



# 2019 CAROLINA TRACK & FIELD

## CAROLINA CHALLENGE

JAN. 31 - FEB. 2, 2019 | INDOOR TRACK & FIELD COMPLEX | COLUMBIA, S.C.

### FINAL SCHEDULE

#### PENTATHLON

| TIME                     | M/W | EVENT       | DIVISION   | SECTION |
|--------------------------|-----|-------------|------------|---------|
| <b>THURSDAY, JAN. 31</b> |     |             |            |         |
| 10:00 AM                 | W   | 60m Hurdles | Pentathlon |         |
| 10:45 AM                 | W   | High Jump   | Pentathlon |         |
| 12:45 PM                 | W   | Shot Put    | Pentathlon |         |
| 2:45 PM                  | W   | Long Jump   | Pentathlon |         |
| 4:45 PM                  | W   | 800m        | Pentathlon |         |

#### HEPTATHLON

| TIME                     | M/W | EVENT       | DIVISION   | SECTION |
|--------------------------|-----|-------------|------------|---------|
| <b>THURSDAY, JAN. 31</b> |     |             |            |         |
| 12:15 PM                 | M   | 60m         | Heptathlon |         |
| 1:00 PM                  | M   | Long Jump   | Heptathlon |         |
| 3:00 PM                  | M   | Shot Put    | Heptathlon |         |
| 5:00 PM                  | M   | High Jump   | Heptathlon |         |
| <b>FRIDAY, FEB. 1</b>    |     |             |            |         |
| 9:45 AM                  | M   | 60m Hurdles | Heptathlon |         |
| 10:30 AM                 | M   | Pole Vault  | Heptathlon |         |
| 1:00 PM                  | M   | 1000m       | Heptathlon |         |

#### FIELD EVENTS

INVITE SECTIONS FEATURE THE TOP-12 ENTRANTS

| TIME                  | M/W | EVENT        | DIVISION   | SECTION |
|-----------------------|-----|--------------|------------|---------|
| <b>FRIDAY, FEB. 1</b> |     |              |            |         |
| 10:00 AM              | W   | Weight Throw | Open       | Final   |
| 10:00 AM              | M   | Shot Put     | Open       | Final   |
| 10:30 AM              | M   | Pole Vault   | Heptathlon | Final   |
| 11:00 AM              | W   | Long Jump    | Open       | Final   |
| 11:00 AM              | M   | Long Jump    | Open       | Final   |
| 12:30 PM              | W   | High Jump    | Open       | Final   |
| 12:30 PM              | M   | High Jump    | Open       | Final   |
| 2:00 PM               | M   | Pole Vault   | Open       | Final   |
| 2:30 PM               | M   | Weight Throw | Open       | Final   |
| 2:30 PM               | W   | Shot Put     | Open       | Final   |
| 4:00 PM               | W   | Triple Jump  | Open       | Final   |
| 4:00 PM               | M   | Triple Jump  | Open       | Final   |
| 5:30 PM               | W   | Pole Vault   | Open       | Final   |

#### SATURDAY, FEB. 2

|          |   |              |        |       |
|----------|---|--------------|--------|-------|
| 10:00 AM | W | Pole Vault   | Invite | Final |
| 11:00 AM | W | Weight Throw | Invite | Final |
| 11:00 AM | M | Shot Put     | Invite | Final |
| 11:00 AM | W | Long Jump    | Invite | Final |
| 11:00 AM | M | Long Jump    | Invite | Final |
| 1:00 PM  | W | High Jump    | Invite | Final |
| 1:30 PM  | W | Triple Jump  | Invite | Final |
| 1:30 PM  | M | Triple Jump  | Invite | Final |
| 2:00 PM  | M | Pole Vault   | Invite | Final |
| 2:30 PM  | M | Weight Throw | Invite | Final |
| 2:30 PM  | W | Shot Put     | Invite | Final |
| 3:00 PM  | M | High Jump    | Invite | Final |

### TRACK EVENTS

| TIME                  | M/W | EVENT        | DIVISION     | SECTION            |
|-----------------------|-----|--------------|--------------|--------------------|
| <b>FRIDAY, FEB. 1</b> |     |              |              |                    |
| 11:00 AM              | W   | 60m          | Open         | Final 10 Heats     |
| 11:30 AM              | M   | 60m          | Open         | Trials 12 Heats    |
| 12:10 PM              | W   | 60m Hurdles  | Open         | Final 7 Heats      |
| 12:30 PM              | M   | 60m Hurdles  | Open         | Final 4 Heats      |
| 12:50 PM              | W   | Mile Run     | All Sections | Final 5 Heats      |
| 1:30 PM               | M   | Mile Run     | All Sections | Final 5 Heats      |
| 2:15 PM               | W   | 400m         | Open         | Final 18 Heats     |
| 3:15 PM               | M   | 400m         | Open         | Final 20 Heats     |
| 4:15 PM               | W   | 3000m        | All Sections | Final 3 Heats      |
| 5:00 PM               | M   | 3000m        | All Sections | Final 4 Heats      |
| 6:00 PM               | W   | 400m         | Invite       | Final 4 Heats      |
| 6:15 PM               | M   | 400m         | Invite       | Final 4 Heats      |
| 6:30 PM               | M   | 60m          | Olympic Dev. | Trials 3 Heats     |
| 6:45 PM               | W   | 60m          | Invite       | Trials 3 Heats     |
| 6:45 PM               | M   | 60m          | Open         | Semifinals 3 Heats |
| 7:00 PM               | M   | 60m Hurdles  | Invite       | Trials 3 Heats     |
| 7:15 PM               | W   | 60m Hurdles  | Invite       | Trials 3 Heats     |
| 7:30 PM               | W   | 4x400m Relay | Open         | Final 3 Heats      |
| 7:50 PM               | M   | 4x400m Relay | Open         | Final 3 Heats      |

#### SATURDAY, FEB. 2

|          |   |              |              |                |
|----------|---|--------------|--------------|----------------|
| 9:00 AM  | M | 5000m        | Open         | Final 1 Heat   |
| 9:30 AM  | W | 5000m        | Open         | Final 1 Heat   |
| 10:00 AM | M | 200m         | Open         | Final 22 Heats |
| 11:00 AM | W | 200m         | Open         | Final 20 Heats |
| 12:00 PM | M | 60m          | Olympic Dev. | Final 1 Heat   |
| 12:05 PM | M | 60m          | Open         | Final 1 Heat   |
| 12:10 PM | W | 60m          | Invite       | Final 1 Heat   |
| 12:15 PM | M | 60m Hurdles  | Invite       | Final 1 Heat   |
| 12:20 PM | W | 60m Hurdles  | Invite       | Final 1 Heat   |
| 12:30 PM | M | 800m         | Open         | Final 10 Heats |
| 1:20 PM  | W | 800m         | Open         | Final 9 Heats  |
| 1:50 PM  | M | 200m         | Invite       | Final 4 Heats  |
| 2:05 PM  | W | 200m         | Invite       | Final 6 Heats  |
| 2:20 PM  | M | 5000m        | Invite       | Final 1 Heat   |
| 2:45 PM  | W | 5000m        | Invite       | Final 1 Heat   |
| 3:10 PM  | M | DMR          | Invite       | Final 2 Heats  |
| 3:40 PM  | W | DMR          | Invite       | Final 2 Heats  |
| 4:10 PM  | M | 4x400m Relay | Invite       | Final 13 Teams |
| 4:30 PM  | W | 4x400m Relay | Invite       | Final 12 Teams |