

The background of the page features a large, stylized paw print logo. The paw print is composed of five distinct pads, each filled with a light orange color and outlined with a thick, light purple border. The overall shape is irregular and mimics the natural form of a tiger's paw.

Clemson Tiger Paw Invitational

Friday & Saturday, February 14th & 15th, 2020

Clemson University Indoor Track – Clemson, SC





Clemson Tiger Paw Invitational
Friday & Saturday, February 14th & 15th 2020
Clemson, South Carolina

Entry Information:

Teams Attending: Clemson, Duke, Virginia, Kentucky, Southern Cal, Texas, Florida St, Houston, UCF, Miami, Penn St, GT, Tennessee, Miss St, Wake Forest, Harvard, Ohio St, Texas A&M, UNC, Florida, Michigan, U Penn

Entry Process: www.directathletics.com

Entry Deadline: Tuesday, February 11th, 2020 at Noon

Team Entry Fee: \$750 per Gender. Please bring cash or check.

* Checks can be made to the order of: CUAD

Individual Entry Fee: \$50 per Person entered – for those teams that enter less than 14 athletes.

Unattached Athletes & Olympic Development:

* Athletes connected with Universities that are attending the meet will be accepted.

* Men's & Women's 60m & 60m Hurdles – a select few athletes will be accepted.

E-mail vpounds@clemon.edu for all unattached athlete entry.

Packet Pick Up & Information:

Thursday, February 13th from 6:00 pm – 8:00 pm

Friday, February 14th from Noon – 4:00 pm

Packets can be picked up at the concession stand in the lobby. They will include Coaches and Trainer Credentials along with Athlete wristbands. Wristbands will be issued to competing athletes for access to warm-up area, team seating, and trainers' area. Each team will receive 8 Coaches Credentials and 2 Trainer Credentials; the coaches' area on the backstretch is limited to coaches and trainers only.

Spike Information:

Athletes will NOT compete if they do not comply with these rules:

¼" Pyramid Spikes ONLY – this will be strictly enforced.

No permanent spike shoes allowed.

All spikes must be checked and zip tied at the Team Entrance.
Spikes will be checked for the appropriate zip tie color to be allowed into the Clerking Area.



NO
Christmas
Tree Spike
Pins



1/4"
Pyramid
"Cone Shape"
Only



NO
Needle
Spike
Pins

Shoes with permanent spikes are prohibited.

All Spikes need to be checked and tagged at initial spike check and at check-in for your event. Anyone with the wrong spikes will be disqualified from the meet and puts your team in jeopardy for returning for future meets.



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Practice Times:

Thursday, February 13th from 6:00 pm – 8:00 pm
Spikes will be checked as you are entering the facility.

Bus Drop Off/Team Parking:

Team busses and vans will be able to drop off next to the Indoor Track Facility and then park in Jervey Meadows.

Warm-up Procedure:

All warm ups will need to take place on the Outdoor Track (Weather Permitting).

- Athletes will be able to use the indoor warm up area 45 minutes prior to their event.
- Athletes in the 60m Hurdles & 60m Dash will be allowed on the straightaway 30 minutes prior to the start of their event – NO EARLIER.

Athlete Check In:

Check in for Running Events is located at the start of the homestretch - near the rollup door.
Check in for Field Events is located at the event site.

1. Athletes must check in **at least 30 minutes prior to the event.**
* Athletes not checked in by that time will be scratched from the event.
2. Athletes must have your spikes checked prior to event check in.
3. Athletes must be in the clerking area 15 minutes prior to the scheduled start time.

Medical Facilities:

The indoor track facility is equipped with an Athletic Training Center located on the west side of the backstretch. This facility will be open for the duration of the meet. All visiting trainers will have assigned spots on the adjacent corner from the training room on the east side of the Indoor facility. Power will be available.

For questions please contact Amanda Taylor, ATC, (843) 754 – 3835 or ataylo8@clemsn.edu

Dressing Room / Shower Facilities:

There are no dressing room / shower facilities available to teams. Please plan accordingly.





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Running Events:

There will be Prelims in the 60m Hurdles and the 60m Dash.

Preferred lanes: (Straightaway) 4-5-3-6-2-7-1-8 (Oval) 5-6-4-3-2-1.

All other running events will be run in sections based on time. Heats will be seeded according to submitted times on directathletics.com. These entries will be checked on TFRRS to verify at will by meet management. The fastest sections will be run first. Meet management reserves the right to adjust heats as necessary.

Field Events:

There will be Prelims & Finals in the horizontal jumps & throwing events. Each athlete will get 3 attempts in the preliminary rounds, with the top 9 advancing to the finals. They will receive 3 additional attempts in the final.

Implement Weigh-In

The weigh-in area is next to the throwing cage.

Friday, February 14th from 12:30 pm – 2:30 pm for the Shot Put.

Saturday, February 15th from 9:00 am – 11:00 am for Weight

For questions please contact Vicky Pounds: (406) 830 – 5208 or vpounds@Clemson.edu

Please continue to check Clemson Track and Field website for any updates in meet information and final schedules.

<http://clemsontigers.com/home-meets/>





Training Room

Storage Room

Coaches Only

Throws Area

Team Seating

Team Seating

Team Seating

Final Warm- Up Area

Spectator Seating

Spectator Seating

Team Seating

Spike Check

Athlete Entrance

◇◇◇◇◇◇◇◇ Metal Barricade
————— Rope Barrier

