



All times listed are Central
Schedule is subject to change

FRIDAY, MARCH 8

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
5:30 PM	800 Meters	Women	Pentathlon
5:35 PM	Mile	Women	Semifinal
5:50 PM	Mile	Men	Semifinal
6:07 PM	60 Hurdles	Women	Semifinal
6:17 PM	60 Hurdles	Men	Semifinal
6:27 PM	400 Meters	Women	Semifinal
6:42 PM	400 Meters	Men	Semifinal
6:57 PM	60 Meters	Women	Semifinal
7:07 PM	60 Meters	Men	Semifinal
7:17 PM	800 Meters	Women	Semifinal
7:27 PM	800 Meters	Men	Semifinal
7:37 PM	200 Meters	Women	Semifinal
7:52 PM	200 Meters	Men	Semifinal
8:07 PM	5000 Meters	Women	Final
8:27 PM	5000 Meters	Men	Final
8:47 PM	Distance Medley Relay	Women	Final
9:02 PM	Distance Medley Relay	Men	Final

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
5:15 PM	Shot Put	Women	Prelims & Final
5:30 PM	Long Jump	Men	Prelims & Final
5:30 PM	Pole Vault	Men	Final
7:10 PM	Long Jump	Women	Prelims & Final
7:20 PM	Shot Put	Men	Prelims & Final

HEPTATHLON EVENTS

TIME	EVENT	DIVISION	ROUND
12:00 PM	60 Meters	Men	Heptathlon
12:40 PM	Long Jump	Men	Heptathlon (2 runways)
1:50 PM	Shot Put	Men	Heptathlon (2 rings)
3:00 PM	High Jump	Men	Heptathlon (2 pits)

PENTATHLON EVENTS

TIME	EVENT	DIVISION	ROUND
12:15 PM	60 Hurdles	Women	Pentathlon
1:00 PM	High Jump	Women	Pentathlon (2 pits)
3:00 PM	Shot Put	Women	Pentathlon (2 rings)
4:00 PM	Long Jump	Women	Pentathlon (2 runways)
5:30 PM	800 Meters	Women	Pentathlon

SATURDAY, MARCH 9

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
4:00 PM	1000 Meters	Men	Heptathlon
4:10 PM	Mile	Women	Final
4:20 PM	Mile	Men	Final
4:30 PM	60 Hurdles	Women	Final
4:40 PM	60 Hurdles	Men	Final
4:50 PM	400 Meters	Women	Final
5:00 PM	400 Meters	Men	Final
5:10 PM	60 Meters	Women	Final
5:20 PM	60 Meters	Men	Final
5:30 PM	800 Meters	Women	Final
5:40 PM	800 Meters	Men	Final
5:50 PM	200 Meters	Women	Final
6:00 PM	200 Meters	Men	Final
6:10 PM	3000 Meters	Women	Final
6:25 PM	3000 Meters	Men	Final
6:40 PM	4x400 Relay	Women	Final
6:55 PM	4x400 Relay	Men	Final

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
1:00 PM	High Jump	Men	Final
1:00 PM	High Jump	Women	Final
2:00 PM	Weight Throw	Men	Prelims & Final
3:30 PM	Triple Jump	Women	Prelims & Final
4:00 PM	Pole Vault	Women	Final
4:30 PM	Weight Throw	Women	Prelims & Final
5:00 PM	Triple Jump	Men	Prelims & Final

HEPTATHLON EVENTS

TIME	EVENT	DIVISION	ROUND
11:45 AM	60 Hurdles	Men	Heptathlon
12:35 PM	Pole Vault	Men	Heptathlon (2 pits)
4:00 PM	1000 Meters	Men	Heptathlon