson	SO	Liberty	7:10.6	111	▲6	18:45.6	105	▼14	22:26.3	114
120	Alyssa Ungrady	JR	Charlotte	7:10.8	113	▲7	18:45.7	106	▼14	22:27.1	115
121	Ashley Brown	SR	VCU	7:10.6	111	▼5	18:52.2	116	▼5	22:28.6	116
122	Hillary Neely	FR	South Carolina	7:01.9	83	▼26	18:46.1	109	▼13	22:29.4	117
123	Jenna Newman	FR	Charlotte	7:17.9	140	▲5	19:03.4	135	▲12	22:29.4	118



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124	Elizabeth Reneau	SO	Duke	7:05.6	92	▼28	18:56.4	120	▼4	22:29.8	119
125	Lindsay Yentz	SO	East Carolina	7:19.1	148	▲14	19:02.7	134	▲9	22:30.0	120
126	Anouk Van Gils	FR	Eastern Kentucky	7:20.7	157	▲27	19:00.5	130	▲4	22:30.2	121
127	Anna George	FR	Richmond	7:13.5	117	▼9	19:00.1	126	▼1	22:30.2	122
128	Sarah Sandreuter	FR	App State	7:24.7	177	▲53	18:59.0	124	▼4	22:31.6	123
129	Kristen Cherry	SO	Col. of Charleston	7:24.8	178	▲38	19:07.1	140	▲11	22:32.4	124
130	Cate Ambrose	JR	Col. of Charleston	7:16.0	129	▼2	19:00.9	131	▲1	22:32.8	125
131	Elizabeth Harding	FR	North Carolina	7:06.5	97	▼23	18:56.4	120	▼11	22:34.0	126
132	Lindsey Ickes	SO	High Point	7:14.6	122	▼6	19:00.3	128	▼4	22:34.3	127
133	Shelby Watkins	SR	Morehead State	7:09.9	106	▼16	18:56.7	122	▼11	22:35.4	128
134	Laila Aljanabi	FR	Charlotte	7:17.4	138	▲15	18:57.7	123	▼11	22:36.0	129
135	Maggie Springer	FR	Elon	7:21.0	159	▲18	19:08.0	141	▲6	22:36.8	130
136	Madeleine Hesler	FR	James Madison	7:21.5	164	▲32	19:01.2	132	▼4	22:36.9	131
137	Harper Henson	SR	Winthrop	7:26.5	189	▲56	19:02.4	133	▼4	22:37.1	
138	Taylor Barnes	JR	Charleston Southc	7:26.2	187	▲51	19:04.2	136	▼2	22:38.2	132
139	Sommer McKenzie	SR	Wofford	7:17.5	139	▲2	19:05.5	137	▼2	22:39.0	133
140	Julia Hellman	JR	High Point	7:10.5	110	▼34	19:09.0	144	▲4	22:43.7	134
141	Annsley Eckert	JR	Radford	7:12.8	115	▼31	19:09.5	146	▲5	22:44.1	135
142	Sydnee Mangette	SO	Northern Kentucky	7:22.0	166	▲28	19:06.0	138	▼4	22:44.6	136
143	Kayla Connelly	JR	James Madison	7:15.1	124	▼15	19:06.6	139	▼4	22:46.2	137
144	Megan Keady	FR	James Madison	7:18.2	142	▼5	19:10.4	147	▲3	22:46.6	138
145	Jeanne Charat Reix	SO	Eastern Kentucky	7:19.9	155	▲12	19:08.6	143	▼2	22:46.9	139
146	Siena Gates	SO	Western Carolina	7:20.4	156	▲6	19:14.1	150	▲4	22:49.6	
147	Caroline Robelen	JR	Richmond	7:08.2	101	▼57	19:16.8	158	▲11	22:49.7	140
148	Olive Allen	FR	High Point	7:14.3	121	▼34	19:15.4	155	▲7	22:50.3	141
149	Paige McKinney	SR	Davidson	7:26.3	188	▲28	19:18.7	160	▲11	22:51.2	142
150	Sarah Richart	SR	George Mason	7:19.4	152	▲10	19:08.2	142	▼8	22:51.5	143
151	Courtney Kerr	SR	High Point	7:19.3	151	▼2	19:15.0	153	▲2	22:51.7	144
152	Reyna Vazquez-Miller	FR	VCU	7:21.2	162	▲8	19:15.1	154	▲2	22:53.0	145
153	Alexis McDonnell	FR	Davidson	7:29.9	197	▲40	19:16.6	157	▲4	22:53.5	146
154	Natalie Richardson	SR	App State	7:25.0	180	▲24	19:15.6	156	▲2	22:54.2	147
155	Olivia Esselman	SO	Winthrop	7:26.8	191	▲29	19:19.6	162	▲7	22:56.6	
156	Maryah Nasir	SO	South Carolina	6:59.6	76	▼73	19:13.5	149	▼7	22:56.6	148
157	Shanley Koekemoer	SO	Campbell	7:07.0	98	▼50	19:12.9	148	▼9	22:57.3	
158	Makennah Mills	SO	Charleston Southc	7:25.6	185	▲19	19:22.7	166	▲8	22:58.0	149
159	Ammah Abdel-Rahmar	SO	East Carolina	7:31.0	202	▲39	19:19.9	163	▲4	22:58.1	150
160	Rhian Purves	FR	Col. of Charleston	7:15.0	123	▼36	19:17.4	159	▼1	22:58.3	151
161	Margaret Morgan	SR	George Mason	7:16.9	134	▼17	19:14.4	151	▼10	22:59.5	152
162	Deirdre Lewin	SR	William & Mary	7:25.3	183	▲9	19:26.0	174	▲12	23:00.4	153
163	Kayland Bond	SO	Radford	7:11.7	114	▼56	19:24.2	170	▲7	23:01.9	154
164	Annie Mayfield	JR	Wofford	7:30.7	200	▲16	19:29.8	184	▲20	23:02.1	155
165	Amelie Vedder	FR	Charleston Southc	7:21.3	163	▼6	19:23.8	169	▲4	23:03.0	156



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166	Summer Owens	JR	UNCW	7:36.0	214	▲29	19:30.3	185	▲19	23:03.3	157
167	Susannah Cate	SR	Davidson	7:29.6	196	▲20	19:27.2	176	▲9	23:03.7	158
168	Christina Skinner	FR	East Carolina	7:32.1	206	▲34	19:25.9	172	▲4	23:03.8	159
169	Allison Rice	JR	George Mason	7:19.1	148	▼31	19:28.1	179	▲10	23:04.3	160
170	Lauren Radenhausen	SR	Louisville	7:21.6	165	▼12	19:27.6	177	▲7	23:04.8	
171	Olivia Chapman	JR	Morehead State	7:24.5	174	▲6	19:23.1	168	▼3	23:04.9	161
172	Emma Graf	FR	Murray State	7:24.9	179	▲18	19:19.0	161	▼11	23:05.4	162
173	Madelyn Rodriguez	SO	Campbell	7:22.3	168	▲2	19:22.7	166	▼7	23:05.5	
174	Madeline Fitch	SR	Campbell	7:22.3	168	▲3	19:22.5	165	▼9	23:05.7	
175	Beighley AYERS	SO	Eastern Kentucky	7:27.2	192	▲17	19:27.1	175	—	23:06.8	163
176	Holly Mordoff	SR	UNC-Greensboro	7:23.7	173	▲2	19:25.8	171	▼5	23:07.2	164
177	Savannah Heckman	SO	Western Kentucky	7:25.3	183	▲5	19:27.7	178	▲1	23:07.5	
178	Kaitlyn Johnson	JR	George Mason	7:16.5	132	▼20	19:14.7	152	▼26	23:07.6	165
179	Anna Twomey	FR	Elon	7:21.0	159	▼24	19:29.2	183	▲4	23:10.1	166
180	Amber Opp	JR	Citadel	7:24.6	176	▲4	19:25.9	172	▼8	23:10.5	
181	Brooke Wilson	JR	South Carolina	7:16.3	130	▼59	19:37.3	189	▲8	23:10.7	167
182	Tess Masselink	JR	Col. of Charleston	7:19.1	148	▼33	19:28.6	181	▼1	23:10.8	168
183	Emily Dorony	FR	Col. of Charleston	7:24.5	174	▼8	19:28.7	182	▼1	23:12.6	169
184	Delaney Savedge	SR	VCU	7:30.9	201	▲14	19:32.0	187	▲3	23:14.5	170
185	Vilde Vage Henriksen	FR	George Mason	7:19.6	153	▼33	19:30.8	186	▲1	23:15.5	171
186	Kate Dickow	FR	Richmond	6:57.7	68	▼76	19:09.0	144	▼42	23:16.8	172
187	Ashley Rulison	FR	Coastal Carolina	7:25.0	180	▼10	19:38.1	190	▲3	23:17.7	
188	Alison Chinn	SR	Morehead State	7:21.0	159	▼21	19:28.4	180	▼8	23:18.0	173
189	McKenzi Watkins	FR	James Madison	7:22.0	166	▲2	19:20.0	164	▼25	23:18.1	174
190	Bethany Weaver	SR	East Carolina	7:26.1	186	▼2	19:32.3	188	▼2	23:21.5	175
191	Chloe Phillips	SO	Radford	7:27.5	193	▼2	19:45.9	195	▲4	23:25.6	176
192	Savannah Fraleigh	JR	Charlotte	7:23.1	172	▼21	19:43.6	193	▲1	23:28.1	177
193	Kelsey Larkin	SR	South Carolina	7:20.9	158	▼34	19:41.4	192	▼1	23:28.9	178
194	Lindsay Fanz	FR	Louisville	7:36.5	216	▲6	19:58.8	210	▲16	23:29.3	
195	Maggie Kiper	JR	Morehead State	7:26.6	190	▼4	19:45.6	194	▼1	23:30.3	179
196	Grace Dellapa	SR	Elon	7:31.2	203	▲12	19:40.5	191	▼5	23:30.9	180
197	Taylor Delaney	SR	UNC-Greensboro	7:31.4	204	▲4	19:49.8	200	▲3	23:33.1	181
198	Emily Henkel	FR	Davidson	7:36.3	215	▲17	19:48.3	198	—	23:34.1	182
199	Casey Williams	JR	Longwood	7:45.7	237	▲33	19:56.9	204	▲5	23:34.9	
200	Emma Creviston	SO	Murray State	7:30.5	198	▼3	19:51.7	201	▲1	23:35.1	183
201	Alicja Minczuk	JR	Eastern Kentucky	7:22.9	170	▼29	19:48.8	199	▼2	23:35.5	184
202	Morgan Vosler	SO	Murray State	7:41.1	225	▲17	19:58.3	208	▲6	23:36.1	185
203	Madeline Nichols	SO	UNC-Asheville	7:29.5	195	▼2	19:47.2	197	▼6	23:38.5	186
204	Amber Scott	FR	Col. of Charleston	7:18.0	141	▼55	19:46.4	196	▼8	23:39.1	187
205	Bethany Thornhill	SR	Charleston South	7:31.7	205	▼4	19:58.4	209	▲4	23:40.3	188
206	Anna Kathryn Kilby	SO	Davidson	7:39.2	219	▲8	19:59.4	211	▲5	23:40.5	189
207	Sophia DeLisio	FR	Northern Kentucky	7:25.2	182	▼20	19:55.4	202	▼5	23:43.4	190



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208	Abigail Dorn	SR	Morehead State	7:37.2	217	▲14	19:56.5	203	▼5	23:44.1	191
209	Allie Leavitt	SO	USC Upstate	7:34.1	208	▲2	19:57.2	206	▼3	23:46.2	192
210	Grace Puleo	FR	Longwood	7:45.3	236	▲29	19:58.2	207	▼3	23:46.9	
211	Natalie Bardach	FR	Virginia	7:18.3	143	▼61	19:56.9	204	▼7	23:49.2	193
212	Savannah Hoff	FR	Radford	7:34.8	209	▼4	20:01.0	213	▲1	23:49.4	194
213	Nelle Yankovich	FR	Northern Kentucky	7:34.9	212	▼6	20:08.1	218	▲5	23:51.1	195
214	Kassandra Aulenbach	FR	VCU	7:37.6	218	▲6	19:59.7	212	▼2	23:51.3	196
215	Anne Akagi	FR	Charleston South	7:39.4	220	▲4	20:06.8	216	▲1	23:52.0	197
216	Madi Provo	FR	App State	7:33.7	207	▼10	20:07.3	217	▲1	23:54.5	198
217	Mary Wilson	SR	Wofford	7:35.8	213	▼7	20:12.7	220	▲3	23:57.0	199
218	India Appleton	SO	UNC-Asheville	7:29.1	194	▼21	20:06.5	215	▼3	23:57.2	200
219	Morgan Kannapel	JR	Western Kentucky	7:39.6	222	▲1	20:14.3	221	▲2	23:59.8	
220	Chloe Byrd	SO	UNCW	7:41.0	224	▲5	20:12.3	219	▼1	24:00.3	201
221	Katelyn Gilbert	SR	Murray State	7:41.3	226	▼1	20:19.4	227	▲6	24:01.6	202
222	Alyx Evans	SO	UNC-Asheville	7:30.5	198	▼24	20:14.5	222	—	24:01.8	203
223	Megan Kelter	FR	Northern Kentucky	7:43.7	233	▲9	20:17.1	224	▲1	24:03.0	204
224	Mia Davis	JR	USC Upstate	7:34.8	209	▼5	20:02.0	214	▼10	24:04.6	205
225	Morgan Costelloe	JR	UNC-Asheville	7:34.8	209	▼14	20:15.4	223	▼2	24:09.1	206
226	Lili Jaraczewski	FR	Presbyterian	7:52.6	244	▲19	20:18.8	225	▼1	24:10.9	
227	Laura Yarborough	FR	USC Upstate	7:44.7	235	▲9	20:19.1	226	▼1	24:11.3	207
228	Zanelle Willemse	SO	Charleston South	7:39.5	221	▼8	20:22.2	229	▲1	24:14.8	208
229	Julia Ledgett	JR	UNCW	7:51.2	243	▲12	20:26.0	231	▲2	24:15.2	209
230	Mary Alice Thornburg	FR	Morehead State	7:43.4	231	▲3	20:20.5	228	▼2	24:21.3	210
231	Alyssa LeClaire	SR	Coastal Carolina	7:41.8	227	▼9	20:43.7	236	▲5	24:25.1	
232	Kelsey Kiser	SR	UNCW	7:44.2	234	▲1	20:37.0	233	▲1	24:25.2	211
233	Stecy Cherono	SO	USC Upstate	7:43.0	229	▼1	20:25.8	230	▼3	24:26.6	212
234	Natalie Lienhart	SR	Northern Kentucky	7:46.8	239	▲7	20:33.8	232	▼2	24:27.9	213
235	Erika Nageleisen	SO	Northern Kentucky	7:48.2	241	▲7	20:39.0	234	▼1	24:29.7	214
236	Kristin Dent	FR	Murray State	7:43.0	229	▼8	20:44.2	237	▲1	24:33.5	215
237	Grace Wolfe	FR	Citadel	7:54.3	247	▲9	20:44.7	238	▲1	24:34.5	
238	Heidi Fortin	FR	Citadel	7:40.4	223	▼12	20:41.7	235	▼3	24:37.5	
239	Carrie Staviski	SO	Morehead State	7:53.0	245	▲4	20:50.6	241	▲2	24:42.1	216
240	Alanie Foster	FR	USC Upstate	7:50.0	242	▲2	20:49.9	240	—	24:46.5	217
241	Samantha Decker	SO	UNC-Asheville	7:42.6	228	▼11	20:48.6	239	▼2	24:49.7	218
242	Lefler McManus	JR	UNCW	7:53.6	246	▲3	20:54.8	243	▲1	24:54.2	219
243	Isabel Muehleman	FR	Col. of Charleston	7:47.5	240	▼2	20:52.9	242	▼1	24:57.5	220
244	Ashley Tysiac	FR	UNC-Asheville	7:43.5	232	▼12	21:01.3	244	—	25:00.8	221
245	Gretchen Bingham	FR	UNCW	7:56.2	248	▲3	21:05.6	245	—	25:06.2	222
246	Ali Schutte	FR	UNCW	7:56.4	249	▲3	21:13.5	246	—	25:13.1	223
247	Emily Swanigan	SR	Presbyterian	8:03.8	255	▲5	21:19.8	250	▲3	25:14.8	
248	Jessica Stein	FR	Murray State	7:57.0	250	▲3	21:13.7	247	▼1	25:15.6	224
249	Casey Miller	JR	Citadel	7:59.8	252	▲4	21:17.1	248	▼1	25:18.2	



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250	Lindsey Gordon	SO	Longwood	8:06.0	256	▲4	21:26.2	252	▲2	25:26.0	
251	Anna Lyles	SR	Wofford	7:46.2	238	▼11	21:18.8	249	▼2	25:31.2	225
252	Alicia Chavez	SR	USC Upstate	8:08.2	257	▲6	21:25.2	251	▼1	25:37.1	226
253	Corey McVay	SO	UNC-Asheville	8:01.6	254	—	21:35.7	254	▲1	25:46.7	227
254	Sophie Grogan	SO	Murray State	7:57.0	250	▼3	21:28.2	253	▼1	25:49.3	228
255	Emma Sudol	FR	VCU	8:00.2	253	▼2	21:47.7	255	—	26:05.3	229
256	Brawnwyn Koellner	SO	USC Upstate	8:30.9	259	▲2	22:39.1	257	▲1	26:46.5	230
257	Megan Flynn	FR	Presbyterian	8:31.0	260	▲4	22:38.3	256	▼1	27:00.1	
258	Julia Keen	SO	Presbyterian	9:25.1	261	▲3	25:05.3	258	—	30:06.9	
--	Siobhra O'Flaherty	SO	George Mason	6:54.7	53					DNF	
--	Adelyn Ackley	FR	Liberty	6:55.0	56					DNF	
--	Britney Hansen	SR	Louisville	8:10.8	258					DNF	



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## Team Scores

Rnk	Team	Total	R1	R2	R3	R4	R5	R6	R7
1	<b>NC State</b> <i>Total Time: 1:41:39.10</i> <i>Average: 20:19.82</i>	48	1	4	6	18	19	23	34
2	<b>Furman</b> <i>Total Time: 1:42:33.00</i> <i>Average: 20:30.60</i>	83	2	3	11	15	52	55	64
3	<b>Virginia Tech</b> <i>Total Time: 1:43:52.50</i> <i>Average: 20:46.50</i>	116	7	12	14	21	62	65	75
4	<b>Wake Forest</b> <i>Total Time: 1:44:51.80</i> <i>Average: 20:58.36</i>	133	13	22	26	30	42	46	61
5	<b>Duke</b> <i>Total Time: 1:45:12.10</i> <i>Average: 21:02.42</i>	154	10	17	28	39	60	80	119
6	<b>North Carolina</b> <i>Total Time: 1:45:24.20</i> <i>Average: 21:04.84</i>	162	8	31	35	37	51	58	126
7	<b>Virginia</b> <i>Total Time: 1:47:12.00</i> <i>Average: 21:26.40</i>	250	24	38	43	69	76	91	193
8	<b>Kentucky</b> <i>Total Time: 1:48:02.30</i> <i>Average: 21:36.46</i>	291	32	45	67	73	74	81	86
9	<b>Elon</b> <i>Total Time: 1:48:14.61</i> <i>Average: 21:38.92</i>	317	27	41	47	72	130	166	180
10	<b>Clemson</b> <i>Total Time: 1:48:20.60</i> <i>Average: 21:40.12</i>	326	16	70	77	79	84	95	101
11	<b>High Point</b> <i>Total Time: 1:48:20.60</i> <i>Average: 21:40.12</i>	356	9	29	57	127	134	141	144
12	<b>William &amp; Mary</b> <i>Total Time: 1:49:11.90</i> <i>Average: 21:50.38</i>	363	49	50	83	87	94	106	153
13	<b>Liberty</b> <i>Total Time: 1:49:10.90</i> <i>Average: 21:50.18</i>	367	25	66	78	89	109	114	
14	<b>Charlotte</b> <i>Total Time: 1:49:07.90</i> <i>Average: 21:49.58</i>	375	33	53	56	115	118	129	177
15	<b>South Carolina</b> <i>Total Time: 1:49:49.70</i> <i>Average: 21:57.94</i>	417	40	44	68	117	148	167	178





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16	<b>Eastern Kentucky</b> <i>Total Time: 1:49:53.50</i> <i>Average: 21:58.70</i>	431	20	54	97	121	139	163	184
17	<b>App State</b> <i>Total Time: 1:50:52.60</i> <i>Average: 22:10.52</i>	479	63	82	104	107	123	147	198
18	<b>Richmond</b> <i>Total Time: 1:51:13.50</i> <i>Average: 22:14.70</i>	494	71	92	99	110	122	140	172
19	<b>East Carolina</b> <i>Total Time: 1:51:37.70</i> <i>Average: 22:19.54</i>	530	59	98	103	120	150	159	175
20	<b>James Madison</b> <i>Total Time: 1:52:19.90</i> <i>Average: 22:27.98</i>	574	93	100	113	131	137	138	174
21	<b>Wofford</b> <i>Total Time: 1:52:12.30</i> <i>Average: 22:26.46</i>	604	5	112	133	155	199	225	
22	<b>UNC-Greensboro</b> <i>Total Time: 1:53:01.60</i> <i>Average: 22:36.32</i>	608	85	88	90	164	181		
23	<b>Davidson</b> <i>Total Time: 1:53:23.30</i> <i>Average: 22:40.66</i>	647	96	105	142	146	158	182	189
24	<b>Charleston Southern</b> <i>Total Time: 1:53:32.90</i> <i>Average: 22:42.58</i>	661	36	132	149	156	188	197	208
25	<b>George Mason</b> <i>Total Time: 1:53:26.10</i> <i>Average: 22:41.22</i>	668	48	143	152	160	165	171	
26	<b>Col. of Charleston</b> <i>Total Time: 1:54:26.90</i> <i>Average: 22:53.38</i>	737	124	125	151	168	169	187	220
27	<b>VCU</b> <i>Total Time: 1:54:52.80</i> <i>Average: 22:58.56</i>	738	111	116	145	170	196	229	
28	<b>Radford</b> <i>Total Time: 1:55:19.30</i> <i>Average: 23:03.86</i>	761	102	135	154	176	194		
29	<b>Morehead State</b> <i>Total Time: 1:56:12.70</i> <i>Average: 23:14.54</i>	832	128	161	173	179	191	210	216
30	<b>Northern Kentucky</b> <i>Total Time: 1:56:45.50</i> <i>Average: 23:21.10</i>	833	108	136	190	195	204	213	214
31	<b>Murray State</b> <i>Total Time: 1:58:51.70</i> <i>Average: 23:46.34</i>	947	162	183	185	202	215	224	228
32	<b>UNCW</b> <i>Total Time: 2:00:38.20</i> <i>Average: 24:07.64</i>	997	157	201	209	211	219	222	223



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<b>33</b>	<b>UNC-Asheville</b>	<b>1013</b>	<b>186</b>	<b>200</b>	<b>203</b>	<b>206</b>	<b>218</b>	<b>221</b>	<b>227</b>
	<i>Total Time: 2:00:36.30</i>								
	<i>Average: 24:07.26</i>								
<hr/>									
<b>34</b>	<b>USC Upstate</b>	<b>1033</b>	<b>192</b>	<b>205</b>	<b>207</b>	<b>212</b>	<b>217</b>	<b>226</b>	<b>230</b>
	<i>Total Time: 2:01:15.20</i>								
	<i>Average: 24:15.04</i>								

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