

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

MEET OFFICIALS**Meet Director:**

Ali Bahr

Timing:

Rhodes Race Timing

**OFFICIAL MEET REPORT**

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RESULTS**#11 Women's 60 Meters**

\$	JDL Fast Track	7.18	Barbara Pierre	Unattached	1/20/2013
!	College Facility	7.32	Danielle Williams	Johnson C Smith	3/15/2014
&	JDL DMR Invitational	7.31	Breana Norman	Unattached	2017

SECTION RESULTS**Finals**

PI Name	Team	Time
Section 1 of 1		
1 Grant, Kiara	Norfolk State	& 7.31
2 Hall, Lauryn	North Carolina	7.62
3 Judd, Ani	Unattached	7.70
4 Littlejohn, Amber	Lee (Tenn.)	7.79
5 Williams, Kayla	Lee (Tenn.)	7.81
6 Blevins, Kristen	Lee (Tenn.)	7.82
7 Guess, Wynter	Unattached	7.89
8 Patillo, Nyesha	UNCW	8.06

HEAT RESULTS**Prelims**

PI Name	Team	Time
Heat 1 of 3		
1 Grant, Kiara	Norfolk State	7.35Q
2 Blevins, Kristen	Lee (Tenn.)	7.80q
3 Guess, Wynter	Unattached	7.88q
4 Patillo, Nyesha	UNCW	7.92q
5 Bowman, Jahnae	UNCW	8.02
6 Redlich, Marlene	Randolph	9.35
Heat 2 of 3		
1 Littlejohn, Amber	Lee (Tenn.)	7.81Q
2 Williams, Kayla	Lee (Tenn.)	7.83q
3 Sidhu, Priyanca	William & Mary	7.99
4 Bartholomew, Tiffany	Pfeiffer	8.38
5 Lassiter, Deanna	Guilford	11.30
Lee, Tyrika	Norfolk State	DNS
Heat 3 of 3		
1 Hall, Lauryn	North Carolina	7.65Q
2 Judd, Ani	Unattached	7.73q
3 Clemens, Sydney	Unattached	8.08
4 Mcmillan, Sydni	Unattached	8.22
5 Pitts, Zarea	Guilford	8.69
6 Floyd-Beaty, Moranda	Pfeiffer	9.04

#17 Women's 200 Meters

\$	JDL Fast Track	23.80	Danielle Williams	Johnson C. Smith	3/15/2014
!	College Facility	23.80	Danielle Williams	Johnson C Smith	3/15/2014
&	JDL DMR Invitational	24.08	Anna Cockrell	Unattached	2016

SECTION RESULTS

PI Name	Team	Time
Section 1 of 7		

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RESULTS**#17 Women's 200 Meters (cont'd)**

Pl	Name	Team	Time
1	Judd, Ani	Unattached	25.45
2	Littlejohn, Amber	Lee (Tenn.)	25.91
3	Patillo, Nyasha	UNCW	26.13
	Grant, Kiara	Norfolk State	DNS
Section 2 of 7			
1	Runge, Gabriel	William & Mary	25.93
2	Hofferber, Grace	Wake Forest	26.21
3	Hall, Kristin	North Carolina	26.50
	Williams, Kayla	Lee (Tenn.)	DNS
Section 3 of 7			
1	Sheffield, Brynn	UNCW	26.17
2	Wardy, Alice	Mary Baldwin University	27.07
3	Nickl, Alexis	Wake Forest	28.00
	Blevins, Kristen	Lee (Tenn.)	DNS
Section 4 of 7			
1	Valle, Emily	Bridgewater (Va.)	26.53
2	Miles, Daijah	Louisburg College	26.88
3	Smith, Destiny	UNCW	27.12
4	Sheets, Jordan	Randolph	28.09
Section 5 of 7			
1	Vannoy, Kaylee	UNCW	27.30
2	Branch, Domonique	Louisburg College	28.95
3	Holmes, Morgan	Mary Baldwin University	28.97
4	Redding, Annagabriela	Unattached	29.67
Section 6 of 7			
1	Marshall, Natalie	Wake Forest	28.69
2	Bartholomew, Tiffany	Pfeiffer	29.29
3	Chaffins, Meghan	Randolph	30.40
	Penn, Jalil	Randolph	DNS
Section 7 of 7			
1	Mallard, Aliyah	Clemson	25.50
2	Lucas, Tionna	Louisburg College	30.39
3	Floyd-Beaty, Moranda	Pfeiffer	30.69
	Lassiter, Deanna	Guilford	DNS

#13 Women's 400 Meters

\$	JDL Fast Track	52.96	Kayla Davis	Unattached	1/26/2019
!	College Facility	53.90	Kayon Robinson	Adams State	3/15/2014
&	JDL DMR Invitational	55.21	Kiara Porter	Unattached	2016

SECTION RESULTS

Pl	Name	Team	Time
Section 1 of 7			
1	Clarke, Kendra	Clemson	55.63
2	Pride, Malika	Norfolk State	56.14
3	Charles, Ericka	Unattached	57.46
4	Warner, Lakeisha	Clemson	57.79
Section 2 of 7			

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RESULTS**#13 Women's 400 Meters (cont'd)**

Pl	Name	Team	Time
1	Thomas, Markeeta	Clemson	57.83
2	Runge, Gabriel	William & Mary	58.72
3	Hofferber, Grace	Wake Forest	59.43
4	Beeler, Mikayla	Lee (Tenn.)	1:00.98
Section 3 of 7			
1	Gordon, Beasley	Unattached	59.16
2	Hall, Kristin	North Carolina	1:00.70
3	Green, Crystal	Norfolk State	1:01.43
	Mcmillan, Sydni	Unattached	FS
Section 4 of 7			
1	Laws, Lydia	Unattached	1:00.32
2	Belvin, Alion	Wake Forest	1:00.40
3	Christian, Courtney	UNCW	1:01.01
4	Wester, Maddison	William & Mary	1:02.52
Section 5 of 7			
1	Pyles, Brionne	Wake Forest	1:01.16
2	Tucker, Jacques	UNC Pembroke	1:01.54
3	Shronk, Morgan	UNCW	1:02.56
4	Baran, Carlen	Furman	1:04.97
Section 6 of 7			
1	Wardy, Alice	Mary Baldwin University	1:01.75
2	Lagana, Sophia	Wake Forest	1:03.88
3	Farwell, Aubrie	UNCW	1:04.27
Section 7 of 7			
1	Holmes, Morgan	Mary Baldwin University	1:06.27
	Morris, Gabrielle	UNCW	DNF
	Hinz, Lesley	Unattached	DNS

#15 Women's 800 Meters

\$	JDL Fast Track	1:59.26	Ajee' Wilson	Adidas	2/2/2019
!	College Facility	2:03.31	Hanna Green	Virginia Tech	2/4/2017
&	JDL DMR Invitational	2:10.44	Kenyetta Iyevbele	Unattached	2016

SECTION RESULTS

Pl	Name	Team	Time
Section 1 of 4			
1	Kuntz, Emma	Furman	& 2:09.80
2	Gear, Kristlin	Furman	2:11.04
3	Cooke, Cora	Unattached	2:15.51
4	Schott, Lindsay	William & Mary	2:17.18
5	Bowen, Rylee	Duke	2:19.75
6	Lewin, Deirdre	William & Mary	2:21.64
7	Jones, Taylor	William & Mary	2:22.15
	Kasitz, Gillian	Queens (N.C.)	DNS
	Kraft, Madeline	North Carolina	DNS
Section 2 of 4			
1	Hanna, Annie	UNCW	2:22.29
2	O'Hara, Regan	Queens (N.C.)	2:22.30

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RESULTS**#15 Women's 800 Meters (cont'd)**

Pl	Name	Team	Time
3	Gallagher, Emma	Wake Forest	2:23.19
4	McGee, Josephine	UNC-Greensboro	2:23.49
5	McCarten, Kelley	Elon	2:23.94
6	Casey, Deirdre	William & Mary	2:23.95
7	Higgins, Alycia	UNC-Greensboro	2:24.39
8	Hirsberg, Ellen	Duke	2:30.39

Section 3 of 4

1	Rivenbark, Jordyn	Queens (N.C.)	2:31.19
2	Pethers, Corey	UNC Pembroke	2:31.56
3	Axe, Riley	UNC Pembroke	2:33.19
4	Harris, Imperial	Louisburg College	2:33.43
5	Badami, Samantha	UNC Pembroke	2:34.00
6	Packer, Christa	Unattached	2:35.83
	Duvall, Lacey	Lee (Tenn.)	DNS
	Irvine, Kendra	Lee (Tenn.)	DNS

Section 4 of 4

1	Musgrove, Quinland	Mary Baldwin University	2:38.47
2	Bernardo, Ananya	Guilford	2:39.72
3	Thomas, Adanna	Louisburg College	2:43.51
4	Jay-Bryner, Tayla	Mary Baldwin University	2:58.27
5	Schaeffer, Haley	Queens (N.C.)	3:01.10
6	Schriever, Erin	Randolph	3:15.85
7	Fusetti, Cailen	Pfeiffer	3:33.40

#19 Women's 1 Mile Run

\$	JDL Fast Track	4:22.66	Shannon Rowbury	Nike Oregon Project	1/31/2015
!	College Facility	4:36.10	Grace Barnett	Clemson	2/18/2017
&	JDL DMR Invitational	4:36.10	Grace Barnett	Clemson	2017

SECTION RESULTS

Pl	Name	Team	Time
Section 1 of 3			
1	Morris, Logan	Clemson	4:41.26
2	Ilse, Morgan	North Carolina	4:42.52
3	Bissah, Martha	Norfolk State	4:43.34
4	Jackson, Hayley	West Virginia	4:43.49
5	George, Sammy	Unattached	4:46.66
6	Shaw, Savannah	NC State	4:47.27
7	Cashin, Amy	Unattached	4:50.90
8	Anastasakis, Melissa	Elon	4:53.04
9	Duffie De Tassigny, Heloise	Flagler	4:53.47
10	Grosenheider, Ave	Richmond	4:54.39
11	Wolkenhauer, Hannah	Queens (N.C.)	5:07.25
	Edmundson, Erin	North Carolina	DNF

Section 2 of 3

1	Smith, Chelsea	Elon	4:55.31
2	Boxall, Charlee	Lee (Tenn.)	4:56.81
3	Holt, Heather	NC State	4:57.59

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RESULTS**#19 Women's 1 Mile Run (cont'd)**

Pl	Name	Team	Time
4	LaTour, Sarah	NC State	4:58.30
5	Geraniotis, Coralea	Elon	4:58.95
6	Mills, Eryn	Richmond	5:00.22
7	Zachgo, Julia	NC State	5:03.34
8	Finikiotis, Lauren	William & Mary	5:04.73
9	Preeo, Hannah	Elon	5:04.96
10	Noall, Lucie	Queens (N.C.)	5:09.02
11	Howlett, Mariah	Unattached	5:11.24
12	Kowalk, Charlotte	William & Mary	5:13.64
13	McGovern, Peyton	Richmond	5:15.23
14	Arellano, Allyson	Queens (N.C.)	5:21.83
	McCarten, Kelley	Elon	DNS

Section 3 of 3

1	Lanier, Lindsey	North Carolina	5:04.52
2	Hall, Janay	NC State	5:13.70
3	Lupica, Johanna	Richmond	5:13.97
4	Wasko, Anna	William & Mary	5:15.44
5	Smith, Ashley	North Carolina	5:16.09
6	Garcia, Carina	William & Mary	5:16.43
7	Gifford, Cate	Lee (Tenn.)	5:20.38
8	Moreno, Skylar	UNC Pembroke	5:25.29
9	Dorry, Rita	Unattached	5:27.57
10	Spencer, Kylie	Pfeiffer	5:29.83
11	Heeley, Aleksa	Queens (N.C.)	5:31.61
12	Petit, Camryn	North Carolina	5:32.62
13	Irvine, Kendra	Lee (Tenn.)	5:33.24
14	Euler, Hailey	Louisburg College	5:47.44
15	Smithwick, Cameron	UNCW	5:59.05
	Ramsey, Blair	North Carolina	DNF

#9 Women's 3000 Meters

\$	JDL Fast Track	8:56.52	Kerri Gallagher	Nike	1/30/2016
!	College Facility	9:01.26	Wesley Frazier	NC State	1/30/2016
&	JDL DMR Invitational	9:30.63	Erika Kemp	NC State	2018

SECTION RESULTS

Pl	Name	Team	Time
Section 1 of 3			
1	Alcorta, Caroline	Villanova	& 9:15.07
2	Cozzarelli, Andrea	Unattached	9:49.42
3	Billings, Lindsay	Duke	9:55.80
4	Strange, Jonna	Unattached	10:06.80
5	Carpenter, Amy	Lee (Tenn.)	10:18.65
6	Dorry, Rita	Unattached	10:37.81
	Bockoven, Sammy	Villanova	DNF

Section 2 of 3

1	Umbarger, Becca	Lee (Tenn.)	10:36.85
2	Koeh, Fridah	Norfolk State	10:37.98

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RESULTS**#9 Women's 3000 Meters (cont'd)**

Pl	Name	Team	Time
3	Hernandez, Logan	Lee (Tenn.)	10:54.61
4	Koech, Ashah	Norfolk State	10:55.99
5	Samoei, Caroline	Norfolk State	10:56.61
6	Durcova, Zuzka	Queens (N.C.)	10:57.92
7	Byrd, Chloe	UNCW	10:59.02
8	Ledgett, Julia	UNCW	11:07.40
9	Behrends, Leah	UNCW	11:55.16
Section 3 of 3			
1	Terzotis, Sarah	UNCW	11:12.95
2	Royer, Audrey	Lee (Tenn.)	11:18.65
3	Hyde, Kiannah	Unattached	11:23.84
4	Nerenberg, Rachel	Unattached	11:27.67
5	McCann, Molly	UNC Pembroke	11:35.05
6	Zealand, Maddie	Unattached	11:36.18
7	Tonon, Julie	Unattached	11:45.94
8	Frazier, Elese	Unattached	11:48.71
9	Iademarco, Gabriela	Queens (N.C.)	11:56.95

#1 Women's 5000 Meters

\$	JDL Fast Track	15:41.63	Elly Henes	NC State	12/2/2018
!	College Facility	15:41.63	Elly Henes	NC State	12/2/2018
&	JDL DMR Invitational	15:43.84	Elly Henes	NC State	2018

SECTION RESULTS

Pl	Name	Team	Time
Section 1 of 1			
1	Paxton, Olivia	William & Mary	17:12.04
	41.85 (41.85)	40.41 (1:22.26)	40.12 (2:02.37)
	40.48 (2:42.85)	40.40 (3:23.24)	40.46 (4:03.70)
	40.00 (4:43.69)	41.50 (5:25.19)	40.84 (6:06.02)
	41.53 (6:47.55)	41.11 (7:28.65)	41.37 (8:10.02)
	41.14 (8:51.15)	41.83 (9:32.98)	41.62 (10:14.60)
	42.06 (10:56.66)	41.87 (11:38.52)	42.40 (12:20.92)
	42.42 (13:03.33)	42.31 (13:45.63)	42.56 (14:28.19)
	42.63 (15:10.82)	42.23 (15:53.04)	41.55 (16:34.59)
	37.46 (17:12.04)		
2	Scarpone, Jessy	SCAD Savannah	17:45.15
	42.43 (42.43)	40.99 (1:23.41)	41.34 (2:04.74)
	42.23 (2:46.97)	42.66 (3:29.63)	42.37 (4:12.00)
	42.15 (4:54.14)	42.30 (5:36.44)	42.91 (6:19.34)
	42.84 (7:02.18)	42.82 (7:44.99)	42.74 (8:27.73)
	43.19 (9:10.91)	43.19 (9:54.10)	43.23 (10:37.32)
	43.05 (11:20.37)	43.33 (12:03.69)	43.46 (12:47.15)
	43.73 (13:30.88)	43.41 (14:14.28)	42.73 (14:57.00)
	43.21 (15:40.21)	43.14 (16:23.35)	42.03 (17:05.37)
	39.78 (17:45.15)		
3	Penkala, Lauren	Flagler	18:02.45
	42.07 (42.07)	40.44 (1:22.51)	40.12 (2:02.62)
	40.47 (2:43.09)	40.45 (3:23.53)	40.46 (4:03.99)
	39.97 (4:43.95)	41.65 (5:25.60)	40.76 (6:06.36)
	41.68 (6:48.03)	42.69 (7:30.72)	43.64 (8:14.36)
	43.75 (8:58.10)	44.44 (9:42.53)	45.15 (10:27.68)
	44.93 (11:12.61)	45.84 (11:58.45)	45.66 (12:44.10)
	45.40 (13:29.49)	45.65 (14:15.14)	46.32 (15:01.46)
	46.95 (15:48.41)	47.14 (16:35.54)	45.40 (17:20.94)
	41.52 (18:02.45)		
4	Wutz, Lemi	SCAD Savannah	18:04.50
	43.39 (43.39)	40.38 (1:23.77)	41.28 (2:05.05)
	42.27 (2:47.31)	42.67 (3:29.98)	42.33 (4:12.30)
	42.12 (4:54.42)	42.28 (5:36.69)	42.87 (6:19.56)
	42.76 (7:02.32)	42.84 (7:45.16)	42.80 (8:27.95)
	43.20 (9:11.15)	43.17 (9:54.31)	43.40 (10:37.71)
	43.15 (11:20.85)	44.09 (12:04.93)	44.67 (12:49.60)

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Pl	Name	Team	Time
44.88 (13:34.47)	45.35 (14:19.82)	46.14 (15:05.95)	46.77 (15:52.72)
46.43 (16:39.14)	43.88 (17:23.02)		
41.49 (18:04.50)			
44.12 (44.12)	42.79 (1:26.90)	43.82 (2:10.72)	43.59 (2:54.31)
43.71 (3:38.01)	44.23 (4:22.24)		
43.93 (5:06.16)	43.89 (5:50.04)	43.53 (6:33.57)	43.88 (7:17.44)
44.18 (8:01.61)	44.14 (8:45.75)		
44.32 (9:30.06)	43.16 (10:13.22)	46.21 (10:59.42)	46.97 (11:46.39)
46.94 (12:33.32)	46.82 (13:20.14)		
46.18 (14:06.31)	46.73 (14:53.04)	47.03 (15:40.07)	47.31 (16:27.37)
46.79 (17:14.16)	43.63 (17:57.78)		
37.38 (18:35.15)			
6	Koech, Ashah	Norfolk State	19:09.39
43.76 (43.76)	41.67 (1:25.43)	44.38 (2:09.80)	44.89 (2:54.69)
43.16 (3:37.84)	44.72 (4:22.55)		
43.94 (5:06.49)	43.85 (5:50.34)	43.76 (6:34.09)	45.95 (7:20.04)
45.93 (8:05.96)	46.33 (8:52.28)		
47.22 (9:39.50)	47.32 (10:26.82)	47.92 (11:14.74)	48.39 (12:03.12)
47.72 (12:50.84)	47.99 (13:38.82)		
49.15 (14:27.97)	48.15 (15:16.11)	48.38 (16:04.49)	48.78 (16:53.27)
48.11 (17:41.37)	47.08 (18:28.44)		
40.96 (19:09.39)			
7	Spencer, Kylie	Pfeiffer	19:36.24
44.26 (44.26)	41.94 (1:26.19)	43.89 (2:10.08)	44.99 (2:55.06)
43.67 (3:38.73)	44.75 (4:23.47)		
45.38 (5:08.85)	46.84 (5:55.69)	47.95 (6:43.63)	47.02 (7:30.65)
48.92 (8:19.56)	49.19 (9:08.75)		
48.56 (9:57.30)	49.66 (10:46.96)	49.74 (11:36.70)	49.49 (12:26.19)
50.98 (13:17.16)	48.79 (14:05.95)		
47.48 (14:53.43)	48.20 (15:41.63)	49.97 (16:31.59)	49.10 (17:20.68)
48.41 (18:09.08)	45.87 (18:54.95)		
41.30 (19:36.24)			
8	Horwitch, Allison	Flagler	19:53.51
44.53 (44.53)	42.53 (1:27.06)	43.34 (2:10.39)	44.99 (2:55.37)
42.88 (3:38.25)	44.54 (4:22.79)		
44.01 (5:06.79)	43.80 (5:50.59)	43.26 (6:33.84)	45.83 (7:19.66)
45.79 (8:05.45)	47.20 (8:52.65)		
47.84 (9:40.48)	49.43 (10:29.91)	50.81 (11:20.71)	51.92 (12:12.62)
51.70 (13:04.32)	51.45 (13:55.77)		
52.72 (14:48.48)	52.38 (15:40.86)	51.04 (16:31.89)	51.18 (17:23.07)
52.34 (18:15.41)	49.70 (19:05.10)		
48.41 (19:53.51)			
9	Rodriguez, Kaitlin	Unattached	19:53.53
42.69 (42.69)	40.27 (1:22.96)	39.96 (2:02.91)	45.26 (2:48.17)
50.29 (3:38.45)	44.63 (4:23.08)		
43.96 (5:07.04)	43.77 (5:50.80)	43.50 (6:34.30)	44.67 (7:18.96)
45.87 (8:04.83)	46.77 (8:51.60)		
47.55 (9:39.15)	49.00 (10:28.14)	53.30 (11:21.43)	57.62 (12:19.05)
1:01.30 (13:20.34)	53.69 (14:14.02)		
42.57 (14:56.59)	43.53 (15:40.12)	51.34 (16:31.45)	49.73 (17:21.17)
52.95 (18:14.11)	50.74 (19:04.85)		
48.69 (19:53.53)			
Ferguson, Amy	Milligan		DNF

#7 Women's 60m Hurdles

\$	JDL Fast Track	7.95	Sharika Nelvis	adidas	1/31/2015
\$	JDL Fast Track	7.95	Brianna Rollins	Nike	1/30/2016
!	College Facility	8.12	Danielle Williams	Johnson C Smith	3/15/2014
&	JDL DMR Invitational	8.11	Danielle Williams	Unattached	2016

SECTION RESULTS**Finals**

Pl	Name	Team	Time
Section 1 of 1			
1	Robertson, Taejah	Norfolk State	8.53
2	Clemens, Sydney	Unattached	9.02
3	Hunter, Sarah	Cumberlands	9.21
4	Valle, Emily	Bridgewater (Va.)	9.23
5	Smith, Destiny	UNCW	9.29

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JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS**#7 Women's 60m Hurdles (cont'd)****Finals**

Pl	Name	Team	Time
6	Bunch, Ashalia	Norfolk State	9.74
7	Redding, Annagabriela	Unattached	10.67
	Miller, Bri	William & Mary	DNF

HEAT RESULTS**Prelims**

Pl	Name	Team	Time
Heat 1 of 2			
1	Robertson, Taejah	Norfolk State	8.57q
2	Valle, Emily	Bridgewater (Va.)	9.10q
3	Clemens, Sydney	Unattached	9.20q
4	Miller, Bri	William & Mary	9.36q
5	Smith, Destiny	UNCW	9.65q
	James , Kellyann	Norfolk State	DNS
Heat 2 of 2			
1	Hunter, Sarah	Cumberlands	9.28q
2	Bunch, Ashalia	Norfolk State	9.33q
3	Redding, Annagabriela	Unattached	10.03q
4	Vanwinkle, Alexis	Randolph	10.73
	Pyles, Brionne	Wake Forest	DNS

#3 Women's 4000m DMR

\$	JDL Fast Track	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2/20/2016
!	College Facility	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2/20/2016
&	JDL DMR Invitational	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2016

SECTION RESULTS

Pl	Team	Time
Section 1 of 1		
1	Clemson (A)	11:44.06
	1) Coggin, Riley 3:39.659 (3:39.659)	2) Thomas, Markeeta 4:36.475 (56.816)
	3) McGowan, Imani 6:53.726 (2:17.252)	4) Morris, Logan 11:44.056 (4:50.330)
2	North Carolina (A)	11:44.26
	1) Lanier, Lindsey 3:39.746 (3:39.746)	2) McNeill, McKinley 4:35.761 (56.015)
	3) Edmundson, Erin 6:50.150 (2:14.389)	4) Clahane, Mady 11:44.257 (4:54.108)
3	Mount Olive (A)	11:49.13
	1) Ritter, Celine 3:40.028 (3:40.028)	2) Thring, Jacqueline 4:37.649 (57.621)
	3) Blades, Shona 6:58.394 (2:20.745)	4) Hanle, Leah 11:49.125 (4:50.731)
4	Lee (Tenn.) (A)	12:25.28
	1) Gifford, Cate 3:51.204 (3:51.204)	2) Beeler, Mikayla 4:51.011 (59.808)
	3) Duvall, Lacey 7:18.355 (2:27.344)	4) Carpenter, Amy 12:25.272 (5:06.918)
5	Queens (N.C.) (A)	12:27.89

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

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RESULTS**#3 Women's 4000m DMR (cont'd)**

PI	Team	Time
1)	Noall, Lucie 3:46.646 (3:46.646)	
2)	Mcfarlane, Laquisha 4:52.704 (1:06.059)	
3)	Arellano, Allyson 7:16.110 (2:23.406)	
4)	Wolkenhauer, Hannah 12:27.886 (5:11.777)	

#5 Women's Invite 4000m DMR

\$	JDL Fast Track	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2/20/2016
!	College Facility	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2/20/2016
&	JDL DMR Invitational	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2016

SECTION RESULTS

PI	Team	Time
Section 1 of 1		
1	Arkansas (A)	\$ 11:04.23
1)	Gregory, Lauren 3:24.120 (3:24.120)	
2)	Burks Magee, Morgan 4:18.377 (54.258)	
3)	Byrnes, Alexandra 6:26.889 (2:08.512)	
4)	Werner, Taylor 11:04.223 (4:37.335)	
2	Virginia Tech (A)	! 11:07.08
1)	Edwards, Sarah 3:24.172 (3:24.172)	
2)	Bush, Arlicia 4:19.068 (54.896)	
3)	Quinn, Shannon 6:28.265 (2:09.197)	
4)	Pocratsky, Rachel 11:07.073 (4:38.809)	
3	Texas (A)	11:10.55
1)	Cruz, Alex 3:26.864 (3:26.864)	
2)	Golden, Zola 4:20.904 (54.040)	
3)	Crank, Gabby 6:26.576 (2:05.673)	
4)	Collins, Destiny 11:10.541 (4:43.965)	
4	Duke (A)	11:15.14
1)	Lansing, Liz 3:26.097 (3:26.097)	
2)	Hoffman, Lauren 4:21.535 (55.438)	
3)	Aveni, Brittany 6:28.738 (2:07.204)	
4)	Hallowes, Kim 11:15.136 (4:46.399)	
5	NC State (A)	11:34.63
1)	Vess, Anna 3:31.131 (3:31.131)	
2)	Griffin, Jada 4:27.272 (56.141)	
3)	Zachgo, Julia 6:43.992 (2:16.720)	
4)	Mareno, Nevada 11:34.623 (4:50.631)	
6	Wake Forest (A)	11:44.40
1)	Shulz, Johanna 3:29.491 (3:29.491)	
2)	Johnson, Sarah 4:25.905 (56.415)	
3)	Derry, Kaitlin 6:45.540 (2:19.635)	
4)	Wright, Elise 11:44.391 (4:58.852)	
	UNAT (A)	DNF

#23 Women's High Jump

\$	JDL Fast Track	1.88m	Barbara Szabo	Western State	3/15/2014
!	College Facility	1.88m	Barbara Szabo	Western State	3/15/2015
&	JDL DMR Invitational	1.70m	Emily Godwin	North Carolina	2014
&	JDL DMR Invitational	1.70m	Julisa Tindall	College of Charleston	2016

FLIGHT RESULTS

PI	Name	Team	Mark
Flight 1 of 1			

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

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RESULTS**#23 Women's High Jump (cont'd)**

Pl	Name	Team	Mark
1	Becker, Grace	William & Mary	& 1.72m 5' 7 ³ / ₄
2	Nebrich, Mary	North Carolina	1.62m 5' 3 ³ / ₄
3	Walliker, Lucy	Queens (N.C.)	1.57m 5' 1 ³ / ₄
4	Buttolph, Hannah	Lee (Tenn.)	1.57m 5' 1 ³ / ₄
5	Hunley, Taja	Randolph	1.47m 4' 9 ³ / ₄
	Bamber, Maggie	UNCW	NH
	Vannoy, Kaylee	UNCW	NH
	Musgrove, Quinland	Mary Baldwin University	NH
	Glowe, Erika	Queens (N.C.)	NH
	Morris, Gabrielle	UNCW	NH

#25 Women's Pole Vault

\$	JDL Fast Track	4.61m	Katie Nageotte	Unattached	1/30/2016
!	College Facility	4.40m	Megan Clark	Duke	1/29/2016
&	JDL DMR Invitational	4.10m	4 athletes	Virginia, Duke, South	2016

FLIGHT RESULTS

Pl	Name	Team	Mark
Flight 1 of 1			
1	Kempski, Tesia	Wake Forest	3.80m 12' 5 ¹ / ₂
2	Jones, Taylor	William & Mary	3.80m 12' 5 ¹ / ₂
3	Deutsch, Darby	Wake Forest	3.65m 11' 11 ³ / ₄
4	Hall, Elise	Unattached	3.65m 11' 11 ³ / ₄
5	Turner, Haidyn	Wake Forest	3.50m 11' 5 ³ / ₄
6	Roeder, Elaina	Wake Forest	3.50m 11' 5 ³ / ₄
7	Hill, Ana	Unattached	3.35m 10' 11 ³ / ₄
8	Graves, Lauren	William & Mary	3.35m 10' 11 ³ / ₄
9	Kincer, Kaitlynn	Lee (Tenn.)	3.05m 10' 0"
10	Irvine, Kendra	Lee (Tenn.)	3.05m 10' 0"
11	Vanwinkle, Alexis	Randolph	2.90m 9' 6 ¹ / ₄
	Castarlenas, Aintzane	Queens (N.C.)	NH
	Zucker, Hadley	Unattached	NH
	McCray, Deshonde	Norfolk State	NH
	Akers, Kelly	Bridgewater (Va.)	NH

#27 Women's Long Jump

\$	JDL Fast Track	6.25m	Julienne McKee	Unattached	2/20/2016
\$	JDL Fast Track	6.25m	Kate Hall	Unattached	2/1/2019
!	College Facility	6.23m	Shakinah Brooks	St. Augustine's	1/20/2016
&	JDL DMR Invitational	6.25m	Julienne McKee	Unattached	2016

FLIGHT RESULTS

Pl	Name	Team	Mark
Flight 1 of 2			
1	Bowman, Jahnae	UNCW	5.28m 17' 4"
2	Cavanagh, Julianna	UNCW	5.10m 16' 8 ³ / ₄
3	Marshall, Natalie	Wake Forest	4.92m 16' 1 ³ / ₄
4	Musgrove, Quinland	Mary Baldwin University	4.83m 15' 10 ¹ / ₄
5	Chaffins, Meghan	Randolph	4.64m 15' 2 ³ / ₄

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

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RESULTS**#27 Women's Long Jump (cont'd)**

Pl	Name	Team	Mark
6	Redding, Annagabriela	Unattached	4.47m 14' 8"
7	Pitts, Zarea	Guilford	4.20m 13' 9 ¹ / ₂ "
	Price, Shacoya	Queens (N.C.)	NM
	Britt, Jamie	Guilford	NM
Flight 2 of 2			
1	Keefer, Anna	North Carolina	6.02m 19' 9"
2	Miller, Bri	William & Mary	5.48m 17' 11 ³ / ₄ "
3	Pyles, Brionne	Wake Forest	5.30m 17' 4 ³ / ₄ "
4	Brender a Brandis, Alexis	William & Mary	5.22m 17' 1 ¹ / ₂ "
5	Truelove, Avery	Lee (Tenn.)	4.98m 16' 4 ¹ / ₄ "
6	Miller, Gracie	UNCW	4.93m 16' 2 ¹ / ₄ "
7	Beeler, Mikayla	Lee (Tenn.)	4.51m 14' 9 ³ / ₄ "
	Ulseth, Elise	Queens (N.C.)	NM
	Simmons, Kelcie	Duke	NM

#29 Women's Triple Jump

\$	JDL Fast Track	13.08m	Imani Oliver	Unattached	2/2/2019
!	College Facility	13.01m	Kearah Danville	Angelo State	3/15/2014
&	JDL DMR Invitational	12.37m	Peighton Simmons	North Carolina	2018

FLIGHT RESULTS

Pl	Name	Team	Mark
Flight 1 of 1			
1	Isles, Brianna	North Carolina	11.75m 38' 6 ³ / ₄ "
2	Brender a Brandis, Alexis	William & Mary	11.28m 37' 0 ¹ / ₄ "
3	Cavanagh, Julianna	UNCW	11.06m 36' 3 ¹ / ₂ "
4	McDermott, Julia	William & Mary	10.73m 35' 2 ¹ / ₂ "
5	Truelove, Avery	Lee (Tenn.)	10.72m 35' 2"
6	Hunley, Taja	Randolph	10.20m 33' 5 ³ / ₄ "
7	Redding, Annagabriela	Unattached	9.90m 32' 5 ³ / ₄ "
8	Wardy, Alice	Mary Baldwin University	9.81m 32' 2 ¹ / ₄ "
9	Miller, Gracie	UNCW	9.58m 31' 5 ¹ / ₄ "
10	Redlich, Marlene	Randolph	9.24m 30' 3 ³ / ₄ "
11	Kelly, Tiffanie	Randolph	9.14m 30' 0"
	Price, Shacoya	Queens (N.C.)	NM
	Tarvis, Alexia	UNCW	NM

#31 Women's Shot Put

\$	JDL Fast Track	16.80m	Amber Monroe	Unattached	2/18/2017
!	College Facility	16.29m	Portious Warren	Central Arizona	3/5/2016
&	JDL DMR Invitational	16.13m	Lauren Evans	NC State	2018

FLIGHT RESULTS

Pl	Name	Team	Mark
Flight 1 of 2			
1	Malone, Emily	North Carolina	11.65m 38' 2 ³ / ₄ "
2	Haugsdahl, Sofie	Mary Baldwin University	11.31m 37' 1 ¹ / ₄ "
3	Marino, Lillian	UNC Pembroke	10.63m 34' 10 ¹ / ₂ "
4	Werner, Danielle	Bridgewater (Va.)	9.52m 31' 3"

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

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RESULTS**#31 Women's Shot Put (cont'd)**

Pl	Name	Team	Mark
5	Etim-Andy, Miracle	Unattached	9.23m 30' 3 ¹ / ₂
6	Waddell, Alexis	Guilford	8.72m 28' 7 ¹ / ₂
7	Vinokur, Valerie	UNC Pembroke	8.39m 27' 6 ¹ / ₂
8	higgins, micheleigh	Guilford	8.34m 27' 4 ¹ / ₂
	Stevenson, Teliya	Randolph	DNS
	Thomas, Aaliyah	Pfeiffer	DNS
	O'Neal, Kyia	Guilford	DNS
	Wilhelm, Kayla	Randolph	DNS

Flight 2 of 2

1	Lynch, Janese	Wake Forest	14.29m 46' 10 ³ / ₄
2	Schultz, Gabby	Queens (N.C.)	13.65m 44' 9 ¹ / ₂
3	Strazdite, Kristine	Elon	13.55m 44' 5 ¹ / ₂
4	Barthelmes, Skylar	Elon	12.88m 42' 3 ¹ / ₄
5	Carmichael, To'mara	Queens (N.C.)	12.65m 41' 6"
6	Lewis, Faith	Lee (Tenn.)	12.08m 39' 7 ³ / ₄
7	Parker, Arieana	Norfolk State	11.92m 39' 1 ¹ / ₄
8	Dawson, Chanel	Wake Forest	11.87m 38' 11 ¹ / ₂
9	Sessoms, Akiera	Norfolk State	11.50m 37' 8 ³ / ₄
10	Hopkins, Avianna	Queens (N.C.)	11.30m 37' 1"
11	Jacobs, Leanna	UNC Pembroke	11.12m 36' 5 ³ / ₄
12	Kiszenia, Nicole	North Carolina	10.11m 33' 2"
	Simms, Tiara	Norfolk State	NM

#33 Women's Weight Throw

\$	JDL Fast Track	23.58m	Amber Campbell	Unattached	1/29/2016
!	College Facility	21.18m	Marthaline Cooper	Winthrop	2/26/2017
&	JDL DMR Invitational	23.18m	Amber Campbell	Unattached	2017

FLIGHT RESULTS

Pl	Name	Team	Mark
Flight 1 of 2			
1	Lewis, Faith	Lee (Tenn.)	13.35m 43' 9 ³ / ₄
2	Cope, Autumn	Elon	12.75m 41' 10"
3	Werner, Danielle	Bridgewater (Va.)	10.00m 32' 9 ³ / ₄
4	Waddell, Alexis	Guilford	9.11m 29' 10 ³ / ₄
5	higgins, micheleigh	Guilford	7.59m 24' 11"
	Bellamy, Ajahna	Pfeiffer	NM
	O'Neal, Kyia	Guilford	NM
	Wilhelm, Kayla	Randolph	NM
	Stevenson, Teliya	Randolph	NM
	Thomas, Aaliyah	Pfeiffer	NM
	Vinokur, Valerie	UNC Pembroke	NM
	Ford, Tonishea	Pfeiffer	NM

Flight 2 of 2

1	Hicks, Alva	Wake Forest	19.74m 64' 9 ¹ / ₄
2	Barthelmes, Skylar	Elon	16.31m 53' 6 ¹ / ₄
3	Hinson, Hannah	Wingate	15.59m 51' 1 ³ / ₄
4	Schultz, Gabby	Queens (N.C.)	15.56m 51' 0 ³ / ₄

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

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RESULTS**#33 Women's Weight Throw (cont'd)**

PI	Name	Team	Mark
4	Carmichael, To'mara	Queens (N.C.)	15.56m 51' 0 ³ / ₄ "
6	Bradsher, Charlotte	Elon	15.44m 50' 8"
7	Jacobs, Leanna	UNC Pembroke	15.10m 49' 6 ¹ / ₂ "
8	Sally, PreAsia	Norfolk State	14.57m 47' 9 ³ / ₄ "
9	Hopkins, Avianna	Queens (N.C.)	14.34m 47' 0 ³ / ₄ "
10	Parker, Arieana	Norfolk State	13.75m 45' 1 ¹ / ₂ "
11	Marino, Lillian	UNC Pembroke	13.45m 44' 1 ¹ / ₂ "
12	Burrell, Daiysa	Norfolk State	12.85m 42' 2"

#12 Men's 60 Meters

\$	JDL Fast Track	6.61	Sean McLean	Nike	1/19/2015
\$	JDL Fast Track	6.61	Ramon Gittens	Unattached	1/30/2016
!	College Facility	6.62	Keitavious Walter	Hinds CC	3/5/2016
&	JDL DMR Invitational	6.70	Daniel Estrada	Unattached	2018

SECTION RESULTS**Finals**

PI	Name	Team	Time
Section 1 of 1			
1	Yang, Chun-Han	Adidas	6.73
2	Parker, Marcus	Clemson	6.80
3	Brooks, Josiah	Lee (Tenn.)	6.83
4	Richards, Guillaume	Keiser University	6.86
5	Roach, Ethan	Wake Forest	7.01
6	Miles, Devonte	Cumberlands	7.05
7	Munnelyn, Zion	Louisburg College	7.08
8	Aggrey, Joseph	Unattached	7.18

HEAT RESULTS**Prelims**

PI	Name	Team	Time
Heat 1 of 4			
1	Yang, Chun-Han	Adidas	6.79Q
2	Roach, Ethan	Wake Forest	7.05q
3	Miles, Devonte	Cumberlands	7.12q
4	Bryant, Sean	Pfeiffer	7.13
5	Word, Chad	Furman	7.45
6	Mohabir, Lamont	Randolph	7.45
7	Williams, Romajin	Mary Baldwin University	7.91
Heat 2 of 4			
1	Aggrey, Joseph	Unattached	7.09Q
2	Crawford, Samuel	Unattached	7.31
3	Reid, Dennis	Unattached	7.40
4	Roserie, Jaden	Pfeiffer	7.41
5	Santiago, Steven	Mary Baldwin University	7.48
6	Doerwaldt, Max	Mary Baldwin University	7.65
7	Parks, Tyrese	Unattached	8.03
	Strange, Jerimy	Keiser University	DNS

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

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RESULTS**#12 Men's 60 Meters (cont'd)****Prelims**

Pl	Name	Team	Time
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Heat 3 of 4

1	Brooks, Josiah	Lee (Tenn.)	6.84Q
2	Richards, Guillaume	Keiser University	6.90q
3	Munnely, Zion	Louisburg College	7.10q
4	Lynn, Dequan	Louisburg College	7.13
5	Lewis, Kendrick	Louisburg College	7.24
6	Chabala, Matt	William & Mary	7.47
7	Ruddock, Jared	Randolph	7.99

Heat 4 of 4

1	Parker, Marcus	Clemson	6.80Q
2	Boya, Siphosethu	Lee (Tenn.)	7.14
3	Gamble, Orlando	Louisburg College	7.17
4	Campbell, Keyshawn	Pfeiffer	7.23
5	Johnson, Dante	Keiser University	7.35
6	Zgoda, Michael	Queens (N.C.)	7.42
7	Henderson, Mahmoud	Guilford	7.51
8	Sessions, Ed	Queens (N.C.)	7.73

#18 Men's 200 Meters

\$	JDL Fast Track	21.08	Lamar Hargrove	Tiffin	3/15/2014
!	College Facility	21.08	Lamar Hargrove	Tiffin	3/15/2014
&	JDL DMR Invitational	21.58	Anthony Bynum	Charlotte	2014

SECTION RESULTS

Pl	Name	Team	Time
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Section 1 of 8

1	Yang, Chun-Han	Adidas	21.66
2	Brooks, Josiah	Lee (Tenn.)	21.93
3	Brooks, Justin	Lee (Tenn.)	22.00
4	Brown, Keith	Norfolk State	22.52

Section 2 of 8

1	Aggrey, Joseph	Unattached	22.63
2	Boya, Siphosethu	Lee (Tenn.)	22.69
3	Ray, Zachary	UNCW	23.72
	Mukoro, Josh	North Carolina	DNS

Section 3 of 8

1	Woodard, Gregory	Mary Baldwin University	23.20
2	Bryant, Sean	Pfeiffer	23.40
3	Ritter, Donovan	Louisburg College	23.97
4	Powell, Tyler	Unattached	24.02

Section 4 of 8

1	Koonce, Levin	Louisburg College	22.90
2	Wade, Malcolm	Louisburg College	23.94
3	Santiago, Steven	Mary Baldwin University	24.04
4	Doerwaldt, Max	Mary Baldwin University	25.12

Section 5 of 8

1	Page, Jairus	Louisburg College	23.64
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JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

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RESULTS**#18 Men's 200 Meters (cont'd)**

Pl	Name	Team	Time
2	Waltower, Kenan	Pfeiffer	24.00
3	Colson, Tevin	Pfeiffer	24.12
4	Mohabir, Lamont	Randolph	24.78
Section 6 of 8			
1	Zgoda, Michael	Queens (N.C.)	24.54
2	Abdur-Rahim, Amir	Guilford	24.81
3	Williams, Romajin	Mary Baldwin University	25.49
4	Henderson, Mahmoud	Guilford	25.75
Section 7 of 8			
1	McCain, Gregory	Unattached	24.72
2	Sessions, Ed	Queens (N.C.)	25.43
3	Cofie, Al	Randolph	25.88
Section 8 of 8			
1	Lamour, Xavier	Pfeiffer	25.45
2	Dotson, Drew	Unattached	26.20
	Ruddock, Jared	Randolph	DNS

#14 Men's 400 Meters

\$	JDL Fast Track	46.81	Dane Hyatt	Unattached	2/25/2012
!	College Facility	47.24	Josh Edmonds	St. Augustine's	2/25/2012
&	JDL DMR Invitational	48.21	Dane Hyatt	Unattached	2014

SECTION RESULTS

Pl	Name	Team	Time
Section 1 of 8			
1	Barnes, Trequan	Norfolk State	& 47.33
2	Hamilton, Rajay	Keiser University	& 47.98
3	Brooks, Justin	Lee (Tenn.)	48.83
4	Pinder, Justin	Norfolk State	49.42
Section 2 of 8			
1	Greenwalt, Dakota	Wake Forest	50.69
2	Reid, Aveon	Louisburg College	50.94
3	Chambers, Theo	William & Mary	50.98
4	McCain, Jeremiah	Lee (Tenn.)	51.06
Section 3 of 8			
1	Ballard, Skander	William & Mary	50.79
2	Cunningham, Stacen	Lee (Tenn.)	52.95
3	Mukoro, Josh	North Carolina	53.90
	Coleman, Simeon	Cumberlands	DQ
Section 4 of 8			
1	Simmons, Evan	Wake Forest	51.77
2	Crawford, Mason	UNC Pembroke	52.40
3	Connolly, John	Louisburg College	52.78
4	Rust, Daniel	UNC-Greensboro	53.05
Section 5 of 8			
1	Koonce, Levin	Louisburg College	51.09
2	Foster, Nevin	Pfeiffer	54.70
3	Powell, Tyler	Unattached	55.42

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

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RESULTS**#14 Men's 400 Meters (cont'd)**

Pl	Name	Team	Time
	Woodard, Gregory	Mary Baldwin University	DQ
Section 6 of 8			
1	Colson, Tevin	Pfeiffer	52.95
2	Santiago, Steven	Mary Baldwin University	53.52
3	Abdur-Rahim, Amir	Guilford	54.34
4	Monroe, Dontavius	Pfeiffer	54.47
Section 7 of 8			
1	Cobb, Nigel	Louisburg College	54.22
2	Anderson, Edwin	Louisburg College	54.41
3	McCain, Gregory	Unattached	56.04
	Zammiti, Mitchell	Unattached	DNS
Section 8 of 8			
1	Dotson, Drew	Unattached	57.98
2	Murray, Keyshawn	Guilford	1:01.16
	Richards, Guillaume	Keiser University	DNS

#16 Men's 800 Meters

\$	JDL Fast Track	1:45.92	Clayton Murphy	Nike Oregon Project	2/2/2019
!	College Facility	1:48.94	Eliud Rutto	Mid Tenn State	2/4/2017
&	JDL DMR Invitational	1:50.09	Jake Burton	Florida State	2016

SECTION RESULTS

Pl	Name	Team	Time
Section 1 of 4			
1	Short, Christopher	William & Mary	1:54.09
2	Owens, Miles	William & Mary	1:54.09
3	Cox, Nick	Duke	1:54.84
4	Chavez-Gutierrez, Raul	William & Mary	1:54.90
5	Rodriguez, Juan	UNC-Greensboro	1:56.08
6	Grandperrin, Nicolas	Cumberlands	1:56.49
7	Daniel, Madison	Furman	1:58.40
8	Politis, Matt	Duke	1:58.55
	Ogden, Jake	Furman	DNF
Section 2 of 4			
1	Loukili, Alex	William & Mary	1:58.68
2	Clayton, Weston	UNC-Greensboro	1:59.11
3	Connell, Devin	Duke	1:59.15
4	Shore, Ezekiel	UNCW	2:00.69
5	Sandin, William	UNC-Greensboro	2:01.49
6	Saborio, Ernesto	Unattached	2:01.69
7	Timothy, Jonathan	UNC-Greensboro	2:02.76
8	Robinson, Qua-Ronz	Louisburg College	2:02.98
9	Crawford, Samuel	Unattached	2:08.55
Section 3 of 4			
1	Thoma, Nicholas	UNC-Greensboro	2:00.09
2	Coleman, Nico	Duke	2:00.51
3	Nsiambote, Nianza	Unattached	2:01.84
4	Camden, Ryan	UNCW	2:01.92

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

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RESULTS**#16 Men's 800 Meters (cont'd)**

Pl	Name	Team	Time
5	Freeman, Curtis	Pfeiffer	2:03.10
6	Hall, Anthony	Louisburg College	2:03.98
7	Thoma, Joseph	UNC-Greensboro	2:04.40
8	Krell, Jason	Unattached	2:05.24
	Neal, Jevon	UNC-Greensboro	DNS

Section 4 of 4

1	Jordan, Zaire	Louisburg College	2:03.40
2	Johnson, Peter	Furman	2:07.94
3	Epperly, Brayden	Randolph	2:09.13
4	Carnevale, Trey	Queens (N.C.)	2:09.60
5	Seward, Jonathan	UNCW	2:13.72
6	James, Ben	Guilford	2:14.00
7	Betts, Brandon	Randolph	2:21.87
8	Hanrahan, Jackson	Pfeiffer	2:25.09
9	Gorman, Thomas	Hampden-Sydney	2:26.97
	Foster, Nevin	Pfeiffer	DNS

#20 Men's 1 Mile Run

\$	JDL Fast Track	3:53.85	Edward Cheserek	Skechers	2/3/2018
!	College Facility	3:59.57	Vincent Ciattei	Virginia Tech	2/3/2018
&	JDL DMR Invitational	4:02.25	Graham Crawford	NC State	2016

SECTION RESULTS

Pl	Name	Team	Time
Section 1 of 4			
1	McGorty, Ryan	William & Mary	4:06.26
2	Wetzel, Logan	Villanova	4:08.30
	Steele, Nick	Villanova	DNF
	Phillips, Josh	Villanova	DNF

Section 2 of 4

1	Brooks, Andrew	North Carolina	4:12.48
2	Tubby, Brandon	North Carolina	4:15.07
3	Williamson, Marshall	North Carolina	4:16.85
4	Fischbach, Sebastian	Wake Forest	4:17.16
5	Burleson, Trey	Richmond	4:17.21
6	Leslie, Cooper	William & Mary	4:18.66
7	Graham, Noah	NC State	4:19.50
8	Kipchirchir, Meshack	Norfolk State	4:20.00
9	Resor, Mitch	Unattached	4:21.14
10	Hirsch, Walker	Louisburg College	4:22.32
11	Cullen, Joe	Duke	4:29.96
12	Jones, Evan	UNCW	4:38.60
	Milligan, Alex	North Carolina	DNF
	Lowry, Dylan	Unattached	DNF

Section 3 of 4

1	Liberty, Trenton	Flagler	4:24.58
2	Patrick, Hank	Wash. & Lee	4:25.56
3	Combs, Ryan	North Carolina	4:26.46

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS**#20 Men's 1 Mile Run (cont'd)**

Pl	Name	Team	Time
4	Mekonnen, Yared	NC State	4:26.72
5	Baird, Cooper	Wash. & Lee	4:28.39
6	Eckmann, AJ	Duke	4:29.13
7	Greene, Justin	Flagler	4:29.53
8	Ponce, Moises	Lee (Tenn.)	4:29.97
9	Shelgren, Tristan	Unattached	4:30.03
10	Woodfolk, Drew	Wash. & Lee	4:30.47
11	Leach Jr, Travis	Unattached	4:31.15
12	England, Jacob	Cumberlands	4:37.60
13	Gilman, Ben	Lee (Tenn.)	4:39.39
14	Hendry, Andrew	Lee (Tenn.)	4:42.56

Section 4 of 4

Reed, Nehemiah	Unattached	NT
Klimczak, Maxwell	Mary Baldwin University	NT
Dyke, John	Hampden-Sydney	NT
Venancio, Carter	UNCW	NT
Zammiti, Mitchell	Unattached	NT
Miller-Ulrich, Jakob	Pfeiffer	NT
Packer, Josh	Unattached	NT
McCheskey, Dennis	Louisburg College	NT
Kinton, Kenny	Randolph	NT
Gunter, Samuel	Unattached	NT
Stalker, Morgan	Unattached	NT

#10 Men's 3000 Meters

\$	JDL Fast Track	7:45.49	Paul Chelimo	US Army	2/4/2017
!	College Facility	7:54.26	Luis Vargas	NC State	1/30/2016
&	JDL DMR Invitational	8:07.35	Leoule Degfae	Virginia Tech	2014

SECTION RESULTS

Pl	Name	Team	Time
Section 1 of 4			
1	Wallis, Daniel	Queens (N.C.)	8:17.58
2	Pulimood, Nikhil	Duke	8:28.11
3	Goodell, Evan	William & Mary	8:32.04
4	Domenech, Pol	Wingate	8:39.13
5	Duppich, Yannik	Queens (N.C.)	8:47.52
6	Sanchez, Erick	Queens (N.C.)	8:52.24
	Ambrosio, CJ	Duke	DNF
	Combs, Aaron	Queen City TC	DNF
	Rosas, Jose	Queens (N.C.)	DNF
	Wammetsberger, Felix	Queens (N.C.)	DNF

Section 2 of 4

1	Coppi, Mason	Furman	8:28.49
2	Hinson, Kyle	Louisburg College	8:29.16
3	Clikeman, Miles	Richmond	8:30.38
4	Mandato, Trent	Furman	8:36.32
5	Lowry, Dylan	Unattached	8:38.02

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

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RESULTS**#10 Men's 3000 Meters (cont'd)**

Pl	Name	Team	Time
6	Tabor, Ben	Lee (Tenn.)	8:38.41
7	Pratt, Micah	William & Mary	8:42.13
8	Landis, Christian	Unattached	8:42.25
9	Hogue, Johnny	Unattached	8:43.61
10	Ungvarsky, Mike	Duke	8:46.37
11	Garrett, Stephen	Duke	8:46.92
12	Borger, Peter	Richmond	8:47.08
	Ogden, Jake	Furman	DNF

Section 3 of 4

1	Grandperrin, Nicolas	Cumberlands	8:39.29
2	Martin, Matthew	UNC Pembroke	8:44.48
3	Magiera, Andrew	Wake Forest	8:45.33
4	Eagleson, Caleb	Lee (Tenn.)	8:46.76
5	Ready, Ethan	Duke	8:47.62
6	Kipkemei, Nick	Queens (N.C.)	8:49.94
7	Levet, Zachary	Unattached	8:50.24
8	Kinne, Austin	Wash. & Lee	8:52.39
9	Jaster, Nate	Warrior Project	8:56.61
10	Reed, Dawson	Lee (Tenn.)	9:00.13
11	Inman, Andrew	Louisburg College	9:07.94
12	Hefner, Jayden	Unattached	9:14.25
13	Seeber, Benjamin	Unattached	9:14.64

Section 4 of 4

1	Pratt, Jeremiah	Unattached	8:57.20
2	Ormsby, Ean	UNC Pembroke	8:57.83
3	Bett, Festus	Norfolk State	9:01.94
4	Dolwick, Alex	Wash. & Lee	9:02.48
5	Reynolds, Theo	Unattached	9:04.32
6	Marx, Freddie	Wash. & Lee	9:08.26
7	Similton, Daniel	Unattached	9:09.47
8	Cope, Daniel	Wash. & Lee	9:11.85
9	Wright, Caleb	Unattached	9:39.72
10	Klimczak, Maxwell	Mary Baldwin University	9:56.64
11	Dye, Mason	Randolph	10:05.74
12	Schmitzer, Caleb	Randolph	10:33.68
	Norman, Albert	Louisburg College	DNF

#2 Men's 5000 Meters

\$	JDL Fast Track	14:06.24	Kevin Batt	Adams State	3/14/2014
!	College Facility	14:06.24	Kevin Batt	Adams State	3/14/2014
&	JDL DMR Invitational	14:24.05	Joe Sansone	North Carolina	2014

SECTION RESULTS

Pl	Name	Team	Time
Section 1 of 1			
1	Mortimer, Alex	Milligan	15:29.21
	35.94 (35.94)	37.55 (1:13.49)	36.77 (1:50.25)
	37.17 (4:18.51)	37.32 (4:55.82)	37.07 (2:27.31)
		37.49 (5:33.31)	36.81 (3:04.12)
		35.73 (6:09.03)	37.22 (3:41.34)
			35.81 (6:44.84)
			37.02 (7:21.86)

JDL DMR INVITATIONAL
 Winston-Salem, NC
 JDL Fast Track
 Weather: 68 degrees, no wind
 Host: JDL Fast Track
 2/15/2019 - 2/16/2019

MEET OFFICIALS

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RESULTS

#2 Men's 5000 Meters (cont'd)

Pl	Name	Team	Time
	36.71 (7:58.56)	36.95 (8:35.51)	37.82 (9:13.32)
	38.01 (9:51.32)	38.05 (10:29.37)	38.12 (11:07.48)
	38.21 (11:45.69)	38.09 (12:23.77)	37.64 (13:01.41)
	36.88 (13:38.28)	37.79 (14:16.07)	37.35 (14:53.41)
	35.80 (15:29.21)		
	35.95 (35.95)	37.56 (1:13.50)	36.55 (1:50.05)
	37.03 (2:27.07)	36.99 (3:04.06)	37.16 (3:41.21)
	37.24 (4:18.45)	37.09 (4:55.54)	37.50 (5:33.03)
	36.32 (6:09.35)	35.69 (6:45.03)	37.00 (7:22.03)
	36.82 (7:58.84)	36.84 (8:35.67)	37.85 (9:13.52)
	37.92 (9:51.44)	38.30 (10:29.74)	38.12 (11:07.85)
	38.18 (11:46.02)	38.36 (12:24.38)	39.18 (13:03.56)
	40.75 (13:44.31)	42.21 (14:26.52)	39.98 (15:06.49)
	33.98 (15:40.46)		
3	Martin, Jonathan	UNC Pembroke	15:41.04
	35.82 (35.82)	37.40 (1:13.21)	36.67 (1:49.88)
	36.94 (2:26.82)	37.10 (3:03.92)	37.21 (3:41.12)
	37.20 (4:18.32)	37.33 (4:55.64)	37.57 (5:33.21)
	36.49 (6:09.69)	36.26 (6:45.94)	37.31 (7:23.25)
	37.65 (8:00.90)	37.85 (8:38.75)	38.28 (9:17.03)
	38.75 (9:55.78)	38.79 (10:34.56)	38.70 (11:13.26)
	38.75 (11:52.00)	39.57 (12:31.57)	39.50 (13:11.07)
	38.43 (13:49.49)	38.92 (14:28.40)	37.78 (15:06.18)
	34.86 (15:41.04)		
4	Bett, Festus	Norfolk State	15:44.62
	36.13 (36.13)	37.53 (1:13.66)	36.86 (1:50.51)
	37.05 (2:27.56)	36.80 (3:04.35)	37.23 (3:41.58)
	37.14 (4:18.72)	37.35 (4:56.06)	37.46 (5:33.52)
	36.59 (6:10.11)	36.13 (6:46.23)	36.70 (7:22.93)
	37.58 (8:00.50)	38.10 (8:38.60)	38.35 (9:16.95)
	38.68 (9:55.63)	38.71 (10:34.33)	38.81 (11:13.14)
	38.77 (11:51.91)	39.48 (12:31.38)	39.93 (13:11.31)
	38.96 (13:50.26)	39.86 (14:30.12)	39.25 (15:09.37)
	35.25 (15:44.62)		
5	Pack, John	Unattached	16:36.58
	38.02 (38.02)	38.73 (1:16.75)	39.16 (1:55.91)
	38.97 (2:34.88)	39.02 (3:13.89)	38.64 (3:52.52)
	38.86 (4:31.38)	39.58 (5:10.95)	39.32 (5:50.27)
	40.08 (7:10.05)	39.71 (6:29.97)	40.55 (7:50.60)
	40.43 (8:31.02)	40.15 (9:11.17)	40.52 (9:51.69)
	40.73 (11:12.17)	39.76 (10:31.44)	40.73 (11:12.17)
	40.69 (11:52.85)	40.76 (12:33.60)	41.78 (13:15.38)
	40.74 (15:58.68)	40.78 (13:56.16)	40.91 (14:37.07)
	37.91 (16:36.58)	40.88 (15:17.94)	40.74 (15:58.68)
6	Sabo, Kevin	Unattached	16:53.79
	38.54 (38.54)	39.06 (1:17.59)	39.50 (1:57.09)
	39.39 (2:36.48)	39.75 (3:16.23)	40.05 (3:56.28)
	40.59 (4:36.86)	40.16 (5:17.02)	39.71 (5:56.73)
	40.21 (6:36.93)	40.37 (7:17.30)	39.92 (7:57.21)
	39.82 (8:37.03)	40.46 (9:17.48)	40.85 (9:58.32)
	40.74 (10:39.05)	41.43 (11:20.47)	41.12 (12:01.59)
	42.22 (12:43.81)	42.76 (13:26.57)	43.04 (14:09.61)
	42.48 (14:52.08)	42.45 (15:34.53)	42.66 (16:17.18)
	36.62 (16:53.79)		
	Lemaster, John	Queens (N.C.)	DNS

#8 Men's 60m Hurdles

\$	JDL Fast Track	7.55	Aleec Harris	adidas	1/31/2015
!	College Facility	7.63	Michael Dickson	North Carolina A&T	2/4/2017
&	JDL DMR Invitational	7.86	Moussa Dembele	Unattached	2016

SECTION RESULTS

Finals

Pl	Name	Team	Time
Section 1 of 1			
1	Krah, Marcus	North Carolina	8.04
2	Chisholm, Tayshaun	Louisburg College	8.20
3	Reid, Aveon	Louisburg College	8.31
4	Johnson, Dante	Keiser University	8.33
5	Banks, Jaylen	Norfolk State	8.44

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS**#8 Men's 60m Hurdles (cont'd)****Finals**

Pl	Name	Team	Time
6	Hillard, Dajion	Norfolk State	8.50
7	Carson, Byron	Norfolk State	8.71
	Clyburn, Darian	Keiser University	DNS

HEAT RESULTS**Prelims**

Pl	Name	Team	Time
----	------	------	------

Heat 1 of 2

1	Krah, Marcus	North Carolina	7.97q
2	Clyburn, Darian	Keiser University	8.06q
3	Chisholm, Tayshaun	Louisburg College	8.15q
4	Reid, Aveon	Louisburg College	8.30q
5	Johnson, Dante	Keiser University	8.44q
6	Hillard, Dajion	Norfolk State	8.50q
7	Banks, Jaylen	Norfolk State	8.55q
8	McCain, Jeremiah	Lee (Tenn.)	8.66

Heat 2 of 2

1	Carson, Byron	Norfolk State	8.51q
2	Waltower, Kenan	Pfeiffer	8.63
3	Doerwaldt, Max	Mary Baldwin University	8.78
4	Thomas, Ryan	William & Mary	8.83
5	Cunningham, Stacen	Lee (Tenn.)	8.85
6	Flatford, Derek	Lee (Tenn.)	8.90
7	Rodgers, Nathan	UNCW	9.13
8	Lloyd, Jonathan	UNCW	10.22

#22 Men's 4 x 400m Relay

\$	JDL Fast Track	3:11.12	Hyatt, Bingham, Gibson, Jackson	GW Express/Nike	1/31/2015
!	College Facility	3:12.35	Sutton, Alowonle, Ways, Lipsey	North Carolina	2/15/2014
&	JDL DMR Invitational	3:12.35	Sutton, Alowonle, Ways, Lipsey	North Carolina	2014

SECTION RESULTS

Pl	Team	Time
----	------	------

Section 1 of 1

1	Warrior Project (A)	3:26.17
	1) Larson, Stephen	2) O'Hara, Jackson
	3) Toomey, Jake	4) Douds, Emerson
2	Louisburg College (A)	3:37.64
	1) Anderson, Edwin	2) Page, Jairus
	3) Wade, Malcolm	4) Cobb, Nigel

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS**#4 Men's 4000m DMR**

\$	JDL Fast Track	9:34.24	Manahan, DeRay, Engels, Tobin	Ole Miss	2/18/2017
!	College Facility	9:34.24	Manahan, DeRay, Engels, Tobin	Ole Miss	2/18/2016
&	JDL DMR Invitational	9:34.24	Manahan, DeRay, Engels, Tobin	Ole Miss	2017

SECTION RESULTS

PI	Team			Time
Section 1 of 2				
1	Warrior Project (A)			10:16.67
	1) Mazur, Will	3:12.222 (3:12.222)	2) Douds, Emerson	4:00.734 (48.513)
	3) Toomey, Jake	5:58.660 (1:57.926)	4) Durham, Kyle	10:16.666 (4:18.006)
2	Richmond (A)			10:17.61
	1) Yuro, Noah	3:07.849 (3:07.849)	2) Alpaugh, William	4:01.516 (53.668)
	3) Burlison, Trey	5:59.979 (1:58.464)	4) Knepple, Paul	10:17.609 (4:17.630)
3	Norfolk State (A)			10:30.50
	1) Jihad, Kamil	3:12.824 (3:12.824)	2) Pinder, Justin	4:04.761 (51.938)
	3) Too, Lelei	6:06.110 (2:01.350)	4) Cheruiyot, Evans	10:30.495 (4:24.385)
4	Louisburg College (A)			10:37.98
	1) Hall, Anthony	3:19.059 (3:19.059)	2) Koonce, Levin	4:09.368 (50.309)
	3) Robinson, Qua-Ronz	6:12.328 (2:02.960)	4) Hirsch, Walker	10:37.977 (4:25.650)
5	Lee (Tenn.) (A)			10:44.06
	1) Hendry, Andrew	3:17.442 (3:17.442)	2) Cunningham, Stacen	4:09.027 (51.585)
	3) Gilman, Ben	6:13.705 (2:04.679)	4) Ponce, Moises	10:44.058 (4:30.353)
6	UNC Pembroke (A)			10:49.65
	1) Ormsby, Ean	3:21.208 (3:21.208)	2) Crawford, Mason	4:12.257 (51.050)
	3) Corson, Kellen	6:17.550 (2:05.294)	4) Martin, Matthew	10:49.650 (4:32.100)
Section 2 of 2				
1	NC State (A)			9:55.47
	1) Hall, Philip	3:01.574 (3:01.574)	2) Hoffmann, Will	3:50.836 (49.262)
	3) Epps, Ares	5:44.244 (1:53.409)	4) Shanklin, Ian	9:55.461 (4:11.218)
2	William & Mary (A)			10:04.13
	1) Short, Christopher	3:02.947 (3:02.947)	2) Goodrich, Duncan	3:51.414 (48.467)
	3) Owens, Miles	5:48.703 (1:57.290)	4) McGorty, Ryan	10:04.126 (4:15.423)
3	Pittsburgh (A)			10:13.96
	1) Sloan, Nate	3:08.972 (3:08.972)	2) Watson, Dante	3:57.835 (48.863)
	3) Glick, Drew	5:53.937 (1:56.103)	4) Wolk, Nick	10:13.951 (4:20.015)
4	Mount Olive (A)			10:14.49

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS**#4 Men's 4000m DMR (cont'd)**

Pl	Team	Time
1)	Willis, Jacob 3:09.909 (3:09.909)	
2)	Middlebrooks, Johnny 3:57.703 (47.795)	
3)	Cornu, Altan 5:54.254 (1:56.551)	
4)	Smith, Tai 10:14.488 (4:20.235)	

#6 Men's Invite 4000m DMR

\$	JDL Fast Track	9:34.24	Manahan, DeRay, Engels, Tobin	Ole Miss	2/18/2017
!	College Facility	9:34.24	Manahan, DeRay, Engels, Tobin	Ole Miss	2/18/2016
&	JDL DMR Invitational	9:34.24	Manahan, DeRay, Engels, Tobin	Ole Miss	2017

SECTION RESULTS

Pl	Team	Time
Section 1 of 1		
1	Ole Miss (A)	9:34.43
1)	Suliman, Waleed 2:53.915 (2:53.915)	
2)	Burnett, James 3:41.503 (47.589)	
3)	Rivera, John 5:30.916 (1:49.413)	
4)	Gutierrez, Derek 9:34.424 (4:03.509)	
2	Texas (A)	9:35.29
1)	Rogers, Alex 2:52.944 (2:52.944)	
2)	Brown Jr., Terry 3:40.803 (47.860)	
3)	Prendeville, Sean 5:34.632 (1:53.830)	
4)	Worley, Sam 9:35.291 (4:00.660)	
3	Iowa State (A)	9:35.44
1)	Lagat, Festus 2:55.182 (2:55.182)	
2)	Fogltanz, Eric 3:41.791 (46.609)	
3)	Roomes, Roshon 5:31.281 (1:49.491)	
4)	Curts, Dan 9:35.436 (4:04.155)	
4	Georgetown (A)	9:36.94
1)	White, Joseph 2:56.257 (2:56.257)	
2)	Leake, Lawrence 3:44.359 (48.102)	
3)	Padhal, Ruach 5:33.751 (1:49.392)	
4)	Wareham, Nicholas 9:36.938 (4:03.188)	
5	Arkansas (A)	9:36.99
1)	Moehn, Ethan 2:59.397 (2:59.397)	
2)	Winn, John 3:47.208 (47.811)	
3)	Taylor, Kieran 5:36.835 (1:49.627)	
4)	Griffith, Cameron 9:36.983 (4:00.149)	
6	Virginia Tech (A)	9:37.98
1)	Lopez Segura, Antonio 2:57.074 (2:57.074)	
2)	Green, Miles 3:45.121 (48.047)	
3)	Mosavel-Lo, Bashir 5:36.594 (1:51.474)	
4)	Seufer, Peter 9:37.974 (4:01.380)	
7	Kentucky (A)	9:44.40
1)	Fields, Brennan 2:57.576 (2:57.576)	
2)	Smith, Jacob 3:46.993 (49.418)	
3)	Muhammad, Kendall 5:41.050 (1:54.057)	
4)	Young, Benjamin 9:44.400 (4:03.350)	
8	Duke (A)	10:04.39
1)	Cooper, Charles 2:58.784 (2:58.784)	
2)	Mingo, Miles 3:47.709 (48.925)	
3)	Dillon, Carter 5:43.696 (1:55.988)	
4)	Wisner, Matt 10:04.388 (4:20.692)	
	Villanova (A)	DNF

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

MEET OFFICIALS**Meet Director:**

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RESULTS**#6 Men's Invite 4000m DMR (cont'd)**

Pl	Team	Time
1)	O'Donovan, Charlie	2) Purcell, Harry
3)	Wetzel, Logan	4) Comber, Casey

#24 Men's High Jump

Pl	Team	Mark	Name	Team	Date
\$	JDL Fast Track	2.24m	Kris Kornegay-Gober	NC State	12/1/2012
!	College Facility	2.24m	Kris Kornegay-Gober	NC State	12/1/2012
&	JDL DMR Invitational	2.21m	Trey McRae	Charlotte	2015

FLIGHT RESULTS

Pl	Name	Team	Mark
Flight 1 of 1			
1	Warner, Garth	Norfolk State	2.07m 6' 9½"
2	Hinkle, Walker	Unattached	2.02m 6' 7½"
3	Gamble, Orlandus	Louisburg College	1.97m 6' 5½"
4	Hansen, Evan	Lee (Tenn.)	1.92m 6' 3½"
5	Jones, Tony	Wake Forest	1.92m 6' 3½"
5	Pelletier, Owen	UNCW	1.92m 6' 3½"
7	Grant, Miles	Unattached	1.87m 6' 1½"
8	Afrifa-Boakye, Philemon	Randolph	1.87m 6' 1½"
9	Christian, Brandon	Bridgewater (Va.)	1.82m 5' 11½"
	Mayes, Jonah	Lee (Tenn.)	NH
	Wood, Dylan	UNCW	NH
	Cowman, Jack	UNCW	NH
	Moore, Adam	Queens (N.C.)	NH
	Milton, Jacob	Norfolk State	NH
	Thomas, Ryan	William & Mary	NH
	Henley, Kequan	Norfolk State	NH

#26 Men's Pole Vault

Pl	Team	Mark	Name	Team	Date
\$	JDL Fast Track	5.46m	Scott Houston	Unattached	2/2/2019
!	College Facility	5.31m	Tray Oates	Samford	2/20/2016
&	JDL DMR Invitational	5.31m	Tray Oates	Samford	2015

FLIGHT RESULTS

Pl	Name	Team	Mark
Flight 1 of 1			
1	Howe, Keon	Unattached	5.15m 16' 10¾"
2	Giliomee, Daniel	William & Mary	5.00m 16' 4¾"
3	Aldrich, Kane	Wake Forest	4.85m 15' 11"
4	Fairbanks, Michael	William & Mary	4.55m 14' 11"
5	Ward, Chandler	Unattached	4.25m 13' 11¼"
6	Futia, Nick	Queens (N.C.)	3.95m 12' 11½"
7	Keech, Tommy	Unattached	3.80m 12' 5½"
8	Simpson, Griffin	Bridgewater (Va.)	3.80m 12' 5½"
9	Frazier, Karim	Randolph	3.80m 12' 5½"
10	Halverson, Bill	Unattached	3.65m 11' 11¾"
11	Crotty, Stephen	Queens (N.C.)	3.65m 11' 11¾"
12	Rosenthal, Chase	Bridgewater (Va.)	3.50m 11' 5¾"
	Matheson, Micah	Montreat	NH

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

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RESULTS**#26 Men's Pole Vault (cont'd)**

PI Name	Team	Mark
Booker, Patrick	Norfolk State	NH

#28 Men's Long Jump

\$	JDL Fast Track	7.81m	Mikese Morse	Unattached	11/16/2013
!	College Facility	7.76m	Andre Dorsey	Kennesaw State	2/21/2014
&	JDL DMR Invitational	7.69m	Yann Randrianasolo	South Carolina	2018

FLIGHT RESULTS

PI Name	Team	Mark
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Flight 1 of 2

1	Pledger, Carson	North Carolina	6.60m 21' 8"
2	Word, Chad	Furman	6.37m 20' 10 ³ / ₄
3	Afrifa-Boakye, Philemon	Randolph	5.98m 19' 7 ¹ / ₂
4	Rodgers, Nathan	UNCW	5.97m 19' 7"
5	Murray, Keyshawn	Guilford	5.31m 17' 5 ¹ / ₄
6	Helberg, Harris	Queens (N.C.)	5.06m 16' 7 ¹ / ₄
	Dorsey, kyahl	Guilford	NM
	Moore, Adam	Queens (N.C.)	NM
	Masheleni, Schlitz	Randolph	NM

Flight 2 of 2

1	Price, Bobby	Norfolk State	7.15m 23' 5 ¹ / ₂
2	Applequist, Anthony	Keiser University	6.90m 22' 7 ³ / ₄
3	Grant, Miles	Unattached	6.88m 22' 7"
4	Souza, Joey	North Carolina	6.75m 22' 1 ³ / ₄
5	Flatford, Derek	Lee (Tenn.)	6.67m 21' 10 ³ / ₄
6	Stephens, Jonathan	UNCW	6.56m 21' 6 ¹ / ₄
7	Mayes, Jonah	Lee (Tenn.)	6.35m 20' 10"
8	Cowman, Jack	UNCW	6.28m 20' 7 ¹ / ₄
8	Henley, Kequan	Norfolk State	6.28m 20' 7 ¹ / ₄
	alexander, trevel	Guilford	NM

#30 Men's Triple Jump

\$	JDL Fast Track	15.85m	Michael Tiller	Unattached	2/3/2018
!	College Facility	15.83m	Anthony Campbell	Charlotte	12/5/2015
&	JDL DMR Invitational	15.41m	Jaylon Holt	Unattached	2015
&	JDL DMR Invitational	15.41m	Alonzo Moore II	Unattached	2016

FLIGHT RESULTS

PI Name	Team	Mark
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Flight 1 of 1

1	Applequist, Anthony	Keiser University	& 15.44m 50' 8"
2	Brooks, Josiah	Lee (Tenn.)	14.71m 48' 3 ¹ / ₄
3	Pledger, Carson	North Carolina	13.50m 44' 3 ¹ / ₂
4	Stephens, Jonathan	UNCW	13.00m 42' 8"
5	Sylla, Yamoussa	Unattached	12.89m 42' 3 ¹ / ₂
6	Pelletier, Owen	UNCW	12.77m 41' 10 ³ / ₄
7	Wood, Dylan	UNCW	12.38m 40' 7 ¹ / ₂
8	Doerwaldt, Max	Mary Baldwin University	11.70m 38' 4 ³ / ₄
	Masheleni, Schlitz	Randolph	NM

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

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RESULTS**#30 Men's Triple Jump (cont'd)**

PI	Name	Team	Mark
	Mayes, Jonah	Lee (Tenn.)	NM
	Banks, Jaylen	Norfolk State	NM
	Clyburn, Darian	Keiser University	NM
	Weathers, Darius	Wingate	NM

#32 Men's Shot Put

\$	JDL Fast Track	19.50m	Wesley Lavong	Adams State	3/15/2014
!	College Facility	19.50m	Wesley Lavong	Adams State	3/15/2014
&	JDL DMR Invitational	18.57m	Jake Deaton	Unattached	2015

FLIGHT RESULTS

PI	Name	Team	Mark
Flight 1 of 2			
1	Osborne, Ben	Queens (N.C.)	13.81m 45' 3 ³ / ₄ "
2	Barnes, Zaire	Norfolk State	13.69m 44' 11"
3	Boyles, Brandon	UNC Pembroke	13.59m 44' 7"
4	Kyles, Jamison	Louisburg College	12.75m 41' 10"
5	Leak, Justice	UNC Pembroke	10.70m 35' 1 ¹ / ₄ "
	diggs, montrell	Guilford	NM
	Wright, Evans	Queens (N.C.)	NM

Flight 2 of 2

1	Cook, Jr., Kelly	William & Mary	17.46m 57' 3 ¹ / ₂ "
2	Knauer, Martin	Queens (N.C.)	17.12m 56' 2"
3	Boyers, Zach	Louisburg College	15.98m 52' 5 ¹ / ₄ "
4	Scott, Connor	William & Mary	15.53m 50' 11 ¹ / ₂ "
5	Joseph, Dominick	Cumberlands	15.47m 50' 9 ¹ / ₄ "
6	Garmendia, Gari	Lee (Tenn.)	15.41m 50' 6 ³ / ₄ "
7	Castillo, Vlad	William & Mary	15.14m 49' 8 ¹ / ₄ "
8	Yearwood, Troy	William & Mary	14.63m 48' 0"
9	Culberson, Joshua	Norfolk State	10.47m 34' 4 ¹ / ₄ "
	Richardson, Preston	William & Mary	NM

#34 Men's Weight Throw

\$	JDL Fast Track	23.24m	Josh Davis	NC State	12/3/2017
!	College Facility	23.24m	Josh Davis	NC State	12/3/2017
&	JDL DMR Invitational	22.92m	Josh Davis	NC State	2018

FLIGHT RESULTS

PI	Name	Team	Mark
Flight 1 of 1			
1	Parker, Tom	Unattached	18.77m 61' 7"
2	Cook, Jr., Kelly	William & Mary	17.36m 56' 11 ¹ / ₂ "
3	Wright, Jason	William & Mary	17.14m 56' 3"
4	Osborne, Ben	Queens (N.C.)	15.55m 51' 0 ¹ / ₄ "
5	Bee, Jacob	Queens (N.C.)	13.75m 45' 1 ¹ / ₂ "
6	Garmendia, Gari	Lee (Tenn.)	13.47m 44' 2 ¹ / ₂ "
7	Boyles, Brandon	UNC Pembroke	13.26m 43' 6"
8	Gill, Klayton	Pfeiffer	13.00m 42' 8"
9	Leak, Justice	UNC Pembroke	12.67m 41' 7"

JDL DMR INVITATIONAL

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RESULTS

#34 Men's Weight Throw (cont'd)

Pl	Name	Team	Mark
10	Haire, Tanner	Pfeiffer	8.18m 26' 10"
	Richardson, Preston	William & Mary	NM
	White, Andrew	Wake Forest	NM
	diggs, montrell	Guilford	NM
	Knauer, Martin	Queens (N.C.)	NM